

**40th Kerala State Junior Athletic Championship held at
on 15th,16th and 17th November 1996**

Girls Under 20

100m

I	Jibimol Abraham	PTA	12.4
II	Archana V Gupta	TSR	12.9
III	Mary Alexander	TSR	13.2
IV	Agi George	TVM	13.2
V	Anjaly V	KTM	13.3
VI	Julie Daniel	KLM	13.4

200m

I	Jibimole Abraham	PTA	25.60 NMR
II	Archana V Gupta	TSR	26.5
III	Mary Alexander	TSR	27.1
IV	Anjaly V	KTM	27.5
V	Agi George	KTM	27.7
VI	Sumy Varghese	KNR	28

400m

I	Sindhu P V	PTA	01:00.9
II	Shyma I K	TSR	01:01.5
III	Deepi H Nair	TSR	01:02.5
IV	Daisy K C	TVM	01:02.9
V	Sumy Varghese	KNR	01:03.7
VI	Johncy John	TSR	01:04.2

800m

I	Shyma I K	TSR	02:21.8
II	Gincy E V	KTM	02:22.5
III	A. B.Preetha	PTA	02:24.2
IV	Johncy John	TSR	02:26.9
V	Resmi N	TSR	02:29.0
VI	Priya K Joseph	PTA	02:31.8

1500m

I	A B Preetha	PTA	04:59.2
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II	Sini D	PTA	04:59.4
III	Vincy Chacko	KTM	05:04.6
IV	Nivia Mathew	IDK	05:25.2
V	Sajini A J	KTM	05:28.8
VI	Roslin Abraham	TSR	05:31.7
5000m			
I	Sini D	PTA	18:56.00 NMR
II	Bindu Mathew	PTA	19:08.6
III	Vincy Chacko	KTM	19:29.9
IV	Sindu P D	TSR	19:54.1
V	Shija N	KTM	20:07.3
VI	Sajini A J	KTM	20:17.9
10000m			
I	Bindu Mathew	PTA	41:01.9
II	Sajini A J	KTM	43:11.3
III	Bincy Mathew	TSR	45:50.0
5KM W			
I	Zathika V S	TSR	28:15.0
II	Beena Mathew	KNR	29:29.0
III	Priya K Joseph	PTA	29:39.0
IV	Ajitha	PKD	31:25.0
V	Suma V	TSR	31:28.0
VI	Abey K Baby	IDK	32:30.0
100mH			
I	Nisha Venugopal	PTA	14.9
II	Sini Mathew	PTA	15.5
III	Mary Seema L	TSR	15.7
IV	Rejini Raveendran	KTM	17.1
V	Sheeba John	KTM	17.5
400mH			
I	Sini Mathew	PTA	01:03.0
II	Deepi H Nair	TSR	01:05.8
III	Sreekala K P	ALP	01:09.5
IV	Jhncy John	IDK	01:15.6
Long Jump			
I	Jibimol Abraham	PTA	5.61
II	Mary Seema L	TSR	5.34

III	Rekha K V	TSR	5.3
IV	Rejila E C	TVM	5.12
V	Sunithakumari A	KLM	4.98
VI	Preetha T	TVM	4.86

High Jump

I	Bindu Aloysius	TSR	1.52
II	Kochurani Varghese	PTA	1.52
III	Rekha K V	TSR	1.49
IV	Cigi George M	KTM	1.43
V	Sheeba John	KTM	1.4
VI	Smitha R S	KLM	1.3

Triple Jump

I	Reena Thomas	KLM	11.40NMR
II	Rekha K V	TSR	11.2
III	Sunithakumari A	KLM	11.11
IV	Shamlakumari C R	KTM	10.96
V	Annie B Samuel	KTM	10.69
VI	Rintamol Mathew	PTA	10.06

Shot Put

I	Sindhu P Nair	TVM	10.47
II	P Bindhu	PTA	9.54
III	Jincy K Davis	TSR	9.12
IV	Christy Francis	KTM	9.05
V	P.V.Anitmol	PTA	8.68
VI	Aswathy K	KTM	8.41

