

KERALA STATE ATHLETICS ASSOCIATION
M.K.JOSEPH MEMORIAL 8TH KERALA STATE INTER CLUB ATHLETICS MEET 2010
Meet Result from 16/07/2010 to 18/07/2010

Section	GIRLS UNDER 14	Event :	100m	76	Final
	<i>SUMIMOL MATHEW</i>		<i>MALABAR SPORTS ACADEMY, KOZHIKODE</i>	<i>13 Sec</i>	<i>2009</i>
I	580 ARCHANA K RAJU	1/6/1997	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	13.45 Sec	
II	328 MAJIDHA NOWRIN A	4/14/1997	PARLI HIGH SCHOOL, PARLI	13.54 Sec	
III	275 ATHIRA SURENDRAN	9/21/1996	SAI TRAINING CENTRE, THALASSERY	13.56 Sec	
IV	1198 ANAMIKA K R	12/2/1996	USHA SCHOOL OF ATHLETICS	13.88 Sec	
V	615 ANJU K M	12/26/1996	KALLADI HSS, KUMARMAPUTHUR	14.28 Sec	
VI	697 STELLA P B	2/17/1997	MAR BASIL HSS, KOTHAMANGALAM	14.38 Sec	
Section	GIRLS UNDER 14	Event :	Long Jump	94	Final
	<i>NIKSY JOSEPH</i>		<i>LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPPILL</i>	<i>5.14 Mts</i>	<i>2003</i>
I	275 ATHIRA SURENDRAN	9/21/1996	SAI TRAINING CENTRE, THALASSERY	4.93 Mts	
II	335 SANGEETHA N P	2/14/1997	SHGHSS, BHARANANGANAM	4.37 Mts	
III	146 ANJU KURIAKOSE	8/31/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	4.36 Mts	
IV	580 ARCHANA K RAJU	1/6/1997	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	4.30 Mts	
V	149 ANGEL C FRANCIS	2/28/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	4.20 Mts	
VI	582 ASWATHY JOSEPH	1/7/1998	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	4.07 Mts	
Section	GIRLS UNDER 14	Event :	High Jump	86	Final
	<i>MERLIN P</i>		<i>PARALI HIGH SCHOOL, PARALI</i>	<i>1.49 Mts</i>	<i>2008</i>
I	329 CHESHMA T C	8/16/1997	PARLI HIGH SCHOOL, PARLI	1.41 Mts	
I	716 ASWATHY SHAJAN	11/11/1996	MAR BASIL HSS, KOTHAMANGALAM	1.41 Mts	
III	337 LIBIA SHAJI	4/16/1997	SHGHSS, BHARANANGANAM	1.35 Mts	
IV	518 ARYA R NAIR	3/5/1997	CENTRALISED SPORTS HOSTEL, KOTTAYAM	1.30 Mts	
IV	1217 VINIJA VIJAYAN	11/11/1996	MALABAR SPORTS ACADEMY, PULLURAMPARA	1.30 Mts	
VI	153 NISTYMOL C KANAKAL	3/27/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	1.25 Mts	
VI	566 DEVIKA K DAS	5/17/1997	CARMEL SPORTS CLUB, CALVARY MOUNT	1.25 Mts	
Section	GIRLS UNDER 14	Event :	Shot Put	63	Final
	<i>ASWANI SHYAMGOPAN</i>		<i>CENTRALIZED SPORTS HOSTEL, KOLLAM</i>	<i>9.07 Mts</i>	<i>2006</i>
I	564 ALEENA JOSEPH	4/4/1997	CARMEL SPORTS CLUB, CALVARY MOUNT	7.24 Mts	
II	801 RINCY K JOSEPH	12/10/1996	MAR BASIL HSS, KOTHAMANGALAM	6.67 Mts	
III	703 JISA RAJAN	7/3/1997	MAR BASIL HSS, KOTHAMANGALAM	6.45 Mts	
IV	693 AMRUTHA K JAYAN	4/27/1998	MAR BASIL HSS, KOTHAMANGALAM	6.15 Mts	
V	346 ANUSHA H	1/4/1997	MNKM ATHLETIC CLUB, CHITTIANCHERY	5.91 Mts	
VI	802 DEVIJA P S	2/22/1998	MAR BASIL HSS, KOTHAMANGALAM	5.16 Mts	
Section	GIRLS UNDER 14	Event :	4x100m Relay	101	Final
	<i>SONIYA MATHEW, HIMA SEBASTIAN, SHILPA, B</i>		<i>SPORTS DIVISION, KANNUR</i>	<i>54.4 Sec</i>	<i>2009</i>
I	P	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	54.35 Sec	NMR	
	580 ARCHANA K RAJU	1/6/1997			
	581 OLIVIYA ANN MARIA THOMAS	8/26/1997			
	582 ASWATHY JOSEPH	1/7/1998			
	586 ALPHY LUCKOSE	6/28/1998			
II	T	ST.GEORGE'S HSS, KOTHAMANGALAM	56.55 Sec		
	146 ANJU KURIAKOSE	8/31/1997			
	148 NEETHU D S	2/17/1998			
	151 SHALINI	10/1/1998			
	152 DHANUSHA MOHANAN	10/16/1996			
III	O	MAR BASIL HSS, KOTHAMANGALAM	56.7 Sec		

	697	STELLA P B	2/17/1997			
	700	AVANI B S	8/7/1997			
	702	MAMTHA KRISHNAN	4/3/1997			
	716	ASWATHY SHAJAN	11/11/1996			
IV			S	SHGHSS, BHARANANGANAM	56.99 Sec	
Section	GIRLS UNDER 14		Event :	Triathlon	26	Final
	<i>NIKSY JOSEPH</i>			<i>LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPPILL</i>	<i>1653 Pts</i>	<i>2003</i>
I	716	ASWATHY SHAJAN	11/11/1996	MAR BASIL HSS, KOTHAMANGALAM	1662 Pts	NMR
II	146	ANJU KURIAKOSE	8/31/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	1660 Pts	BMR
III	328	MAJIDHA NOWRIN A	4/14/1997	PARLI HIGH SCHOOL, PARLI	1617 Pts	
IV	334	RANIMOL	12/16/1996	SHGHSS, BHARANANGANAM	1527 Pts	
V	565	ALEENA VINCENT	1/5/1997	CARMEL SPORTS CLUB, CALVARY MOUNT	1493 Pts	
VI	699	ALINA THOMAS	8/20/1997	MAR BASIL HSS, KOTHAMANGALAM	1445 Pts	
Section	GIRLS UNDER 14		Event :	600m	156	Final
I	581	OLIVIYA ANN MARIA THOMAS	8/26/1997	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	1 Min:46 Sec	NMR
II	576	ARCHANA C B	10/25/1997	ATHLETIC CLUB, MUNDUR	1 Min:46.76 Sec	
III	151	SHALINI	10/1/1998	ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:46.9 Sec	
IV	152	DHANUSHA MOHANAN	10/16/1996	ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:48.7 Sec	
V	344	SUBI SOSAMMA CHERIAN	10/23/1996	SHGHSS, BHARANANGANAM	1 Min:50.32 Sec	
V	297	BINCY A P	1/2/1997	CENTRALISED SPORTS HOSTEL, WAYANAD	1 Min:50.32 Sec	
Section	GIRLS UNDER 16		Event :	100m	77	Final
	<i>SHILPA C</i>			<i>USHA SCHOOL OF ATHLETICS</i>	<i>12.41 Sec</i>	<i>2006</i>
I	281	RENGITHA C	9/30/1994	SAI TRAINING CENTRE, THALASSERY	12.66 Sec	
II	673	KASALA VENKATA SAI PREET	4/4/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	13 Sec	
III	1257	ARYA T S	5/5/1995	SNMVHSS, VANNAPPURAM	13.03 Sec	
IV	622	RANGA.K	8/24/1995	KALLADI HSS, KUMARMAPUTHUR	13.1 Sec	
V	162	DONA SHIBU	3/24/1996	ST.GEORGE'S HSS, KOTHAMANGALAM	13.45 Sec	
VI	1194	AKSA JOY	3/23/1996	USHA SCHOOL OF ATHLETICS	13.53 Sec	
Section	GIRLS UNDER 16		Event :	200m	137	Final
	<i>ASWATHY MOHANAN</i>			<i>USHA SCHOOL OF ATHLETICS</i>	<i>25.7 Sec</i>	<i>2009</i>
I	281	RENGITHA C	9/30/1994	SAI TRAINING CENTRE, THALASSERY	25.52 Sec	NMR
II	622	RANGA.K	8/24/1995	KALLADI HSS, KUMARMAPUTHUR	26.65 Sec	
III	338	ANITHA JACOB	3/29/1995	SHGHSS, BHARANANGANAM	27.35 Sec	
IV	1195	SRUTHI LAKSHMI L	4/14/1996	USHA SCHOOL OF ATHLETICS	27.45 Sec	
V	1194	AKSA JOY	3/23/1996	USHA SCHOOL OF ATHLETICS	27.57 Sec	
VI	162	DONA SHIBU	3/24/1996	ST.GEORGE'S HSS, KOTHAMANGALAM	27.8 Sec	
Section	GIRLS UNDER 16		Event :	300m	39	Final
	<i>ARYA C</i>			<i>SRI AYYANKALI MGM RSS, VELLAYANI</i>	<i>41.6 Sec</i>	<i>2006</i>
I	674	ANJU A S	10/17/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	44.91 Sec	
II	340	AMALA MATHEW	5/28/1995	SHGHSS, BHARANANGANAM	45.42 Sec	
III	522	GEETHU K K	6/1/1995	CENTRALISED SPORTS HOSTEL, KOTTAYAM	45.82 Sec	
IV	278	LISHNA T A	9/16/1996	SAI TRAINING CENTRE, THALASSERY	47.67 Sec	
V	917	SREEJA P S	1/2/1996	MUNDUR HIGH SCHOOL, MUNDUR	47.99 Sec	
VI	641	TINCY THOMAS	3/16/1995	LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPILL	48.42 Sec	
Section	GIRLS UNDER 16		Event :	400m	89	Final
	<i>ASWATHY MOHANAN</i>			<i>USHA SCHOOL OF ATHLETICS</i>	<i>57.2 Sec</i>	<i>2009</i>
I	350	REMYA. M.	3/12/1996	MNKM ATHLETIC CLUB, CHITTLANCHERY	1 Min:1.68 Sec	
II	623	SUMI S	12/28/1994	KALLADI HSS, KUMARMAPUTHUR	1 Min:1.87 Sec	
III	588	NIMNA MATHEW	4/16/1996	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	1 Min:2.24 Sec	

IV	918	SRUTHI P S	5/31/1995	MUNDUR HIGH SCHOOL, MUNDUR	1 Min:3.24 Sec	
V	154	MERLIN P JOSE	4/14/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:4.49 Sec	
VI	340	AMALA MATHEW	5/28/1995	SHGHSS, BHARANANGANAM	1 Min:5.83 Sec	
Section	GIRLS UNDER 16	Event :	800m	15	Final	
	<i>RESIN GEORGE</i>		<i>CENTRALISED SPORTS HOSTEL, KOTTAYAM</i>	<i>2 Min:20.76 Sec</i>	<i>2008</i>	
I	1193	JESSY JOSEPH	12/8/1995	USHA SCHOOL OF ATHLETICS	2 Min:22.11 Sec	
II	1196	R V SANJANA	7/24/2006	USHA SCHOOL OF ATHLETICS	2 Min:23.11 Sec	
III	617	AKSHAYA.K	5/17/1995	KALLADI HSS, KUMARMAPUTHUR	2 Min:26.66 Sec	
IV	154	MERLIN P JOSE	4/14/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:30.08 Sec	
V	168	ANU ABRAHAM	12/30/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:36.49 Sec	
VI	918	SRUTHI P S	5/31/1995	MUNDUR HIGH SCHOOL, MUNDUR	2 Min:37.74 Sec	
Section	GIRLS UNDER 16	Event :	1000 Meters	159	Final	
I	1193	JESSY JOSEPH	12/8/1995	USHA SCHOOL OF ATHLETICS	3 Min:.69 Sec	NMR
II	1196	R V SANJANA	7/24/2006	USHA SCHOOL OF ATHLETICS	3 Min:1.32 Sec	
III	921	VIDHYA.K.K	11/22/1995	MUNDUR HIGH SCHOOL, MUNDUR	3 Min:4.62 Sec	
IV	922	CHITRA P U	6/9/1995	MUNDUR HIGH SCHOOL, MUNDUR	3 Min:12.25 Sec	
V	1218	THERESE JOSEPH	4/2/1997	MALABAR SPORTS ACADEMY , PULLURAMPARA	3 Min:14.92 Sec	
VI	1258	KOCHUTHRASIA K L	8/1/1995	SNMVHSS, VANNAPPURAM	3 Min:19.7 Sec	
Section	GIRLS UNDER 16	Event :	3000m	36	Final	
	<i>THARA M D</i>		<i>PARALI HIGH SCHOOL, PARALI</i>	<i>10 Min:32.8 Sec</i>	<i>2009</i>	
I	922	CHITRA P U	6/9/1995	MUNDUR HIGH SCHOOL, MUNDUR	10 Min:26 Sec	NMR
II	921	VIDHYA.K.K	11/22/1995	MUNDUR HIGH SCHOOL, MUNDUR	10 Min:28.9 Sec	BMR
III	1218	THERESE JOSEPH	4/2/1997	MALABAR SPORTS ACADEMY , PULLURAMPARA	11 Min:1.8 Sec	
IV	163	ANU MARIYA SUNNY	2/2/1996	ST.GEORGE'S HSS, KOTHAMANGALAM	11 Min:25.4 Sec	
V	1258	KOCHUTHRASIA K L	8/1/1995	SNMVHSS, VANNAPPURAM	11 Min:37.3 Sec	
VI	159	ANITA A N	7/13/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	11 Min:46.9 Sec	
Section	GIRLS UNDER 16	Event :	100mH	69	Final	
I	1257	ARYA T S	5/5/1995	SNMVHSS, VANNAPPURAM	15.54 Sec	NMR
II	326	MERLIN P	5/18/1995	PARLI HIGH SCHOOL, PARLI	16.1 Sec	
III	572	JAIS RANI SEBATIAN	6/12/1995	CARMEL SPORTS CLUB, CALVARY MOUNT	16.22 Sec	
IV	723	AMRUTHA C BABU	3/12/1995	MAR BASIL HSS, KOTHAMANGALAM	17.79 Sec	
V	676	AMRUTHA M	3/31/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	18 Sec	
VI	169	ANJITHA RAVI	11/1/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	18.09 Sec	
Section	GIRLS UNDER 16	Event :	3000m Race Walk	51	Final	
	<i>MEESHMA K M</i>		<i>PARALI HIGH SCHOOL, PARALI</i>	<i>15 Min:35.8 Sec</i>	<i>2006</i>	
I	327	NEENA K T	4/18/1997	PARLI HIGH SCHOOL, PARLI	16 Min:29.2 Sec	
II	1264	ATHIRA P ASHOKAN	7/21/1995	SNMVHSS, VANNAPPURAM	16 Min:41.9 Sec	
III	923	GREESHMA .K.V.	7/17/1996	MUNDUR HIGH SCHOOL, MUNDUR	16 Min:50.6 Sec	
IV	653	ADITHYA V P	8/12/1995	POILKAVE H S, KOYILANDY	18 Min:14.8 Sec	
V	924	MANJU P G	1/23/1996	MUNDUR HIGH SCHOOL, MUNDUR	18 Min:46.9 Sec	
VI	164	ANUSHA TOMY	9/26/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	18 Min:57 Sec	
Section	GIRLS UNDER 16	Event :	Long Jump	62	Final	
	<i>NATHASHA CHACKO</i>		<i>SAI STC LNCPE, TRIVANDRUM</i>	<i>5.47 Mts</i>	<i>2009</i>	
I	1321	JENIMOL JOY	12/29/1995	CKMHSS, KORUTHODU	5.71 Mts	NMR
II	859	NEENO JOSE	1/24/1995	SAI TRAINING CENTRE, THRISSUR	4.98 Mts	
III	860	SNEHARAJ ALAPPAT	1/11/1993	SAI TRAINING CENTRE, THRISSUR	4.93 Mts	
IV	621	POOJA T M	4/30/1995	KALLADI HSS, KUMARMAPUTHUR	4.89 Mts	

V	1317	AKSHAYAMOL A K	1/24/1996	CKMHSS, KORUTHODU	4.88 Mts	
VI	676	AMRUTHA M	3/31/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	4.87 Mts	
Section GIRLS UNDER 16			Event :	High Jump	4	Final
		<i>STENY MICHAEL</i>		<i>LNCPE ,TRIVANDRUM</i>	<i>1.57 Mts</i>	<i>2009</i>
I	861	SREETHI S.	2/16/1996	SAI TRAINING CENTRE, THRISSUR	1.46 Mts	
I	160	AKSHAYA JOSE	7/3/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	1.46 Mts	
III	326	MERLIN P	5/18/1995	PARLI HIGH SCHOOL, PARLI	1.46 Mts	
IV	618	ANGEETHA P G	6/17/1996	KALLADI HSS, KUMARMAPUTHUR	1.43 Mts	
Section GIRLS UNDER 16			Event :	Shot Put	9	Final
		<i>ANJU PRASAD</i>		<i>CENTRALISED SPORTS HOSTEL.KOLLAM</i>	<i>9.96 Mts</i>	<i>2006</i>
I	571	ATHIRA MURALIDHARAN	1/16/1995	CARMEL SPORTS CLUB, CALVARY MOUNT	10.56 Mts	NMR
II	642	DAYANA P. ASHOK	12/24/1994	LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	9 Mts	
III	155	DONA K JOLLY	3/23/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	8.33 Mts	
IV	652	SAJNA C K	1/19/1995	POILKAVE H S, KOYILANDY	8.23 Mts	
V	156	NINON MARY MATHEW	9/21/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	7.62 Mts	
VI	725	SNEHA BIJU	7/22/1995	MAR BASIL HSS, KOTHAMANGALAM	7.39 Mts	
Section GIRLS UNDER 16			Event :	Discus Throw	135	Final
		<i>ANTRISA VARGHESE</i>		<i>CENTRALISED SPORTS HOSTEL,KOLLAM</i>	<i>30 Mts</i>	<i>2009</i>
I	571	ATHIRA MURALIDHARAN	1/16/1995	CARMEL SPORTS CLUB, CALVARY MOUNT	31.37 Mts	NMR
II	652	SAJNA C K	1/19/1995	POILKAVE H S, KOYILANDY	25.34 Mts	
III	155	DONA K JOLLY	3/23/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	24.82 Mts	
IV	717	NIKHILA MANOHAR	2/7/1996	MAR BASIL HSS, KOTHAMANGALAM	24.54 Mts	
V	725	SNEHA BIJU	7/22/1995	MAR BASIL HSS, KOTHAMANGALAM	23.99 Mts	
VI	156	NINON MARY MATHEW	9/21/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	23.76 Mts	
Section GIRLS UNDER 16			Event :	Javelin Throw	28	Final
		<i>PRAJITHA C R</i>		<i>MUKUNDA SPORTS ACADEMY, THIRUNNAVAYANA</i>	<i>25.88 Mts</i>	<i>2009</i>
I	876	PRAJITHA C K	3/22/1995	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	30.91 Mts	NMR
II	724	JAYALAKSHMI.P.S	6/21/1995	MAR BASIL HSS, KOTHAMANGALAM	27.13 Mts	
III	1118	VRINDA WILSON	10/22/1994	PALIYAM GOVT HSS, CHENDAMANGALAM	24.92 Mts	BMR
IV	1119	ASWATHY T K	1/10/1995	PALIYAM GOVT HSS, CHENDAMANGALAM	21.44 Mts	
V	722	AIDA AUGUSTINE	2/12/1995	MAR BASIL HSS, KOTHAMANGALAM	19.63 Mts	
VI	157	ANN MARYA MATHEW	6/6/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	18.78 Mts	
Section GIRLS UNDER 16			Event :	Pentathlon	166	Final
		<i>NATHASHA CHACKO</i>		<i>LNCPE,TRIVANDRUM</i>	<i>2866 Pts</i>	<i>2009</i>
I	568	MAREENA GEORGE	4/2/1995	CARMEL SPORTS CLUB, CALVARY MOUNT	2454 Pts	
II	861	SREETHI S.	2/16/1996	SAI TRAINING CENTRE, THRISSUR	2134 Pts	
III	1261	SWATHY V C	10/8/1995	SNMVHSS, VANNAPPURAM	2083 Pts	
IV	1259	ARCHANA MOL P .A	5/9/1995	SNMVHSS, VANNAPPURAM	1533 Pts	
V	574	ALEENA ALEX	2/9/1996	CARMEL SPORTS CLUB, CALVARY MOUNT	1377 Pts	
Section GIRLS UNDER 16			Event :	Medley Relay	169	Final
		<i>JOSINI P J,NITHYA PRAKASAN,RENGITHA C,N</i>		<i>Sai,thalasserry</i>	<i>2 Min:24.5 Sec</i>	<i>200</i>
I			A	KALLADI HSS, KUMARMAPUTHUR	2 Min:25.93 Sec	
	617	AKSHAYA.K	5/17/1995			
	621	POOJA T M	4/30/1995			
	622	RANGA.K	8/24/1995			
	623	SUMI S	12/28/1994			
II			S	SHGHSS, BHARANANGANAM	2 Min:30.67 Sec	
	338	ANITHA JACOB	3/29/1995			

	339	SURYA K SANTHOSH	8/20/1996		
	340	AMALA MATHEW	5/28/1995		
	342	GISINA SUSAN VARGHESE	1/6/1996		
III			T	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:32.6 Sec
	154	MERLIN P JOSE	4/14/1995		
	158	SUNISHA BABU	3/2/1995		
	162	DONA SHIBU	3/24/1996		
	167	ANJU ABRAHAM	12/30/1995		
IV			M	SNMVHSS, VANNAPPURAM	2 Min:34.03 Sec
V			O	MAR BASIL HSS, KOTHAMANGALAM	2 Min:36.23 Sec

Section	YOUTH GIRLS 18	Event :	100m	81	Final
	<i>SHILPA C</i>		<i>USHA SCHOOL OF ATHLETICS,KOILANDY</i>	<i>12.14 Sec</i>	<i>2008</i>
I	625	LAVANYA.G	12/19/1993	KALLADI HSS, KUMARMAPUTHUR	12.69 Sec
II	1190	ANJU VARGHESE	3/2/1994	USHA SCHOOL OF ATHLETICS	12.84 Sec
III	858	ANJANA THOMAS	11/7/1993	SAI TRAINING CENTRE, THRISSUR	13.18 Sec
IV	173	SONIA THOMAS	10/31/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	13.21 Sec
V	436	ANITHA JOSEPH	3/28/1993	ALPHONSA COLLEGE, PALA	13.57 Sec
VI	542	SINU ALEX	4/21/1994	CENTRALISED SPORTS HOSTEL, KOLLAM	13.63 Sec
Section	YOUTH GIRLS 18	Event :	200m	142	Final
	<i>TINTU V GEORGE</i>		<i>SAI CENTRE,THALASSERY</i>	<i>25.2 Sec</i>	<i>2004</i>
I	1189	NIKHILA JOSEPH	6/10/1993	USHA SCHOOL OF ATHLETICS	25.68 Sec
II	283	AMMU K.	1/12/1993	SAI TRAINING CENTRE, THALASSERY	25.83 Sec
III	1190	ANJU VARGHESE	3/2/1994	USHA SCHOOL OF ATHLETICS	26.19 Sec
IV	170	ANU THOMAS	4/4/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	27.06 Sec
V	858	ANJANA THOMAS	11/7/1993	SAI TRAINING CENTRE, THRISSUR	27.15 Sec
Section	YOUTH GIRLS 18	Event :	300m	18	Final
	<i>ARYA C</i>		<i>SAI CENTRE, THRISSUR</i>	<i>40.7 Sec</i>	<i>2009</i>
I	279	NITHYAPRAKASHAN	3/19/1994	SAI TRAINING CENTRE, THALASSERY	42.14 Sec
II	677	APARNA K	1/5/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	43.49 Sec
III	1203	ARUNIMA P M	2/5/1994	MALABAR SPORTS ACADEMY, PULLURAMPARA	44.66 Sec
IV	628	SREEKUTTY.P	6/14/1993	KALLADI HSS, KUMARMAPUTHUR	44.85 Sec
V	176	VINEETHA BIJU	7/15/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	45.73 Sec
VI	1250	SONA SOJAN	12/8/1993	SNMVHSS, VANNAPPURAM	46.55 Sec
Section	YOUTH GIRLS 18	Event :	400m	90	Final
	<i>ARYA C</i>		<i>SAI,THRISSUR</i>	<i>56.42 Sec</i>	<i>2008</i>
I	1189	NIKHILA JOSEPH	6/10/1993	USHA SCHOOL OF ATHLETICS	58.21 Sec
II	1192	SRUTHI RAJ U V	7/9/1994	USHA SCHOOL OF ATHLETICS	59.59 Sec
III	280	JOSINI P. J.	3/10/1994	SAI TRAINING CENTRE, THALASSERY	1 Min:0 Sec
IV	749	ANILDA THOMAS	5/6/1993	MAR BASIL HSS, KOTHAMANGALAM	1 Min:3.75 Sec
Section	YOUTH GIRLS 18	Event :	800m	13	Final
	<i>CHINCHU JOSE</i>		<i>SPORTS DIVISION,KANNUR</i>	<i>2 Min:14 Sec</i>	<i>2008</i>
I	1191	ANGEL MATHEW	4/20/1994	USHA SCHOOL OF ATHLETICS	2 Min:22.78 Sec
II	624	DINCY DAVIS	5/2/1993	KALLADI HSS, KUMARMAPUTHUR	2 Min:23.4 Sec
III	171	CHIPPY T S	5/20/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:26.4 Sec
IV	1249	PRABITHA T V	12/15/1993	SNMVHSS, VANNAPPURAM	2 Min:28.63 Sec
V	549	ANNIE K R	10/12/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	2 Min:28.9 Sec
VI	760	ANU JAYAPAL	6/27/1994	MAR BASIL HSS, KOTHAMANGALAM	2 Min:38.73 Sec