Discus Throw

I	Thresiamma Dominic	KTM	32.44
II	Sophia T R	KLM	27.9
III	Bency George	PKD	27.54
IV	Sally Abraham	KTM	25.46
V	P.V.Anitmol	PTA	24.72
VI	Divya Grace Jose	PTA	24.34

Javelin Throw

I	Christy Francis	KTM	36.96NMR
II	U Shobhana	PTA	32.06
III	Jini Mathew	TSR	30.56
IV	Bency George	PKD	28.3

V	Sophia T R	KLM	27.84
VI	Soudabhi K	MLP	25.76

Hammer Throw

I	Smitha James	IDK	26.44NMR
II	P V Anitmol	PTA	21.4
III	Sally Abraham	PTA	19.52
IV	Jincy K Davis	TSR	18.28

Heptathlon

I	P.Bindhu	PTA	4102
II	Regina Devi	PKD	3785
III	Mary Seema L	TSR	3483
IV	Bindu Aloysius	TSR	3109
V	Anie B Samuel	KLM	2555

4x100

I	Pathanamthitta	49.60NMR
II	Palakkad	53.7
III	Kottayam	56.7
IV	Idukki	59

4x400

I	Kottayam	04:09.8
II	Pathanamthitta	04:10.7
III	Palakkad	04:14.1
IV	Idukki	04:16.1
V	Thrissur	04:23.2

Girls Under 18

100m

I	Bindu Mathew	KTM	13
II	R.Sukumari	KNR	13.1
III	Jetty C Joseph	PTA	13.1
IV	Archana V Gupta	TSR	13.3
V	Linnet K Mathew	KNR	13.4
VI	Theresia K J	PKD	13.5

200m

I	Sukumari R	KNR	26.3
II	Theresa K J	PKD	27.3
III	Jiji S	KNR	27.4

IV	Roselin K J	PKD	28
V	Maya V	PKD	28.2
VI	Sophy Thomas	PTA	28..40

400m

I	Sukumari R	KNR	59.20 NMR
II	Rekha M K	KTM	01:01.2
III	Shiniml S	KLM	01:01.9
IV	Sheeba Joseph	KNR	01:01.9
V	Juby James	TSR	01:03.5
VI	Sophy Thomas	PTA	01:05.0

800m

I	Bijimol K Chacko	KTM	2:19.70NMR
II	Sajini Soman	IDK	02:21.9
III	Sheeba Joseph	KNR	02:22.2
IV	Sheeba Thomas	TSR	02:28.8
V	Jisha Thomas	PTA	02:29.2
VI	Juby James	TSR	02:31.5

1500m

I	Jisha Thomas	PTA	04:58.9
II	Rejitha Thomas	KTM	05:00.5
III	Ambily P R	KTM	05:05.1
IV	Jancy Joseph	IDK	05:08.3
V	Salamma M C	TSR	05:14.3
VI	Dency Abraham	PKD	05:14.4

3000m

I	Jisha Thomas	PTA	10:40.4
II	Rejitha Thomas	KTM	11:07.5
III	Ambily P R	KTM	11:11.5
IV	Jancy Joseph	IDK	11:17.9
V	Dency Abraham	PKD	11:24.0
VI	Jessy Thomas	KTM	11:33.0

5km Walk

I	Priyakumari T D	IDK	29:46.0
II	Sumamol C P	IDK	29:51.0
III	Syeda A Salam	TSR	32:53.0

100mH

I	Shamlamol K A	TSR	15.3
II	Anija Mathew	TSR	15.7
III	Anisha K Vijayan	KTM	15.9
IV	Priya P V	IDK	17.1
V	Regi Thomas	EKM	17.3

Long Jump

I	Jetty C Joseph	PTA	5.47NMR
II	Sheena T	PKD	5.05
III	Anisha K Vijayan	KTM	4.99
IV	Soja Mathew	KTM	4.8
V	Rekah Jose	KTM	4.76
VI	Jasmi N	TVM	4.74

High Jump

I	Nicy Khan	KTM	1.43
II	Tessymol Joseph	PKD	1.43
III	Biji Antony	KKD	1.4
IV	Mini Varghese	TVM	1.35
V	Praseetha K B	TSR	1.35
VI	Dezimol K Dominic	IDK	1.3