Section YOUTH GIRLS 18			Event :	1000 Meters	161	Final
I	526	RESIN GEORGE	5/31/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	3 Min:3.29 Sec	NMR
II	1191	ANGEL MATHEW	4/20/1994	USHA SCHOOL OF ATHLETICS	3 Min:4.04 Sec	
III	675	BENCY P ROY	6/30/1994	SAI STC, LNCPE, THIRUVANANTHAPURAM	3 Min:9.07 Sec	
IV	322	THARA M D	3/4/1994	PARLI HIGH SCHOOL, PARLI	3 Min:12.73 Sec	
V	549	ANNIE K R	10/12/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	3 Min:16.57 Sec	
VI	760	ANU JAYAPAL	6/27/1994	MAR BASIL HSS, KOTHAMANGALAM	3 Min:22.37 Sec	

Section YOUTH GIRLS 18			Event :	3000m	44	Final
<i>THARA M D</i>			<i>PARALI HIGH SCHOOL, PARALI</i>		<i>10 Min:21.65 Sec</i>	<i>2008</i>
I	322	THARA M D	3/4/1994	PARLI HIGH SCHOOL, PARLI	10 Min:59.19 Sec	
II	925	NAMITHA .N.	8/31/1995	MUNDUR HIGH SCHOOL, MUNDUR	11 Min:10.61 Sec	
III	675	BENCY P ROY	6/30/1994	SAI STC, LNCPE, THIRUVANANTHAPURAM	11 Min:15.34 Sec	
IV	927	RANJINI O L	5/25/1993	MUNDUR HIGH SCHOOL, MUNDUR	11 Min:42.85 Sec	
V	527	TINU JOY	3/3/1994	CENTRALISED SPORTS HOSTEL, KOTTAYAM	11 Min:48.77 Sec	
VI	1139	PRIYANKA K	1/27/1994	IDEAL EHSS , KADAKASSERY	12 Min:9.77 Sec	

Section YOUTH GIRLS 18			Event :	100mH	68	Final
<i>DARSANA M S</i>			<i>USHA SCHOOL OF ATHLETICS,KOILANDY</i>		<i>14.67 Sec</i>	<i>2008</i>
I	545	ADHEENA P G	1/22/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	15 Sec	
II	546	ASWINI K S	6/16/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	16.11 Sec	
III	678	TINU JACOB	10/21/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	16.17 Sec	
IV	175	MARIYA JULIET	5/31/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	16.38 Sec	
V	753	SHINJU KURIAN	7/12/1993	MAR BASIL HSS, KOTHAMANGALAM	16.94 Sec	
VI	1252	ARCHANA V MOHANAN	1/8/1993	SNMVHSS, VANNAPPURAM	17.81 Sec	

Section YOUTH GIRLS 18			Event :	400mH	129	Final
<i>GEETHA ROBY</i>			<i>CENTRALISED HOSTEL, KOTTAYAM</i>		<i>1 Min:4.5 Sec</i>	<i>2004</i>
I	280	JOSINI P. J.	3/10/1994	SAI TRAINING CENTRE, THALASSERY	1 Min:5.2 Sec	
II	757	SHEENA N V	11/22/1992	MAR BASIL HSS, KOTHAMANGALAM	1 Min:7.24 Sec	
III	678	TINU JACOB	10/21/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	1 Min:7.3 Sec	
IV	1249	PRABITHA T V	12/15/1993	SNMVHSS, VANNAPPURAM	1 Min:8.77 Sec	
V	1251	AYANA THOMAS	1/20/1993	SNMVHSS, VANNAPPURAM	1 Min:9.13 Sec	
VI	756	RAMYA P V	4/25/1993	MAR BASIL HSS, KOTHAMANGALAM	1 Min:10.72 Sec	

Section YOUTH GIRLS 18			Event :	5000m Race Walk	114	Final
<i>RENUKA P</i>			<i>MALABAR SPORTS ACADEMY,PULLURAMPARA</i>		<i>26 Min:26 Sec</i>	<i>2008</i>
I	261	ARCHANA V A	6/24/1994	PARLI HIGH SCHOOL, PARLI	30 Min:7.3 Sec	
II	321	NEHA SUDHARSAN	9/26/1993	PARLI HIGH SCHOOL, PARLI	30 Min:22.9 Sec	
III	980	FEMI GEORGE	5/20/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	32 Min:47.3 Sec	
IV	978	NIMISHA GEORGE	10/26/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	35 Min:38.8 Sec	
V	180	DEEPIKA T KURIAKOSE	11/28/1996	ST.GEORGE'S HSS, KOTHAMANGALAM	36 Min:4.5 Sec	
VI	179	ANJALI SAJI	2/7/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	36 Min:10.3 Sec	

Section YOUTH GIRLS 18			Event :	Long Jump	55	Final
<i>PRIYA P K</i>			<i>SAI, KOLLAM</i>		<i>5.83 Mts</i>	<i>2004</i>
I	306	JINCY N J	11/10/1993	CENTRALISED SPORTS HOSTEL, WAYANAD	5.23 Mts	
II	543	PRIYANKA M	5/29/1994	CENTRALISED SPORTS HOSTEL, KOLLAM	5.22 Mts	
III	679	LINCY.C.H	4/4/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	5.16 Mts	
IV	355	ANITHA. S.	11/28/1992	MNKM ATHLETIC CLUB, CHITTLANCHERY	4.95 Mts	
V	1274	SHANIMOLE CHANDY	4/10/1993	IJMSS, KOTTIYOOR	4.41 Mts	

Section YOUTH GIRLS 18 <i>STENY MICHAEL</i>			Event :	High Jump <i>SPORTS DIVISION,KANNUR</i>	5 <i>1.63 Mts</i>	Final <i>2008</i>
I	1202	STENY MICHEAL	11/7/1992	MALABAR SPORTS ACADEMY , PULLURAMPARA	1.56 Mts	
II	438	JINU MARIA MANUEL	2/15/1993	ALPHONSA COLLEGE , PALA	1.56 Mts	
III	627	SREESHMA RAJAN	5/10/1993	KALLADI HSS, KUMARMAPUTHUR	1.53 Mts	
IV	975	ANJALI V MOHANAN	5/7/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	1.45 Mts	
V	174	RINSHA K	11/3/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	1.45 Mts	
Section YOUTH GIRLS 18 <i>ALKACHIKILI A P</i>			Event :	Triple Jump <i>JNANODAYAM LIBRARY &SPORTS CLUB, KOLLAM</i>	116 <i>12.57 Mts</i>	Final <i>2004</i>
I	754	SHILPA CHACKO	12/18/1992	MAR BASIL HSS, KOTHAMANGALAM	11.73 Mts	
II	751	ARSHA SATHYAN	6/1/1993	MAR BASIL HSS, KOTHAMANGALAM	10.81 Mts	
III	679	LINCY.C.H	4/4/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	10.58 Mts	
IV	814	ANEENA MOHAN	9/7/1994	KOTHAMANGALAM ATHLETIC ACADEMY	10.20 Mts	
V	355	ANITHA. S.	11/28/1992	MNKM ATHLETIC CLUB, CHITTIANCHERY	10.15 Mts	
VI	891	SUBISHA U K	3/21/1994	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	10.11 Mts	
Section YOUTH GIRLS 18 <i>DIJA K C</i>			Event :	Pole Vault <i>JUMPS ACADEMY ,PALA</i>	56 <i>2.95 Mts</i>	Final <i>2008</i>
I	626	SINJU PRAKASH M K	12/27/1993	KALLADI HSS, KUMARMAPUTHUR	2.60 Mts	
II	178	EMITHA BABU	10/7/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	2.50 Mts	
III	424	ALEENAMOL SUNNY	12/19/1994	JUMPS ACADEMY, PALA	2.40 Mts	
IV	425	MARIA JAISON	9/23/1997	JUMPS ACADEMY, PALA	2 Mts	
Section YOUTH GIRLS 18 <i>SARANYA J</i>			Event :	Shot Put <i>CENTRALISED SPORTS HOSTEL,KOLLAM</i>	10 <i>11.69 Mts</i>	Final <i>2006</i>
I	1322	KAVYA B DILEEP	5/7/1994	ST.GORETTI HSS, PUNALUR	8.79 Mts	
II	1316	SONIYA JOHN	2/13/1993	CKMHSS, KORUTHODU	8.69 Mts	
III	437	ASWANI SYAM GOPAN	11/10/1992	ALPHONSA COLLEGE , PALA	8.12 Mts	
IV	550	REEMA NATH	5/7/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	7.55 Mts	
V	323	ASWATHI.P.S.	4/14/1994	PARLI HIGH SCHOOL, PARLI	7.51 Mts	
VI	761	AMITHA GEORGE	3/15/1994	MAR BASIL HSS, KOTHAMANGALAM	7.49 Mts	
Section YOUTH GIRLS 18 <i>ANITHA ABRAHAM</i>			Event :	Discus Throw <i>ACHAMMA MEMORIAL HSS,KALAKETTY</i>	134 <i>35.46 Mts</i>	Final <i>2004</i>
I	550	REEMA NATH	5/7/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	31.05 Mts	
II	752	CLODIYA K JOHN	4/14/1994	MAR BASIL HSS, KOTHAMANGALAM	29.81 Mts	
III	323	ASWATHI.P.S.	4/14/1994	PARLI HIGH SCHOOL, PARLI	26.13 Mts	
IV	325	ANU C H	12/10/1993	PARLI HIGH SCHOOL, PARLI	25.11 Mts	
V	401	ANJU JOSEPH	5/15/1993	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	23.86 Mts	
VI	439	JISS JOSEPH	9/23/1992	ALPHONSA COLLEGE , PALA	23.78 Mts	
Section YOUTH GIRLS 18 <i>BIJI MOHAN</i>			Event :	Javelin Throw <i>CENTRALISED HOSTEL, KOLLAM</i>	97 <i>38.84 Mts</i>	Final <i>2008</i>
I	224	RESHMA RAVEENDRAN	5/12/1993	ASSUMPTION COLLEGE, CHANGANACHERRY	33.42 Mts	
II	401	ANJU JOSEPH	5/15/1993	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	28.03 Mts	
III	754	SHILPA CHACKO	12/18/1992	MAR BASIL HSS, KOTHAMANGALAM	27.50 Mts	
IV	1255	SHAIBY V S	11/28/1992	SNMVHSS, VANNAPPURAM	25.31 Mts	
V	325	ANU C H	12/10/1993	PARLI HIGH SCHOOL, PARLI	24.49 Mts	
VI	751	ARSHA SATHYAN	6/1/1993	MAR BASIL HSS, KOTHAMANGALAM	19.77 Mts	
Section YOUTH GIRLS 18 <i>MEEMO V SHAJI</i>			Event :	Hammer Throw <i>CENTRALIZED HOSTEL,KOLLAM</i>	60 <i>35.84 Mts</i>	Final <i>2009</i>