Triple Jump

I	Reena Thomas	KLM	11.54
II	Sheeba Mathew	TSR	11.52
III	Annie B Samuel	KTM	11.25
IV	Anish K Vijayan	KTM	11.25
V	Rekha Jose	PKD	11.04
VI	Tessymol Joseph	PKD	10.78

Shot Put

I	Deepthi Maria Jose	KLM	9.85 NMR
II	Sheela S	TVM	8.53
III	Diyana Grace Thomas	PTA	8.42
IV	Sinimol Joseph	KTM	8.34
V	Sally Abraham	KTM	7.98
VI	Preetha Jose	KTM	7.19

Discus Throw

I	Bency George	PKD	28.02
II	Sally Abraham	KTM	26.84
III	U Shobhana	PTA	25.88

IV	Deepthi Maria Jose	PTA	25.82
V	Diyana Grace Thomas	PTA	24.58
VI	Sreedevi D B	TVM	21.6

Javelin Throw

I	U Shobhana	PTA	34.32
II	Bency George	PKD	32.32
III	Priya C Kurian	PTA	26.02
IV	Preetha Jose	KTM	24.26
V	Ajithakumari K E	KTM	24.1
VI	Sona Chacko	TVM	23.12

Hammer Throw

I	Dezimol K Dominic	IDK	22
II	Diyana Grace Thomas	PTA	21.94
III	Sally Abraham	KTM	19.14
IV	Bency George	PKD	17.28
V	Deepa George	TSR	16.12
VI	Maharosh Jabbar	IDK	16.06

Heptathlon

I	Shamlakumari C R	KTM	3551NMR
II	Sheeba Mathew	TSR	3430
III	Ashik Beevi P H	IDK	3244
IV	Praseetha K B	TSR	2248
V	Silvy Mathew	KNR	1991

4x100

I	Kannur	50.5
II	Pathanamthitta	51.1
III	Palakkad	51.8
IV	Iduki	54.3

4x400

I	Kottayam	04:07.4
II	Idukki	04:11.3
III	Pathanamthitta	04:14.9
IV	Palakkad	04:18.2

Girls Under 16

100m

I	Sarika S	TVM	13
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II	Renjini Raveendran	KTM	13.3
III	Nicy Joseph	KNR	13.4
IV	Juby Jose	MLP	13.5
V	Leena J Cristy	TVM	14
400m			
I	Renjini Raveendran	KTM	59.9
II	Anurani Philip	PTA	01:01.5
III	Nicy Joseph	KNR	01:01.8
IV	Savitha G Nair	EKM	01:02.0
V	Sreelekha L	TVM	01:04.4
VI	Siji Kurian	TSR	01:04.5
800m			
I	Manju Joseph	IDK	2:22.70 NMR
II	Savith G Nair	EKM	02:24.4
III	Anitta Paul	KLM	02:32.5
IV	Sreepadam K S	ALP	02:36.5
V	Jitha Soman	IDK	02:39.6
VI	Jishy Joseph	PKD	02:44.0
3000m			
I	Jishy Joseph	PKD	10:53.1
II	Kochurani Philipose	PTA	10:54.8
III	Beena Alias	EKM	11:11.7
IV	Sandyarani T	TVM	11:13.3
V	Siji Kurian	TSR	12:18.0
VI	Reji A	TVM	12:24.5
3km Walk			
I	Mini Joseph	IDK	17:11.00 NMR
II	Gigi Philip	KTM	17:12.0
III	Ashamol Varghese	IDK	17:24.0
IV	Preethimol C P	KTM	17:38.0
V	Sophy Varghese	IDK	17:48.0
100mH			
I	Shahanas Sulaiman	KTM	16.2
II	Renjini Raveendran	KTM	16.4
III	Jayalakshmi M t	KLM	17.6
IV	Smitha S	ALP	18.8
V	Vimitha V	PKD	19.7

Long Jump

I	Smitha Francis	TSR	5.07
II	Jency K V	KTM	4.89
III	Joby Joseph	IDK	4.82
IV	Remya Regunath	TVM	4.8
V	Nisha Philip	KLM	4.59
VI	Shyny D Jestin	TVM	4.48