I	755	BHAGYALAKSHMI K B	5/26/1993	MAR BASIL HSS, KOTHAMANGALAM	32.20 Mts
II	437	ASWANI SYAM GOPAN	11/10/1992	ALPHONSA COLLEGE, PALA	27.98 Mts
III	439	JISS JOSEPH	9/23/1992	ALPHONSA COLLEGE, PALA	27.79 Mts
IV	324	THUSHARA P T	8/5/1994	PARLI HIGH SCHOOL, PARLI	27.70 Mts
V	1254	ANILA JANCY MATHEW	12/30/1992	SNMVHSS, VANNAPPURAM	16.50 Mts

Section	YOUTH GIRLS 18	Event :	Heptathlon	165	Final
	<i>NIKSJ JOSEPH</i>		<i>ASSUMPTION COLLEGE, CHANGANACHERRY</i>	<i>4133 Pts</i>	<i>2006</i>

I	545	ADHEENA P G	1/22/1993	CENTRALISED SPORTS HOSTEL, KOLLAM	3651 Pts
II	1251	AYANA THOMAS	1/20/1993	SNMVHSS, VANNAPPURAM	3265 Pts
III	976	REMYA MATHEW	9/26/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	3047 Pts
IV	1252	ARCHANA V MOHANAN	1/8/1993	SNMVHSS, VANNAPPURAM	2699 Pts
V	356	ASWATHY. G.	7/13/1993	MNKM ATHLETIC CLUB, CHITILANCHERY	2620 Pts
VI	528	SNEHA BALAN	4/30/1994	CENTRALISED SPORTS HOSTEL, KOTTAYAM	2464 Pts

Section	YOUTH GIRLS 18	Event :	Medley Relay	168	Final
	<i>SHIMNA BABY,ANU PAUL, JAISE GEORGE,RIS</i>		<i>SPORTS DIVISION, KANNUR</i>	<i>2 Min:16.9 Sec</i>	<i>2008</i>

I		L	SAI TRAINING CENTRE, THALASSERY	2 Min:20.84 Sec
	279	NITHYAPRAKASHAN	3/19/1994	
	280	JOSINI P. J.	3/10/1994	
	282	DANI JOHN	7/6/1994	
	283	AMMU K.	1/12/1993	
II		A	KALLADI HSS, KUMARMAPUTHUR	2 Min:23.82 Sec
	624	DINCY DAVIS	5/2/1993	
	625	LAVANYA.G	12/19/1993	
	628	SREEKUTTY.P	6/14/1993	
	629	NAYANA C K	1/28/1993	
III		O	MAR BASIL HSS, KOTHAMANGALAM	2 Min:24.71 Sec
	749	ANILDA THOMAS	5/6/1993	
	754	SHILPA CHACKO	12/18/1992	
	756	RAMYA P V	4/25/1993	
	757	SHEENA N V	11/22/1992	
IV		T	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:26.65 Sec
V		M	SNMVHSS, VANNAPPURAM	2 Min:31.85 Sec

Section	JUNIOR WOMEN 20	Event :	100m	82	Final
	<i>SHIJILA V D</i>		<i>SAI CENTRE, THALASSERY</i>	<i>12 Sec</i>	<i>2004</i>

I	552	SINI ALEX	5/20/1992	CENTRALISED SPORTS HOSTEL, KOLLAM	12.62 Sec
II	631	SHILPA M	1/30/1992	KALLADI HSS, KUMARMAPUTHUR	13.42 Sec
III	225	MONISHA MOHANDAS	8/2/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	13.52 Sec

Section	JUNIOR WOMEN 20	Event :	200m	148	Final
	<i>SHIJILA V D</i>		<i>SAI CENTRE, THALASSERY</i>	<i>25.3 Sec</i>	<i>2004</i>
	<i>RAJI C T</i>		<i>SAI STC, LNCPE, TRIVANDRUM</i>	<i>25.3 Sec</i>	<i>2009</i>

I	1188	ASWATHI MOHANAN	8/2/1992	USHA SCHOOL OF ATHLETICS	25.54 Sec
II	285	ALBYMOL K V	3/13/1991	SAI TRAINING CENTRE, THALASSERY	26.08 Sec
III	552	SINI ALEX	5/20/1992	CENTRALISED SPORTS HOSTEL, KOLLAM	26.3 Sec
IV	928	DIVYA.A.S	5/20/1992	MUNDUR HIGH SCHOOL, MUNDUR	26.6 Sec
V	440	JAIMOL JOSE	1/29/1991	ALPHONSA COLLEGE, PALA	28.54 Sec
VI	291	SHIJISHA A	11/28/1992	SAI TRAINING CENTRE, THALASSERY	30.58 Sec

Section	JUNIOR WOMEN 20	Event :	400m	43	Final
	<i>ANU MARIAM JOSE</i>		<i>MALABAR SPORTS ACADEMY, PULLURAMPARA</i>	<i>56.22 Sec</i>	<i>2008</i>

I	1188	ASWATHI MOHANAN	8/2/1992	USHA SCHOOL OF ATHLETICS	56.02 Sec	NMR
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II	285	ALBYMOL K V	3/13/1991	SAI TRAINING CENTRE, THALASSERY	57.35 Sec	
III	287	ANU PAUL	4/28/1991	SAI TRAINING CENTRE, THALASSERY	57.49 Sec	
IV	441	ANJU K S	7/30/1991	ALPHONSA COLLEGE , PALA	1 Min:1.32 Sec	
V	440	JAIMOL JOSE	1/29/1991	ALPHONSA COLLEGE , PALA	1 Min:5.8 Sec	
Section JUNIOR WOMEN 20		Event :	800m		11	Final
		<i>ANU MARIAM JOSE</i>		<i>MALABAR SPORTS ACADEMY,PULLURAMPARA</i>	<i>2 Min:12.7 Sec</i>	<i>2008</i>
I	182	SINSHA K	5/28/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:21.1 Sec	
II	531	SONIYA P M	2/12/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	2 Min:22.28 Sec	
III	441	ANJU K S	7/30/1991	ALPHONSA COLLEGE , PALA	2 Min:25.64 Sec	
IV	1247	PRIYA T.V	3/23/1992	SNMVHSS, VANNAPPURAM	2 Min:29.33 Sec	
V	534	NIJAMOL JOSEPH	9/25/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	2 Min:31.82 Sec	
VI	784	JOSHLY GEORGE	11/19/1991	MAR BASIL HSS, KOTHAMANGALAM	2 Min:48.15 Sec	
Section JUNIOR WOMEN 20		Event :	1500m		165	Final
		<i>MANJU MATHEW</i>		<i>ALPHONSA COLLEGE,PALA</i>	<i>4 Min:53.88 Sec</i>	<i>2008</i>
I	182	SINSHA K	5/28/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	4 Min:53.89 Sec	
II	531	SONIYA P M	2/12/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	4 Min:55.56 Sec	
III	648	RINCY K THOMAS	4/28/1991	VIMALA COLLEGE, THRISSUR	4 Min:58.74 Sec	
IV	534	NIJAMOL JOSEPH	9/25/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	5 Min:6.7 Sec	
V	1247	PRIYA T.V	3/23/1992	SNMVHSS, VANNAPPURAM	5 Min:13.3 Sec	
Section JUNIOR WOMEN 20		Event :	3000m		34	Final
		<i>REMESWARI M V</i>		<i>PARALI HIGH SCHOOL,PARALI</i>	<i>10 Min:24 Sec</i>	<i>2008</i>
I	648	RINCY K THOMAS	4/28/1991	VIMALA COLLEGE, THRISSUR	11 Min:5 Sec	
II	929	MINI V	7/14/1991	MUNDUR HIGH SCHOOL, MUNDUR	11 Min:13.7 Sec	
III	447	JINTU JOSE	5/1/1991	ALPHONSA COLLEGE , PALA	11 Min:16.4 Sec	
IV	535	REMYA KRISHNAN	9/10/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	11 Min:16.8 Sec	
V	183	RAJANI K	2/9/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	12 Min:21.2 Sec	
Section JUNIOR WOMEN 20		Event :	5000m		115	Final
		<i>DESTY SUNNY</i>		<i>ST. GEORGE,S HSS, KOTHAMANGALAM</i>	<i>19 Min:14.9 Sec</i>	<i>2009</i>
I	330	SOBHA V V	3/28/1992	PARLI HIGH SCHOOL, PARLI	19 Min:.8 Sec	NMR
II	447	JINTU JOSE	5/1/1991	ALPHONSA COLLEGE , PALA	20 Min:2.4 Sec	
III	535	REMYA KRISHNAN	9/10/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	20 Min:39.4 Sec	
Section JUNIOR WOMEN 20		Event :	100mH		54	Final
		<i>DARSHANA M S</i>		<i>USHA SCHOOL OF ATHLETICS</i>	<i>14.6 Sec</i>	<i>2009</i>
I	856	DIVYA PAUL	5/24/1992	SAI TRAINING CENTRE, THRISSUR	15.52 Sec	
II	1287	SYAMA H	1/20/1991	M A COLLEGE, KOTHAMANGALAM	15.94 Sec	
III	226	JULIN CLEETUS	5/22/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	17.1 Sec	
IV	781	TINU.RAJU	1/21/1992	MAR BASIL HSS, KOTHAMANGALAM	19.39 Sec	
Section JUNIOR WOMEN 20		Event :	400mH		126	Final
		<i>SONIYA K A</i>		<i>USHA SCHOOL OF ATHLETICS,KOILANDY</i>	<i>1 Min:3.24 Sec</i>	<i>2008</i>
I	287	ANU PAUL	4/28/1991	SAI TRAINING CENTRE, THALASSERY	1 Min:5.85 Sec	
II	784	JOSHLY GEORGE	11/19/1991	MAR BASIL HSS, KOTHAMANGALAM	1 Min:19.21 Sec	
Section JUNIOR WOMEN 20		Event :	10000m Race Walk		47	Final
		<i>MANJUSHA C A</i>		<i>LNCPE, KARIYAVATTOM</i>	<i>54 Min:57.4 Sec</i>	<i>2005</i>
I	930	JIJIMOL R	5/29/1991	MUNDUR HIGH SCHOOL, MUNDUR	56 Min:31.2 Sec	
II	231	BEKSY SEBASTIAN	5/18/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	56 Min:44.6 Sec	
III	931	REMYAMOL R	5/4/1992	MUNDUR HIGH SCHOOL, MUNDUR	1 Hr:0 Min:44.9 Sec	

Section JUNIOR WOMEN 20 <i>MAYOOKHA JOHNEY</i>			Event : Long Jump	93 6.25 Mts	Final 2008
I	284	NEENA V	5/2/1991 SAI TRAINING CENTRE, THALASSERY	5.73 Mts	
II	217	AMITHA BABY	3/20/1991 M A COLLEGE, KOTHAMANGALAM	5.54 Mts	
III	181	RINTU MATHEW	5/27/1992 ST.GEORGE'S HSS, KOTHAMANGALAM	5.24 Mts	
IV	226	JULIN CLEETUS	5/22/1991 ASSUMPTION COLLEGE, CHANGANACHERRY	5.17 Mts	
V	680	SAVITHA P.S	5/25/1992 SAI STC, LNCPE, THIRUVANANTHAPURAM	5.14 Mts	
VI	1141	SANDHYA C	8/17/1992 IDEAL EHSS , KADAKASSERY	4.31 Mts	
Section JUNIOR WOMEN 20 <i>PRAJUSHA M A</i>			Event : Triple Jump	117 12.81 Mts	Final 2006
I	217	AMITHA BABY	3/20/1991 M A COLLEGE, KOTHAMANGALAM	12.10 Mts	
II	680	SAVITHA P.S	5/25/1992 SAI STC, LNCPE, THIRUVANANTHAPURAM	11.82 Mts	
III	284	NEENA V	5/2/1991 SAI TRAINING CENTRE, THALASSERY	11.53 Mts	
IV	229	ARYADEVI. M	5/26/1991 ASSUMPTION COLLEGE, CHANGANACHERRY	11.35 Mts	
V	181	RINTU MATHEW	5/27/1992 ST.GEORGE'S HSS, KOTHAMANGALAM	10.77 Mts	
Section JUNIOR WOMEN 20 <i>SITHARA T ILLATH</i>			Event : Pole Vault	57 3.15 Mts	Final 2008
I	426	DIJA K C	1/3/1991 JUMPS ACADEMY, PALA	3.20 Mts	NMR
II	1315	MITHUNA K	11/22/1992 CKMHSS, KORUTHODU	2.50 Mts	
III	446	NEETHUMOL P S	12/8/1991 ALPHONSA COLLEGE , PALA	2.20 Mts	
IV	442	REMYA T R	5/22/1991 ALPHONSA COLLEGE , PALA	2 Mts	
Section JUNIOR WOMEN 20 <i>SARANYA J</i>			Event : Shot Put	21 12.27 Mts	Final 2008
I	785	NEENA ELIZABETH BABY	8/23/1992 MAR BASIL HSS, KOTHAMANGALAM	10.64 Mts	
II	592	ANJU PRASAD	9/7/1991 S N COLLEGE, CHERTHALA	10.44 Mts	
III	780	MERLIN THOMAS	3/20/1992 MAR BASIL HSS, KOTHAMANGALAM	10.06 Mts	
IV	448	SUMITHA N	12/1/1990 ALPHONSA COLLEGE , PALA	8.33 Mts	
V	1248	MANJUMA K M	10/13/1991 SNMVHSS, VANNAPPURAM	7.93 Mts	
Section JUNIOR WOMEN 20 <i>ANITHA ABRAHAM</i>			Event : Discus Throw	152 37.98 Mts	Final 2009
I	785	NEENA ELIZABETH BABY	8/23/1992 MAR BASIL HSS, KOTHAMANGALAM	27.88 Mts	
II	592	ANJU PRASAD	9/7/1991 S N COLLEGE, CHERTHALA	26.20 Mts	
III	444	FEBE K JOY	8/4/1991 ALPHONSA COLLEGE , PALA	23.62 Mts	
IV	443	ASWATHY P R	5/5/1991 ALPHONSA COLLEGE , PALA	22.90 Mts	
Section JUNIOR WOMEN 20 <i>BIJI MOHAN</i>			Event : Javelin Throw	96 40.23 Mts	Final 2009
I	593	BIJI MOHAN	5/21/1991 S N COLLEGE, CHERTHALA	38.19 Mts	
II	783	ASHA THOMAS	1/29/1992 MAR BASIL HSS, KOTHAMANGALAM	31.30 Mts	
III	442	REMYA T R	5/22/1991 ALPHONSA COLLEGE , PALA	28.98 Mts	
IV	781	TINU.RAJU	1/21/1992 MAR BASIL HSS, KOTHAMANGALAM	28.93 Mts	
V	928	DIVYA.A.S	5/20/1992 MUNDUR HIGH SCHOOL, MUNDUR	25.21 Mts	
VI	448	SUMITHA N	12/1/1990 ALPHONSA COLLEGE , PALA	23.33 Mts	
Section JUNIOR WOMEN 20 <i>ANITHA ABRAHAM</i>			Event : Hammer Throw	61 43.17 Mts	Final 2009
I	780	MERLIN THOMAS	3/20/1992 MAR BASIL HSS, KOTHAMANGALAM	34.49 Mts	
II	478	AMRUTHA P.S	5/24/1991 MERCY COLLEGE, PALAKKAD	33.55 Mts	

III	446	NEETHUMOL P S	12/8/1991	ALPHONSA COLLEGE , PALA	27.70 Mts	
Section JUNIOR WOMEN 20		Event :	Heptathlon		164	Final
		<i>NIKSY JOSEPH</i>		<i>ASSUMPTION COLLEGE, CHANGANASERRY</i>	<i>4445 Pts</i>	<i>2009</i>
I	477	SILJA JOHNY	5/5/1991	MERCY COLLEGE, PALAKKAD	3517 Pts	
II	681	NATASHA CHACKO	10/16/1991	SAI STC, LNCPE, THIRUVANANTHAPURAM	3376 Pts	
III	782	SIJIMOL P S	2/6/1992	MAR BASIL HSS, KOTHAMANGALAM	3096 Pts	
Section JUNIOR WOMEN 20		Event :	4x100m Relay		104	Final
		<i>JYOTHI E S, BEEVI RAJAN, SARANYA A K, REMALPHONSA COLLEGE, PALA</i>			<i>49.5 Sec</i>	<i>2004</i>
I			L	SAI TRAINING CENTRE, THALASSERY	50.57 Sec	
	284	NEENA V	5/2/1991			
	285	ALBYMOL K V	3/13/1991			
	287	ANU PAUL	4/28/1991			
	291	SHIJISHA A	11/28/1992			
II			G	ASSUMPTION COLLEGE, CHANGANACHERRY	51.16 Sec	
	225	MONISHA MOHANDAS	8/2/1991			
	226	JULIN CLEETUS	5/22/1991			
	229	ARYADEVI. M	5/26/1991			
	230	SINDYAMOL C S	5/31/1992			
III			O	MAR BASIL HSS, KOTHAMANGALAM	57.58 Sec	
	781	TINU.RAJU	1/21/1992			
	782	SIJIMOL P S	2/6/1992			
	784	JOSHLY GEORGE	11/19/1991			
	1335	JEENA RAJAN	3/10/1995			
Section JUNIOR WOMEN 20		Event :	4x400m Relay		171	Final
				<i>ASSUMPTION COLLEGE, CHANGANASERRY</i>	<i>4 Min:1.42 Sec</i>	<i>2008</i>
I			D	ALPHONSA COLLEGE , PALA	4 Min:24.81 Sec	
	440	JAIMOL JOSE	1/29/1991			
	441	ANJU K S	7/30/1991			
	446	NEETHUMOL P S	12/8/1991			
	447	JINTU JOSE	5/1/1991			
II			O	MAR BASIL HSS, KOTHAMANGALAM	4 Min:58.42 Sec	
	781	TINU.RAJU	1/21/1992			
	782	SIJIMOL P S	2/6/1992			
	784	JOSHLY GEORGE	11/19/1991			
	1335	JEENA RAJAN	3/10/1995			
Section JUNIOR WOMEN 20		Event :	3000m Steeple Chase		154	Final
I	330	SOBHA V V	3/28/1992	PARLI HIGH SCHOOL, PARLI	12 Min:2.73 Sec	NMR
II	532	RIYA THOMAS	5/20/1992	CENTRALISED SPORTS HOSTEL, KOTTAYAM	12 Min:36.33 Sec	
III	1206	CHINNU SUNNY	1/20/1992	MALABAR SPORTS ACADEMY , PULLURAMPARA	14 Min:21.14 Sec	

Section WOMEN		Event :	100m		85	Final
		<i>BEEVI RAJAN</i>		<i>SAI, STC LNCPE, TRIVANDRUM</i>	<i>12.05 Sec</i>	<i>2008</i>
I	1186	SHILPA C	11/16/1990	USHA SCHOOL OF ATHLETICS	12.1 Sec	
II	232	SHAMNA MUHAMMED	7/11/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	12.3 Sec	
III	452	NEETHU RAJAN	5/31/1988	ALPHONSA COLLEGE , PALA	12.33 Sec	
IV	556	VIJI VIJAYAN	12/20/1990	CENTRALISED SPORTS HOSTEL, KOLLAM	12.34 Sec	
V	290	BINDHU B	1/2/1900	SAI TRAINING CENTRE, THALASSERY	12.88 Sec	
VI	234	RADHIKA K R	6/10/1987	ASSUMPTION COLLEGE, CHANGANACHERRY	13.14 Sec	
Section WOMEN		Event :	200m		147	Final
		<i>BINDHU B</i>		<i>SAI, THALASSERY</i>	<i>24.99 Sec</i>	<i>2008</i>

I	1186	SHILPA C	11/16/1990	USHA SCHOOL OF ATHLETICS	25.1 Sec	
II	233	INDULEKHA E M	5/30/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	25.65 Sec	
III	232	SHAMNA MUHAMMED	7/11/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	25.99 Sec	
IV	290	BINDHU B	1/2/1900	SAI TRAINING CENTRE, THALASSERY	26.55 Sec	
Section WOMEN			Event :	400m	41	Final
		<i>TINTU LUKA</i>		<i>USHA SCHOOL OF ATHLETICS</i>	<i>54.3 Sec</i>	<i>2009</i>
I	233	INDULEKHA E M	5/30/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	57.08 Sec	
II	289	NEETHUMOL P. MATHEW	5/25/1990	SAI TRAINING CENTRE, THALASSERY	57.4 Sec	
III	558	STEPHY ABRAHAM	6/28/1990	CENTRALISED SPORTS HOSTEL, KOLLAM	1 Min:1.64 Sec	
Section WOMEN			Event :	800m	6	Final
		<i>TINTU LUKA</i>		<i>USHA SCHOOL OF ATHLETICS</i>	<i>2 Min:4.8 Sec</i>	<i>2009</i>
I	238	ASMA BEEVI M A	6/9/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	2 Min:19 Sec	
II	236	JOMY JOSE	3/9/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	2 Min:20.7 Sec	
III	645	SURYAMOL.P.M	5/15/1990	VIMALA COLLEGE, THRISSUR	2 Min:21.89 Sec	
IV	456	KARTHIKA MOHANAN	3/3/1990	ALPHONSA COLLEGE , PALA	2 Min:27.68 Sec	
V	555	BETTY JOSEPH	3/31/1989	CENTRALISED SPORTS HOSTEL, KOLLAM	2 Min:28.9 Sec	
Section WOMEN			Event :	1500m	167	Final
		<i>ANJU K K</i>		<i>VIMALA COLLEGE,THRISSUR</i>	<i>4 Min:52.4 Sec</i>	<i>2009</i>
I	457	NEETHU M V	11/4/1990	ALPHONSA COLLEGE , PALA	4 Min:42.55 Sec	NMR
II	479	PRAMEELA C.RAJAGOPALAN	11/5/1989	MERCY COLLEGE, PALAKKAD	4 Min:43.79 Sec	BMR
III	238	ASMA BEEVI M A	6/9/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	4 Min:46.87 Sec	BMR
IV	555	BETTY JOSEPH	3/31/1989	CENTRALISED SPORTS HOSTEL, KOLLAM	5 Min:15.29 Sec	
V	456	KARTHIKA MOHANAN	3/3/1990	ALPHONSA COLLEGE , PALA	5 Min:19.21 Sec	
Section WOMEN			Event :	5000m	32	Final
		<i>REMESWARI M V</i>		<i>MERCY COLLEGE, PALAKKAD</i>	<i>18 Min:16 Sec</i>	<i>2009</i>
I	292	SUKANYA.V.S.	10/12/1990	NSS COLLEGE, OTTAPPALAM	19 Min:14.72 Sec	
II	554	SHEEBA D	5/29/1987	CENTRALISED SPORTS HOSTEL, KOLLAM	19 Min:16.63 Sec	
III	457	NEETHU M V	11/4/1990	ALPHONSA COLLEGE , PALA	19 Min:39.08 Sec	
IV	240	PRINCY CHACKO	8/4/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	19 Min:57.62 Sec	
V	1185	RESNA N. M	12/24/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	20 Min:42.39 Sec	
VI	458	SINIMOL P M	2/15/1985	ALPHONSA COLLEGE , PALA	21 Min:24.71 Sec	
Section WOMEN			Event :	10000m	109	Final
		<i>SHEEBA D</i>		<i>CENTRALIZED HOSTEL,KOLLAM</i>	<i>40 Min:55.8 Sec</i>	<i>2009</i>
I	292	SUKANYA.V.S.	10/12/1990	NSS COLLEGE, OTTAPPALAM	39 Min:34.71 Sec	NMR
II	554	SHEEBA D	5/29/1987	CENTRALISED SPORTS HOSTEL, KOLLAM	39 Min:49.01 Sec	BMR
III	1185	RESNA N. M	12/24/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	41 Min:30.54 Sec	
IV	458	SINIMOL P M	2/15/1985	ALPHONSA COLLEGE , PALA	44 Min:25 Sec	
V	218	SOUMYA O A	1/2/1900	M A COLLEGE, KOTHAMANGALAM	44 Min:48.48 Sec	
Section WOMEN			Event :	100mH	53	Final
		<i>JOJIMOL JOSEPH</i>		<i>ALPHONSA COLLEGE, PALA</i>	<i>14.7 Sec</i>	<i>2009</i>
I	453	JOJIMOL JOSEPH	8/26/1987	ALPHONSA COLLEGE , PALA	15.34 Sec	
II	243	JYOTHI KRISHNA	7/9/1992	ASSUMPTION COLLEGE, CHANGANACHERRY	15.98 Sec	
III	257	ASHA P J	5/7/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	16.84 Sec	
IV	454	JASEENA U	2/9/1989	ALPHONSA COLLEGE , PALA	17.06 Sec	
Section WOMEN			Event :	400mH	128	Final
		<i>GEETHA ROBY</i>		<i>SAI, STC LNCPE,TRIVANDRUM</i>	<i>1 Min:3.3 Sec</i>	<i>2009</i>
I	453	JOJIMOL JOSEPH	8/26/1987	ALPHONSA COLLEGE , PALA	1 Min:3.1 Sec	NMR
II	289	NEETHUMOL P. MATHEW	5/25/1990	SAI TRAINING CENTRE, THALASSERY	1 Min:3.11 Sec	BMR
III	244	NOYAL SURENDRAN	5/31/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	1 Min:7.54 Sec	
IV	245	PRIYA C	9/11/1988	ASSUMPTION COLLEGE, CHANGANACHERRY	1 Min:9.75 Sec	
V	558	STEPHY ABRAHAM	6/28/1990	CENTRALISED SPORTS HOSTEL, KOLLAM	1 Min:10.62 Sec	