High Jump

I	Remya Regunath	TVM	1.56 NMR
II	Bhinobhamol K J	KTM	1.43
III	Soniya Joseph	IDK	1.43
IV	Anila C Thomas	KTM	1.35
V	Nisha Philip	KLM	1.35
VI	Smitha T R	ALP	1.35

Shot Put

I	Priya Joy	PKD	8.7
II	Neetha Joseph	EKM	8.22
III	Smitha Rani R S	KLM	7.99
IV	Josmi K John	TVM	7.95
V	Priya C Kurian	PTA	7.49
VI	Nisha K Joy	KTM	7.34

Discus Throw

I	Asha P Nair	KTM	25.24
II	Priya Joy	PKD	24.52
III	Josmi K John	TVM	24.14
IV	Priya C Kurian	PTA	22.3
V	Nisha k Joy	KTM	22.28
VI	Jisha Vadavathi	KNR	22.2

Javelin Throw

I	Priay C Kurian	PTA	26.62
II	Anjuna Mathew	KTM	24.88
III	Blassy Johny	EKM	23.68
IV	Gibitha K	KNR	23.52
V	Manju G Nair	TVM	20.44
VI	Priya Joy	PKD	18.3

Pentathlon

I	Joby Joseph	IDK	2307
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II	Salitha Prasad	KLM	1990
III	Jayalakshmi M T	KLM	1952
IV	Smitha T R	ALP	1741
V	Jyothi K S	WND	1035

4x100

I	Pathanamthitta		54.6
II	Kollam		54.7
III	Idukki		56.4
IV	Palakkad		56.7

Girls Under 14

Pentathlon

I	Ann Sumin Toms	TVM	2102
II	Linitha S	PKD	2030
III	Jisha Joy	TVM	1965
IV	Jissa James	KTM	1952
V	Neethu Venugopal	KTM	1788
VI	Sreeja N S	EKM	1788

Boys Under 20

100m

I	Joby Francis	KKD	11.3
II	Sajith Joshy	KKD	11.4
III	Sabu George	KKD	11.5
IV	Francis V P	TSR	11.6
V	Prince Mattom	TSR	11.6
VI	Baby Thomas	KLM	11.7

200m

I	Sajan Thomas	KKD	22.8
II	Prince Mattom	TSR	23
III	Baby Thomas	KLM	23.1
IV	Francis V P	TSR	23.2
V	Sajith Joshy	KKD	23.4
VI	Pradeep Viswanathan	KTM	23.5

400m

I	Manojlal K J	KTM	50.4
II	Girishkumar P	TSR	51.1
III	Manoj Peter	IDK	51.5

IV	Thomas Antony	TSR	51.8
V	Biju Joseph	EKM	52.2
800m			
I	Manojlal K J	KTM	01:57.2
II	Girishkumar P	TSR	01:59.1
III	Kannan P	WND	01:59.5
IV	Biju Joseph	EKM	01:59.5
V	Shyjan Scaria	EKM	02:02.3
VI	Oommen N J	KTM	02:03.5
1500m			
I	Oommen N J	KTM	04:06.7
II	Rajesh P	KKD	04:07.7
III	Surendran K	PKD	04:09.6
IV	Shyjan P Scaria	EKM	04:10.9
V	Vinod R S	TVM	04:12.7
VI	Siju Cherian	IDK	04:13.8
5000m			
I	Girish Kumar	KLM	15:39.4
II	Sabu Thomas	IDK	15:46.7
III	Sharafudeen A K	WND	15:52.3
IV	Vinod R S	TVM	16:02.8
V	Saji Antony	KTM	16:03.1
VI	Gigi Jose	PTA	16:47.5
10000m			
I	Sharafudeen A K	WND	35:13.7
II	Siju Cheriayan	IDK	35:32.0
III	Sunand K P	KSD	36:58.3
IV	Ramesh C T	EKM	37:33.3
V	Sathar Abdul Karim	KTM	39:50.3
VI	Raju K	TVM	42:14.2
10km Walk			
I	Sijose Sathayn S	TVM	56:04.0
II	Rajesh T R	PKD	56:44.0
III	Biju T D	KNR	57:04.0
IV	Shameer T	KLM	58:28.0
V	Ajayakumar	PKD	58:28.0