VI	454	JASEENA U	2/9/1989	ALPHONSA COLLEGE , PALA	1 Min:10.81 Sec	
Section WOMEN			Event :	Long Jump	22	Final
		MAYOOKHA JOHNY		SAI, THALASSERRY	6.17 Mts	2008
I	288	MEREENA JOSEPH	11/27/1989	SAI TRAINING CENTRE, THALASSERY	5.54 Mts	
II	246	NEETHUMOL BOSE	2/10/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	5.34 Mts	
III	464	SREEDURGA .C	5/21/1991	ALPHONSA COLLEGE , PALA	5.32 Mts	
IV	247	SOUMYA JACOB	1/8/1988	ASSUMPTION COLLEGE, CHANGANACHERRY	5.18 Mts	
Section WOMEN			Event :	High Jump	146	Final
		TESSYMOL JOSEPH		SAI, STC LNCPE, TRIVANDRUM	1.76 Mts	2008
I	248	N D TINTU	5/11/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	1.60 Mts	
II	462	RENUKAMOL V G	8/18/1990	ALPHONSA COLLEGE , PALA	1.50 Mts	
III	463	LEEDA MOHANAN	3/18/1988	ALPHONSA COLLEGE , PALA	1.45 Mts	
Section WOMEN			Event :	Triple Jump	151	Final
		MAYOOKHA JOHNY		SAI, THALASSERRY	13.22 Mts	2008
I	288	MEREENA JOSEPH	11/27/1989	SAI TRAINING CENTRE, THALASSERY	12.68 Mts	
II	464	SREEDURGA .C	5/21/1991	ALPHONSA COLLEGE , PALA	12 Mts	
III	435	ALKA CHIKILI A P	11/19/1987	H S S , MAYYANAD, KOLLAM	11.99 Mts	
IV	246	NEETHUMOL BOSE	2/10/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	11.68 Mts	
V	247	SOUMYA JACOB	1/8/1988	ASSUMPTION COLLEGE, CHANGANACHERRY	11.54 Mts	
Section WOMEN			Event :	Pole Vault	58	Final
		JISHA R		ALPHONSA COLLEGE, PALA	3.05 Mts	2008
I	249	ANJU BENNY	6/10/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	3.10 Mts	NMR
I	250	ANOOSHA K K	4/5/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	3.10 Mts	NMR
III	644	ANUSHA K P	4/5/1990	VIMALA COLLEGE, THRISSUR	3 Mts	
Section WOMEN			Event :	Shot Put	23	Final
		RAJASREE R L		MERCY COLLEGE , PALAKKAD	12.08 Mts	2008
I	594	SARANYA J	5/10/1990	S N COLLEGE, CHERTHALA	11.30 Mts	
II	251	RAJASREE R.L	5/4/1984	ASSUMPTION COLLEGE, CHANGANACHERRY	10.84 Mts	
III	465	SOUMYA MOL M D	10/22/1987	ALPHONSA COLLEGE , PALA	9.85 Mts	
IV	469	NEETHU JOSEPH	5/26/2009	ALPHONSA COLLEGE , PALA	9.65 Mts	
V	253	TONIYA CHACKO	1/2/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	9.35 Mts	
Section WOMEN			Event :	Discus Throw	8	Final
		ANITHA ABRAHAM		M A COLLEGE, KOTHAMANGALAM	35.62 Mts	2009
I	253	TONIYA CHACKO	1/2/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	30.23 Mts	
II	469	NEETHU JOSEPH	5/26/2009	ALPHONSA COLLEGE , PALA	28.25 Mts	
III	594	SARANYA J	5/10/1990	S N COLLEGE, CHERTHALA	23.78 Mts	
Section WOMEN			Event :	Javelin Throw	95	Final
		FATHIMA K		MERCY COLLEGE, PALAKKAD	35.22 Mts	2008
I	465	SOUMYA MOL M D	10/22/1987	ALPHONSA COLLEGE , PALA	33.88 Mts	
II	254	SHAREEJA N. V	1/30/1987	ASSUMPTION COLLEGE, CHANGANACHERRY	31.95 Mts	
III	250	ANOOSHA K K	4/5/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	30.11 Mts	
IV	1068	LILLY ELDBHOSE	8/19/1989	CPE, CALICUT UNIVERSITY	28.90 Mts	
Section WOMEN			Event :	Hammer Throw	59	Final
		ANITHA ABRAHAM		M A COLLEGE, KOTHAMANGALAM	44.27 Mts	2008
I	255	ANU MARY THOMAS	1/3/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	35.91 Mts	
II	256	NAVEENA SEBASTIAN	5/3/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	35.32 Mts	
III	269	REMYA MOHANAN	5/17/1992	ST.THERESA'S CLUB, CHANGANACHERRY	7.55 Mts	

Section WOMEN			Event :	Heptathlon	163	Final
<i>SHINIMOLE M P</i>			<i>SAI,STC LNCPE,TRIVANDRUM</i>		4870 Pts	2008
I	257	ASHA P J	5/7/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	3694 Pts	
II	260	LIJITHA V THOMAS	5/15/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	3366 Pts	
III	263	ANUSREE T K	3/4/1992	ST.THERESA'S CLUB, CHANGANACHERRY	2343 Pts	
Section WOMEN			Event :	4x100m Relay	105	Final
BINDHU B, SAUMYA MOHAN, MAYOOKHA			SAI,THALASSERRY		47.72 Sec	2008
I			G	ASSUMPTION COLLEGE, CHANGANACHERRY	49.32 Sec	
	232	SHAMNA MUHAMMED	7/11/1989			
	233	INDULEKHA E M	5/30/1990			
	234	RADHIKA K R	6/10/1987			
	246	NEETHUMOL BOSE	2/10/1991			
II			L	SAI TRAINING CENTRE, THALASSERY	49.44 Sec	
	286	SANITHA SABU	12/8/1990			
	288	MEREENA JOSEPH	11/27/1989			
	289	NEETHUMOL P. MATHEW	5/25/1990			
	290	BINDHU B	1/2/1900			
III			D	ALPHONSA COLLEGE , PALA	52.29 Sec	
	452	NEETHU RAJAN	5/31/1988			
	453	JOJIMOL JOSEPH	8/26/1987			
	464	SREEDURGA .C	5/21/1991			
Section WOMEN			Event :	4x400m Relay	172	Final
PRIYA C, LEENA CHERIYAN, SUSAN K JOY,			ASSUMPTION COLLEGE, CHANGANASERRY		3 Min:53.71 Sec	2008
I			G	ASSUMPTION COLLEGE, CHANGANACHERRY	4 Min:6.53 Sec	
	235	NEETHU MATHEW	5/20/1990			
	236	JOMY JOSE	3/9/1990			
	244	NOYAL SURENDRAN	5/31/1990			
	245	PRIYA C	9/11/1988			
II			D	ALPHONSA COLLEGE , PALA	4 Min:19.97 Sec	
	455	SALINI THOMAS	12/16/1989			
	456	KARTHIKA MOHANAN	3/3/1990			
	457	NEETHU M V	11/4/1990			
	459	AN MARY JOSE	11/8/1988			
Section WOMEN			Event :	2000m RW	111	Final
<i>SANDHYA V S</i>			<i>PARALI HIGH SCHOOL,PARALI</i>		2 Hr:0 Min:58 Sec	2008
I	320	MEESHMA.K.M.	6/24/1992	PARLI HIGH SCHOOL, PARLI	1 Hr:53 Min:40.4 Se	NMR
II	319	SANDHYA V S	4/30/1990	PARLI HIGH SCHOOL, PARLI	2 Hr:0 Min:42.1 Sec	BMR
III	241	RENUKA P	5/25/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	2 Hr:8 Min:29.8 Sec	
IV	242	RENJU U	5/16/1989	ASSUMPTION COLLEGE, CHANGANACHERRY	2 Hr:14 Min:6.7 Sec	
V	1069	BLESSY M B	9/16/1989	CPE, CALICUT UNIVERSITY	2 Hr:25 Min:9.2 Sec	
Section WOMEN			Event :	3000m Steeple Chase	153	Final
<i>REMESWARI M V</i>			<i>MERCY COLLEGE, PALAKKAD</i>		11 Min:52.8 Sec	2009
I	318	REMESWARI. M.V.	5/25/1989	PARLI HIGH SCHOOL, PARLI	11 Min:48.37 Sec	NMR
II	240	PRINCY CHACKO	8/4/1990	ASSUMPTION COLLEGE, CHANGANACHERRY	12 Min:26.08 Sec	
III	239	DESTY SUNNY	1/5/1991	ASSUMPTION COLLEGE, CHANGANACHERRY	12 Min:27.39 Sec	
IV	460	PREETHY N N	8/15/1990	ALPHONSA COLLEGE , PALA	14 Min:18.71 Sec	

Section BOYS UNDER 14 <i>ABDU SAMAD K M</i>			Event : 100m <i>SAI TRAINING CENTRE, THRISSUR</i>	74 <i>11.8 Sec</i>	Final <i>2009</i>
I	597	ABDULLA MAJEED	11/26/1996	KALLADI HSS, KUMARMAPUTHUR	12.15 Sec
II	108	RIJIN JOSE	4/8/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	12.59 Sec
III	102	JISHNU BHASKARAN	6/27/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	12.86 Sec
IV	1155	SREEJITH T P	10/13/1996	ST. PETER'S HSS, KURUMPANADOM	12.87 Sec
V	1160	THEJAS A	3/13/1997	YOUNGSTERS CLUB, CHITTUR	12.95 Sec
VI	708	DARVIN FIRST G S	8/13/1997	MAR BASIL HSS, KOTHAMANGALAM	13.02 Sec
Section BOYS UNDER 14 <i>BICHU JOSEPH</i>			Event : Long Jump <i>SAI, THRISSUR</i>	52 <i>6.25 Mts</i>	Final <i>2009</i>
I	108	RIJIN JOSE	4/8/1997	ST.GEORGE'S HSS, KOTHAMANGALAM	5.73 Mts
II	1160	THEJAS A	3/13/1997	YOUNGSTERS CLUB, CHITTUR	4.98 Mts
III	632	AJAY TITUS	11/4/1996	LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	4.65 Mts
IV	862	MUHAMMAD MUFIANS	2/14/1998	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	4.41 Mts
V	710	AMAL SHAIJU	1/15/1997	MAR BASIL HSS, KOTHAMANGALAM	4.30 Mts
VI	492	DINU A PILLAI	4/2/1998	CENTRALISED SPORTS HOSTEL, KOTTAYAM	4.26 Mts
Section BOYS UNDER 14 <i>MOHAMMED FAAZ K P</i>			Event : High Jump <i>SAI, THRISSUR</i>	72 <i>1.66 Mts</i>	Final <i>2009</i>
I	1154	MONU B P	10/2/1996	ST. PETER'S HSS, KURUMPANADOM	1.58 Mts
I	1021	JIKKY A JOHN	10/10/1996	JESSE OWENS ATHLETIC CLUB, MARARIKULAM	1.58 Mts
III	484	MAYMON POULOSE	5/1/1997	CSH SPORTS ACADEMY, PANAMPILLYNAGAR, ERN	1.51 Mts
IV	1243	YAHIIYA O S	11/14/1996	SNMVHSS, VANNAPPURAM	1.40 Mts
V	1299	ELDHO REJI	8/7/1996	MAR STEPHEN VHSS, VALAKOM	1.35 Mts
V	709	BIBIN GEORGE	2/19/1998	MAR BASIL HSS, KOTHAMANGALAM	1.35 Mts
Section BOYS UNDER 14 <i>NIKHIL NEETHIN</i>			Event : Shot Put <i>KALLADI HSS,KALADI ,PALAKKAD</i>	64 <i>13.26 Mts</i>	Final <i>2009</i>
I	596	AMJITH K	5/7/1997	KALLADI HSS, KUMARMAPUTHUR	10.95 Mts
II	1331	ANOOP K R	12/10/1996	MAR BASIL HSS, KOTHAMANGALAM	10.43 Mts
III	1332	SAM CHARLY	5/4/1997	MAR BASIL HSS, KOTHAMANGALAM	10.20 Mts
IV	1301	MANU MOHAN	3/7/1996	MAR STEPHEN VHSS, VALAKOM	9.85 Mts
V	654	ANURAJ T	5/7/1997	SAI STC, LNCPE, THIRUVANANTHAPURAM	9.27 Mts
VI	491	BESTIEN SEBASTIAN	11/12/1996	CENTRALISED SPORTS HOSTEL, KOTTAYAM	8.65 Mts
Section BOYS UNDER 14 <i>MANIK BISWAS,BIJO THOMAS,NIKHIL SOMAN</i>			Event : 4x100m Relay <i>LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPILLY</i>	102 <i>49.7 Sec</i>	Final <i>2009</i>
I			T	ST.GEORGE'S HSS, KOTHAMANGALAM	50.26 Sec
	101	ANILASH BALAN	3/7/1997		
	102	JISHNU BHASKARAN	6/27/1997		
	104	SAMUEL R	2/18/1997		
	108	RIJIN JOSE	4/8/1997		
II			B	MAR STEPHEN VHSS, VALAKOM	54.52 Sec
	1299	ELDHO REJI	8/7/1996		
	1300	ELDHO MATHEW	8/4/1996		
	1301	MANU MOHAN	3/7/1996		
	1302	ANOOP T BINOY	7/1/1996		
III			R	CENTRALISED SPORTS HOSTEL, KOTTAYAM	55.67 Sec
	490	ANANDU J	6/12/1997		
	491	BESTIEN SEBASTIAN	11/12/1996		
	492	DINU A PILLAI	4/2/1998		
	494	SAJITH MARTIN	12/13/1996		

Section BOYS UNDER 14 <i>JITHIN JAYAKUMAR</i>			Event : Triathlon <i>SAI ,STC,TRIVANDRUM</i>	20 <i>2322 Pts</i>	Final <i>2004</i>
I	101	ANILASH BALAN	3/7/1997 ST.GEORGE'S HSS, KOTHAMANGALAM	1463 Pts	
II	1155	SREEJITH T P	10/13/1996 ST. PETER'S HSS, KURUMPANADOM	1305 Pts	
III	1154	MONU B P	10/2/1996 ST. PETER'S HSS, KURUMPANADOM	1160 Pts	
IV	491	BESTIEN SEBASTIAN	11/12/1996 CENTRALISED SPORTS HOSTEL, KOTTAYAM	1035 Pts	
V	632	AJAY TITUS	11/4/1996 LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	1029 Pts	
VI	484	MAYMON POULOSE	5/1/1997 CSH SPORTS ACADEMY, PANAMPILLYNAGAR, ERN	1016 Pts	
Section BOYS UNDER 14			Event : 600m	157	Final
I	101	ANILASH BALAN	3/7/1997 ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:29.22 Sec	NMR
II	104	SAMUEL R	2/18/1997 ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:32.37 Sec	
III	898	ABIHIJTH P L	4/4/1997 MUNDUR HIGH SCHOOL, MUNDUR	1 Min:33.5 Sec	
IV	295	NASEEL CHEEMADAN	4/30/1997 CENTRALISED SPORTS HOSTEL, WAYANAD	1 Min:37.12 Sec	
V	1243	YAHIIYA O S	11/14/1996 SNMVHSS, VANNAPPURAM	1 Min:41.18 Sec	
VI	1125	MOHAMMED SALMAN O	1/4/1997 IDEAL EHSS , KADAKASSERY	1 Min:41.84 Sec	
Section BOYS UNDER 16 <i>SREERAJ M M</i>			Event : 100m <i>MAR BASIL HSS,KOTHAMANGALAM</i>	78 <i>11.2 Sec</i>	Final <i>2009</i>
I	1150	JIJIN VIJAYAN	10/15/1994 ST. PETER'S HSS, KURUMPANADOM	11.3 Sec	
II	850	ABDU SAMAD K.M	12/24/1995 SAI TRAINING CENTRE, THRISSUR	11.35 Sec	
III	1324	LIKHIN.S	12/24/1994 ST.GORETTI HSS, PUNALUR	11.46 Sec	
IV	374	ANOOP .A .U	3/27/1995 SAI TRAINING CENTRE, KOLLAM	11.72 Sec	
V	768	JERIS M JOSE	11/12/1994 MAR BASIL HSS, KOTHAMANGALAM	11.75 Sec	
VI	943	MOHAMMED WASHEEF ALI	4/1/1996 SAI TRAINING CENTRE, CALICUT	12.05 Sec	
Section BOYS UNDER 16 <i>BICHU JOSEPH</i>			Event : 200m <i>SAI, THRISSUR</i>	136 <i>23.05 Sec</i>	Final <i>2008</i>
I	849	KARTHIK K	5/15/1995 SAI TRAINING CENTRE, THRISSUR	23.64 Sec	
II	600	UNAIS A K	5/1/1995 KALLADI HSS, KUMARMAPUTHUR	23.74 Sec	
III	394	SALBIN JOSEPH	3/13/1996 GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	23.92 Sec	
IV	117	AKHIL ANTONY	9/9/1994 ST.GEORGE'S HSS, KOTHAMANGALAM	24.41 Sec	
V	112	ANAND RAJ	2/10/1996 ST.GEORGE'S HSS, KOTHAMANGALAM	24.59 Sec	
VI	374	ANOOP .A .U	3/27/1995 SAI TRAINING CENTRE, KOLLAM	24.74 Sec	
Section BOYS UNDER 16 <i>SUNIL SEBASTIAN</i>			Event : 300m <i>NSS HSS, CHANGANASERRY</i>	40 <i>37.89 Sec</i>	Final <i>2006</i>
I	500	BIJO THOMAS	6/21/1995 CENTRALISED SPORTS HOSTEL, KOTTAYAM	38.18 Sec	
II	118	SUDHEESH RAJAPPAN	9/23/1995 ST.GEORGE'S HSS, KOTHAMANGALAM	38.84 Sec	
III	498	VIDYASAGAR K R	4/11/1995 CENTRALISED SPORTS HOSTEL, KOTTAYAM	38.9 Sec	
IV	1167	SIBIN JOY	2/10/1995 MAHS, THURAVOOR	39.47 Sec	
V	634	VINU MOHAN	4/16/1995 LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	39.77 Sec	
VI	111	ANAS BABU E B	10/9/1995 ST.GEORGE'S HSS, KOTHAMANGALAM	40.57 Sec	
Section BOYS UNDER 16 <i>SAWNTHAR RAJ T</i>			Event : 400m <i>ST.GEORGE HSS, KOTHAMANGALAM</i>	91 <i>51.55 Sec</i>	Final <i>2008</i>
I	849	KARTHIK K	5/15/1995 SAI TRAINING CENTRE, THRISSUR	51.69 Sec	
II	1235	SANDHU SUKUMARAN	11/15/1995 SNMVHSS, VANNAPPURAM	52.62 Sec	
III	394	SALBIN JOSEPH	3/13/1996 GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	53.45 Sec	
IV	1128	AHAMMED KABEER K V	3/15/1995 IDEAL EHSS , KADAKASSERY	54.4 Sec	
V	110	RITTO JOSEPH	3/26/1995 ST.GEORGE'S HSS, KOTHAMANGALAM	54.75 Sec	

VI	498	VIDYASAGAR K R	4/11/1995	CENTRALISED SPORTS HOSTEL, KOTTAYAM	55.38 Sec	
Section BOYS UNDER 16			Event :	800m	16	Final
		<i>JIJOMON F</i>			<i>1 Min:58.08 Sec</i>	<i>2008</i>
I	300	RAHILRAJ M R	11/10/1994	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:1.98 Sec	
II	599	MANSOOR ALI T M	3/11/1995	KALLADI HSS, KUMARMAPUTHUR	2 Min:5.27 Sec	
III	301	MANI P V	5/5/1995	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:6.24 Sec	
IV	1128	AHAMMED KABEER K V	3/15/1995	IDEAL EHSS , KADAKASSERY	2 Min:7.61 Sec	
V	1235	SANDHU SUKUMARAN	11/15/1995	SNMVHSS, VANNAPPURAM	2 Min:12.37 Sec	
VI	731	VINU P SAJAN	4/16/1996	MAR BASIL HSS, KOTHAMANGALAM	2 Min:13.11 Sec	
Section BOYS UNDER 16			Event :	1000 Meters	158	Final
I	300	RAHILRAJ M R	11/10/1994	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:36.56 Sec	NMR
II	656	TWINKLE TOMY	11/16/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	2 Min:39.96 Sec	
III	314	MOHAMMED AFSAL P	2/3/1996	PARLI HIGH SCHOOL, PARLI	2 Min:40.59 Sec	
IV	301	MANI P V	5/5/1995	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:43.4 Sec	
V	1239	ANAND K MADHU	1/15/1995	SNMVHSS, VANNAPPURAM	2 Min:50.16 Sec	
VI	1240	SUJITH S NAIR	4/7/1995	SNMVHSS, VANNAPPURAM	2 Min:54.44 Sec	
Section BOYS UNDER 16			Event :	3000m	37	Final
		<i>AMAL THOMAS</i>			<i>9 Min:53.3 Sec</i>	<i>2009</i>
I	314	MOHAMMED AFSAL P	2/3/1996	PARLI HIGH SCHOOL, PARLI	9 Min:20.45 Sec	NMR
II	656	TWINKLE TOMY	11/16/1995	SAI STC, LNCPE, THIRUVANANTHAPURAM	9 Min:21.77 Sec	BMR
III	1240	SUJITH S NAIR	4/7/1995	SNMVHSS, VANNAPPURAM	9 Min:55.41 Sec	
IV	1239	ANAND K MADHU	1/15/1995	SNMVHSS, VANNAPPURAM	9 Min:55.66 Sec	
V	1156	AKHIL P JAMES	10/28/1994	ST.THOMAS H S KOORACHUND	10 Min:45.87 Sec	
VI	731	VINU P SAJAN	4/16/1996	MAR BASIL HSS, KOTHAMANGALAM	10 Min:48.21 Sec	
Section BOYS UNDER 16			Event :	100mH	70	Final
		<i>DILEEP VENUGOPAL</i>			<i>14.6 Sec</i>	<i>2005</i>
I	109	NASIMUDHEEN M N	1/15/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	14.46 Sec	NMR
II	1092	AJESH P V	4/8/1995	ATHLETIC ACADEMY , THIRUNELLY	14.96 Sec	
III	945	AVINASH K.	5/24/1995	SAI TRAINING CENTRE, CALICUT	15.16 Sec	
IV	1126	JISHAD E P	4/1/1995	IDEAL EHSS , KADAKASSERY	15.7 Sec	
V	813	ASWIN JAYACHANDRAN	5/26/1995	MAR BASIL HSS, KOTHAMANGALAM	16.85 Sec	
VI	111	ANAS BABU E B	10/9/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	17.23 Sec	
Section BOYS UNDER 16			Event :	5000m Race Walk	48	Final
		<i>LITTISH JOSEPH</i>			<i>24 Min:59.7 Sec</i>	<i>2008</i>
I	1127	HARIS RAHMAN E	6/15/1995	IDEAL EHSS , KADAKASSERY	28 Min:.1 Sec	
II	1277	SARATH VIJAYAN	5/8/1995	GHSS, MEENANGADI	28 Min:3.5 Sec	
III	901	JISHNU R	3/23/1995	MUNDUR HIGH SCHOOL, MUNDUR	28 Min:7.8 Sec	
IV	904	AJITH M R	12/10/1995	MUNDUR HIGH SCHOOL, MUNDUR	28 Min:58.6 Sec	
V	741	GINU THANKAPPAN	10/27/1995	MAR BASIL HSS, KOTHAMANGALAM	29 Min:22 Sec	
VI	1157	JITHU VARGHESE	10/28/1995	ST.THOMAS H S KOORACHUND	30 Min:59.7 Sec	
Section BOYS UNDER 16			Event :	Long Jump	1	Final
		<i>ANOOP P K</i>			<i>6.70 Mts</i>	<i>2004</i>
I	1150	JIJIN VIJAYAN	10/15/1994	ST. PETER'S HSS, KURUMPANADOM	6.69 Mts	
II	866	JINU DEV E S	3/30/1995	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	6.10 Mts	
III	850	ABDU SAMAD K.M	12/24/1995	SAI TRAINING CENTRE, THRISSUR	6.01 Mts	
IV	635	ARUN D. RAJ	11/27/1995	LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	5.94 Mts	
V	739	SUDEESH A	5/20/1996	MAR BASIL HSS, KOTHAMANGALAM	5.56 Mts	