100mH

I	Augustine P E	TSR	16.1
II	Biju P C	KTM	16.6
III	Biju George	KTM	16.7
IV	Leo R B	KLM	17.1
V	Tony K G	KTM	17.4
VI	Binu Thomas	TSr	17.6

400mH

I	Thomas Antony	TSR	56.7
II	Shinto Joseph	KLM	59.2
III	Sivadas P K	PKD	01:00.3
IV	Syam Mohan M S	TVM	01:00.6
V	Shibu V	TVM	01:02.5
VI	Biju George	KTM	01:03.1

Long Jump

I	Shibu T M	TSR	6.57
II	Bovin Roy	EKM	6.54
III	Prasanth T V	KLM	6.3
IV	Sunil Dath	PKD	6.15
V	Binoy Devasia	KSD	6.04
VI	Sebastian C J	ALP	6

High Jump

I	Anilkumar N	ALP	1.90 NMR
II	Prince Mathew	TSR	1.87
III	Juby Thomas	TVM	1.87
IV	Muhammed Shahin P K	TSR	1.84
V	Binoy Joseph	KNR	1.81
VI	Sasidhran C	PKD	1.75

Triple Jump

I	Shihab A E A	EKM	14.45
II	Shyju V	PKD	14.13
III	Prasanth T V	KLM	13.85
IV	Saji Paul	EKM	13.52
V	Vinod P J	KKD	13.44
VI	Julius Manayani	KTM	13.29

Pole Vault

I	Sunish Kumar	TSR	3.72
II	Anwar	TSR	3.5

III	Rajeshkumar T D	KTM	3.3
IV	Viswajith	PKD	3.2
V	Gopi V	KSD	3.1
VI	Babu K V	KKD	3

Shot Put

I	Mustafa M	KNR	11.72
II	Aneesh P C	WND	11.5
III	Jobin Thomas	KTM	11.09
IV	Rajesh K	TSR	10.96
V	Preju T S	EKM	10.76
VI	Sony O Oomen	TSR	10.08

Discus Throw

I	Maheshkumar	TVM	35.3
II	Koshy Alexander	PTA	34.54
III	Mustafa M	KNR	30.5
IV	Julius J Manayani	KTM	29.68
V	Rajeshlal	TVM	29.46
VI	Jijo Mathew	KTM	28.02

Javelin Throw

I	Binu Kurian	EKM	48.94
II	Biju P K	EKM	48.82
III	Abhilash S	TVM	47.42
IV	Rajeev Regunathan	TVM	47.38
V	Shyju V	TSR	45.98
VI	George Joseph	ALP	45.86

Hammer Throw

I	Vahid Usman	KKD	29.18
II	Joemon N J	ALP	28.94
III	Aneesh Babu P	MLP	28.66
IV	Muktar M	MLP	28.26
V	Santhosh Jacob	ALP	25.66

Decathlon

I	Biju P K	EKM	5104
II	Benhur J Manayani	KTM	4947
III	Murukan C	TSR	4859
IV	George Joseph	KKD	4835
V	Sayaz Thomas	IDK	4776

VI	Koshy Alexander	PTA	4688
4x100			
I	Kasargode		44.9
II	Ernakulam		45.2
III	Kottayam		45.4
IV	Trivandrum		46.2
V	Pathanamthitta		46.4
VI	Palakkad		48.8
4x400			
I	Kottayam		3:27.30 NMR
II	Palakkad		03:32.1
III	Kasargode		03:34.3
IV	Thrissur		03:39.1

Boys Under 18

100m			
I	Sreenath S S	TVM	11.1
II	Thalib T	KKD	11.4
III	Tony P A	EKM	11.4
IV	Sreekumar P T	EKM	11.4
V	Abhilash Purushothaman	KLM	11.6
VI	Muhammed S	TVM	11.8
200m			
I	Sreenath S S	TVM	22.80 NMR
II	Sreekumar P T	EKM	23.2
III	Ajesh G	KKD	23.5
IV	Sreeraj U V	KSD	23.9
V	Tony P A	EKM	23.9
VI	Ajaykumar C V	TSR	24.3
400m			
I	Jipson Jacob	TSR	51.2
II	Manoj Abraham	KLM	51.7
III	Geo P Sam	TSR	52.3
IV	Sajeev T M	TVM	52.6
V	Saji R	TVM	53.6
VI	Anishkumar S	PTA	54

800m

I	Manoj Abraham	KLM	01:57.3
II	Sajeev T M	TVM	01:58.0
III	Binoy Thomas	IDK	02:00.8
IV	Sibi John	KTM	02:01.1
V	Subash M T	KNR	02:04.1
VI	Suresh V K	IDK	02:05.6

1500m

I	Binoy Thomas	IDK	4:04.50 NMR
II	Arun P S	KLM	04:05.0
III	Santhosh K J	TVM	04:13.0
IV	Girish K	PKD	04:16.8
V	Santhosh P V	TSR	04:19.9
VI	Subash M T	KNR	04:22.0

5000m

I	Sabu Thomas	IDK	16:25.9
II	Sulphi M S	KTM	16:27.5
III	Sohan Varghese	KTM	16:36.2
IV	Vinodhan P	KNR	17:27.9
V	Jayan M R	KTM	18:16.5
VI	Anilkumar	KKD	20:32.6

10 KM Walk

I	Rajesh A K	PKD	54:38.00 NMR
II	Sumesh A	TSR	58:05.00 BMR
III	Jettish Joseph	KTM	00:49.0
IV	Sunil Thomas	KNR	1::02::07.00
V	Rajeev P Raj	KTM	1::08:39.00

110m H

I	Thalib T	KKD	14.50 NMR
II	Leo R B	KLM	15.80 EQD
III	Biju George	KTM	16.1
IV	Jithesh P Govind	TSR	16.5
V	Shijo Joseph	TVM	17.1
VI	Joshy A	PKD	17.5

Long Jump

I	Anilkumar N	ALP	6.85
II	Manoj Thomas	KLM	6.83

III	Johnson A P	KLM	6.43
IV	Santhosh George	KTM	6.4
V	Mohammed Saheer	MLP	6.37
VI	Murukan C	PKD	6.23

High Jump

I	Juby Thomas	TVM	1.88 NMR
II	Roshan K R	EKM	1.83
III	Anilkumar N	ALP	1.83
IV	Biju Kuriakose	KKD	1.75
V	Sreegesh C V	TVM	1.75
VI	Santhosh Joy	IDK	1.75

Triple Jump

I	Vinod P J	KKD	13.7
II	Unnikrishnan	KLM	13.6
III	Anilkumar N	ALP	13.55
IV	Shanavas K I	KTM	13.28
V	Ajay Babu K	EKM	13.18
VI	Surian G	KLM	12.93

Pole Vault

I	Sunishkumar	TSR	3.5
II	Rajeshkumar T D	KTM	3.2
III	Abhilash S B	IDK	2.9

Shot Put

I	Aneesh P C	WND	12.82 NMR
II	Rajesh K	TSR	12.82
III	Jobin Thomas	KTM	12.68
IV	Rajesh L	TVM	12.1
V	Preju T S	EKM	11.88
VI	Sunu Jose	EKM	11.4

Discus Throw

I	Aneesh P C	WND	39.02 NMR
II	Harikrishnan	KLM	37.52
III	Rajesh L	TVM	33.24
IV	Preju T S	EKM	33.04
V	Johnson Jacob	PTA	32.78
VI	Jobin Thomas	KTM	32.38

Javelin Throw

I	Shanavas K I	KTM	45.10 NMR
II	Mahesh K	KNR	44.18 BMR
III	Benny Joseph	IDK	42.52
IV	Aneesh P C	WND	41.62
V	Shan Wilfred	TVM	40.88
VI	Sudheer C V	MLP	40.12

Hammer Throw

I	Johnson Jacob	PTA	38.18 NMR
II	Joemon N J	ALP	34.06
III	Muktar M	MLP	30.6
IV	Santhosh K Jacob	ALP	29.64
V	Tom Antony	KTM	28.92
VI	Binil Mathew	IDK	27.64

Heptathlon

I	Biju K G	KKD	5569 NMR
II	Rajesh Kumar T D	KTM	5281
III	Biju Kuriakose	KKD	5210
IV	Anuraj P S	IDK	4960
V	Anup jain M J	TVM	4763
VI	Rajeev A T	IDK	4734

4x100

I	Ernakulam	45.1
II	Kottayam	46.2
III	Idukki	48.3

4x400

I	Kottayam	3:32.50 NMR
II	Idukki	3:32.80 BMR
III	Palakkad	03:46.5

Boys Under 16

100m

I	Jijith Dominic	TVM	11.4
II	Edwin M C	KLM	11.9
III	Moni Krishnan	EKM	11.9
IV	Rajesh Babu	TVM	12.1
V	Rajan P	MLP	12.2
VI	Maneesh P Mathew	EKM	13

400m

I	Robin P J	KTM	53.2
II	Moni Krishnan	EKM	53.9
III	Sindo George	WND	54.2
IV	Rinu Varghese M	KTM	55.2
V	Sajeev K K	IDK	55.7
VI	Sreekanth P A	TVM	56

800m

I	Tom C Thomas	TVM	02:03.7
II	Primesh P S	EKM	02:04.6
III	Raju K	TVM	02:07.3
IV	Sindo George	WND	02:09.6
V	Vinod N	EKM	02:10.1
VI	Santhosh Joseph	IDK	02:10.1

3000m

I	Aneesh Joseph	TVM	09:34.8
II	Anoop Sathayn	IDK	09:39.4
III	Dinesh S	PKD	09:49.2
IV	Binu P T	KTM	09:51.4
V	Sekar T P	TVM	09:54.2
VI	Pradeep	TSR	11:36.4

5 Km Walk

I	Sajeev K K	IDK	27:33.0
II	Bibu Mathew	IDK	31:30.0
III	Aneeshkumar R	PKD	33:46.0

100mH

I	Binoop Thampi	TSR	14.8
II	Ajosh K Philip	EKM	15.3
III	Goinath K K	TVM	15.5
IV	Budharam Purthy	KTM	16.4
V	Jossy Jacob	KTM	16.7
VI	Sajeev K K	IDK	17

Long Jump

I	Binoop Thampi	TSR	6.31 NMR
II	Edwin M C	KLM	6.27
III	Rajesh R	TVM	6.12

IV	Denju George	IDK	5.99
V	Gopinath K K	TVM	5.89
VI	Rajan P	MLP	5.89

High Jump

I	Aswas S S	TVM	1.80 NMR
II	Sanoop Prasad	EKM	1.65
III	Suresh Babu K	MLP	1.65
IV	Sooraj Baby	IDK	1.59
V	Vijit Xavier V	TVM	1.59
VI	Ratheesh Abraham	KTM	1.56

Shot Put

I	Manoj P	KNR	11.4
II	Santhosh Sebastian	IDK	11.12
III	Jes Paul	EKM	11.1
IV	John J Cheeramkuzhy	KTM	11.1
V	Roshal C J	ALP	10.84
VI	Sanil O S	TVM	10.82

Discus Throw

I	Siyad H	KLM	37.02
II	Joshi T J	TVM	35.98
III	Abhilash C J	KKD	35.6
IV	Roshal C J	ALP	34.44
V	Minam Dakshin Singh	PKD	32.48
VI	REgin P	TVM	31.42

Javelin Throw

I	Manoj P	KNR	45.46 NMR
II	Makalu B	KLM	42.28 BMR
III	Altaf M	MLP	41.98
IV	Vinod Sebastian	TVM	40.26
V	Suresh M S	KTM	39.9
VI	Nagendra Singh	EKM	39.8

Pentathlon

I	Binoop Thampi	TSR	3525 NMR
II	Praveen G Kumar	KKD	3358 BMR
III	Budhram Purty	KTM	3094
IV	Manu M Manoj	PKD	2965
V	Deepu K R	TVM	2528
VI	Maxwel Lopez	WND	2452

4x100

I	Ernakulam	47.3
II	Trivandrum	47.3
III	Palakkad	48.4
IV	Idukki	49.6
V	Kasargode	54.6

Boys Under 14

Pentathlon

I	Sunilkumar	TVM	3321 NMR
II	Narendra Babu	TVM	3294
III	Harpal Singh	EKM	3158
IV	Kevin P V	EKM	3150
V	Abin Joy	IDK	3127
VI	Ashin J J	KLM	2973