VI	768	JERIS M JOSE	11/12/1994	MAR BASIL HSS, KOTHAMANGALAM	5.51 Mts	
Section BOYS UNDER 16		Event :	High Jump	30	Final	
		<i>JITHIN C THOMAS</i>		<i>G V RAJA SPORTS SCHOOL, TRIVANDRUM</i>	<i>1.89 Mts</i>	<i>2005</i>
I	1020	MOHAMMED FAAZ K P	3/10/1996	JESSE OWENS ATHLETIC CLUB, MARARIKULAM	1.79 Mts	
II	1236	GIJO M KURIAN	10/25/1995	SNMVHSS, VANNAPPURAM	1.73 Mts	
III	1293	VINAYAK VIJAYAN	10/12/1994	MAR STEPHEN VHSS, VALAKOM	1.70 Mts	
IV	315	ASWAN V V	3/26/1996	PARLI HIGH SCHOOL, PARLI	1.70 Mts	
V	732	SUNLAL M V	12/29/1995	MAR BASIL HSS, KOTHAMANGALAM	1.61 Mts	
VI	1132	MOHAMMED SAVAD M K	3/9/1995	IDEAL EHSS , KADAKASSERY	1.55 Mts	
Section BOYS UNDER 16		Event :	Shot Put	80	Final	
		<i>RAHUL RATHEESH</i>		<i>GRAMIN SPORTS ACADEMY, CHAKKITTAPARA, KOZHICK</i>	<i>13.04 Mts</i>	<i>2009</i>
I	601	NIKHIL NEETHIN	6/28/1996	KALLADI HSS, KUMARMAPUTHUR	12.61 Mts	
II	116	RAHUL S KUMAR	4/25/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	12.58 Mts	
III	113	AKASH K LAL	9/11/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	10.06 Mts	
IV	744	SHANKAR C T	2/28/1996	MAR BASIL HSS, KOTHAMANGALAM	9.94 Mts	
V	972	NITHIN VARGHESE	11/14/1994	IJMHSS, KOTTIYOOR	9.71 Mts	
VI	1295	SHABDHAROOPAN	7/29/1994	MAR STEPHEN VHSS, VALAKOM	9 Mts	
Section BOYS UNDER 16		Event :	Discus Throw	3	Final	
		<i>IJAS I</i>		<i>MAR BASIL HSS, KOTHAMANGALAM</i>	<i>38.98 Mts</i>	<i>2009</i>
I	1132	MOHAMMED SAVAD M K	3/9/1995	IDEAL EHSS , KADAKASSERY	32.94 Mts	
II	734	ARUN THANKACHAN	5/18/1995	MAR BASIL HSS, KOTHAMANGALAM	31.76 Mts	
III	601	NIKHIL NEETHIN	6/28/1996	KALLADI HSS, KUMARMAPUTHUR	31.18 Mts	
IV	116	RAHUL S KUMAR	4/25/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	29.72 Mts	
V	744	SHANKAR C T	2/28/1996	MAR BASIL HSS, KOTHAMANGALAM	25.86 Mts	
VI	113	AKASH K LAL	9/11/1995	ST.GEORGE'S HSS, KOTHAMANGALAM	23.88 Mts	
Section BOYS UNDER 16		Event :	Javelin Throw	17	Final	
		<i>SYAM KUMAR M</i>		<i>PARALI HSS, PARALI</i>	<i>48.88 Mts</i>	<i>2004</i>
I	115	TONY MATHEW K	11/30/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	51.14 Mts	NMR
II	873	DEEPAK P	9/11/1995	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	47.72 Mts	
III	972	NITHIN VARGHESE	11/14/1994	IJMHSS, KOTTIYOOR	38.43 Mts	
IV	501	SHARON RAJ	1/27/1995	CENTRALISED SPORTS HOSTEL, KOTTAYAM	32.67 Mts	
V	1015	SAYOOJKUMAR N R	1/20/1995	G H S S KOLATHUR, KOZHICODE	32.60 Mts	
Section BOYS UNDER 16		Event :	Hammer Throw	132	Final	
		<i>SACHIN JAMES</i>		<i>ST.GEORGE HSS, KULATHUVAYAL</i>	<i>41.17 Mts</i>	<i>2009</i>
I	317	SAHITH KRISHNA K R	11/21/1994	PARLI HIGH SCHOOL, PARLI	34.53 Mts	
II	734	ARUN THANKACHAN	5/18/1995	MAR BASIL HSS, KOTHAMANGALAM	32.84 Mts	
III	316	KIRAN C G	5/17/1995	PARLI HIGH SCHOOL, PARLI	32.08 Mts	
IV	115	TONY MATHEW K	11/30/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	26.13 Mts	
V	1295	SHABDHAROOPAN	7/29/1994	MAR STEPHEN VHSS, VALAKOM	25.49 Mts	
Section BOYS UNDER 16		Event :	Pentathlon	162	Final	
		<i>MUBARAK</i>		<i>SAI , STC LNCPE, TRIVANDRUM</i>	<i>3569 Pts</i>	<i>2005</i>
I	1236	GIJO M KURIAN	10/25/1995	SNMVHSS, VANNAPPURAM	2943 Pts	
II	1020	MOHAMMED FAAZ K P	3/10/1996	JESSE OWENS ATHLETIC CLUB, MARARIKULAM	2849 Pts	
III	738	AMAL GEORGE	1/8/1995	MAR BASIL HSS, KOTHAMANGALAM	2786 Pts	
IV	945	AVINASH K.	5/24/1995	SAI TRAINING CENTRE, CALICUT	2698 Pts	
V	634	VINU MOHAN	4/16/1995	LABOUR INDIA PUBLIC SCHOOL, MARANGATTUPIL	2679 Pts	
VI	1293	VINAYAK VIJAYAN	10/12/1994	MAR STEPHEN VHSS, VALAKOM	2650 Pts	

Section BOYS UNDER 16			Event :	Medley Relay	66	Final
<i>SAWNTHAR RAJ T, JIJOMON F, AMAL GEORGE</i>			<i>ST. GEORGE HSS, KOTHMANGALAM</i>		<i>2 Min:6.1 Sec</i>	<i>2008</i>
I		J	SAI TRAINING CENTRE, THRISSUR		2 Min:4.71 Sec	NMR
	849	KARTHIK K	5/15/1995			
	850	ABDU SAMAD K.M	12/24/1995			
	851	AKSHAY P DEV SURESHKUMAR	3/2/1995			
	853	CHRISTY FRANCO	2/11/1995			
II		R	CENTRALISED SPORTS HOSTEL, KOTTAYAM		2 Min:8.56 Sec	
	497	AKHILESH BABU	5/17/1996			
	498	VIDYASAGAR K R	4/11/1995			
	499	MELVIN JOSEPH	1/16/1995			
	500	BIJO THOMAS	6/21/1995			
III		T	ST. GEORGE'S HSS, KOTHAMANGALAM		2 Min:8.75 Sec	
	110	RITTO JOSEPH	3/26/1995			
	111	ANAS BABU E B	10/9/1995			
	117	AKHIL ANTONY	9/9/1994			
	118	SUDHEESH RAJAPPAN	9/23/1995			
IV		M	SNMVHSS, VANNAPPURAM		2 Min:11.45 Sec	
V		H	IDEAL EHSS, KADAKASSERY		2 Min:11.78 Sec	
VI		C	ATHLETIC ACADEMY, THIRUNELLY		2 Min:11.97 Sec	

Section YOUTH BOYS 18			Event :	100m	79	Final
<i>BLESSEN T</i>			<i>G V RAJA SPORTS SCHOOL, TRIVANDRUM</i>		<i>10.9 Sec</i>	<i>2009</i>

I	120	BINISH K SHAJI	2/27/1993	ST. GEORGE'S HSS, KOTHAMANGALAM	11.25 Sec	
II	369	SOJAN K. SHAJI	8/18/1993	SAI TRAINING CENTRE, KOLLAM	11.32 Sec	
III	507	RIJO P SEBASTIAN	2/16/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	11.43 Sec	
IV	846	SARATH SABU	3/16/1993	SAI TRAINING CENTRE, THRISSUR	11.66 Sec	
V	121	AMAL GEORGE	5/5/1993	ST. GEORGE'S HSS, KOTHAMANGALAM	11.71 Sec	
VI	999	MOHAMMED RIYAS P T	7/23/1993	PEEVEES PUBLIC SCHOOL, NILAMBUR	11.78 Sec	

Section YOUTH BOYS 18			Event :	200m	141	Final
<i>SREERAJ M M</i>			<i>MAR BASIL HSS, KOTHAMANGALAM</i>		<i>22.54 Sec</i>	<i>2008</i>

I	120	BINISH K SHAJI	2/27/1993	ST. GEORGE'S HSS, KOTHAMANGALAM	22.53 Sec	NMR
II	369	SOJAN K. SHAJI	8/18/1993	SAI TRAINING CENTRE, KOLLAM	23.07 Sec	
III	507	RIJO P SEBASTIAN	2/16/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	23.09 Sec	
IV	845	AMAL ANTONY FRANCIS	12/19/1993	SAI TRAINING CENTRE, THRISSUR	23.23 Sec	
V	1029	SHANAVAZ V	9/13/1993	MASHANJA ATHLETIC CLUB, THIRUVANANTHAPUR	23.53 Sec	
VI	603	BICHU JOSEPH	5/13/1994	KALLADI HSS, KUMARMAPUTHUR	23.68 Sec	

Section YOUTH BOYS 18			Event :	300m	38	Final
<i>ALEX SHAJI</i>			<i>ST. THOMAS COLLEGE, PALA</i>		<i>35.8 Sec</i>	<i>2009</i>

I	370	UNNIKUTTAN M	5/21/1993	SAI TRAINING CENTRE, KOLLAM	36.45 Sec	
II	905	PRAMOD .M.M.	8/30/1993	MUNDUR HIGH SCHOOL, MUNDUR	37.09 Sec	
III	305	KANNAN S	5/2/1993	CENTRALISED SPORTS HOSTEL, WAYANAD	37.29 Sec	
IV	367	HASEEB JALAL	1/11/1993	SAI TRAINING CENTRE, KOLLAM	37.81 Sec	
V	510	ARUNRAJ R S	5/3/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	37.93 Sec	
VI	503	ABHIRAM R	1/5/1994	CENTRALISED SPORTS HOSTEL, KOTTAYAM	39.03 Sec	

Section YOUTH BOYS 18			Event :	400m	92	Final
<i>JITHIN PAUL K P</i>			<i>SAI, THRISSUR</i>		<i>48.7 Sec</i>	<i>2009</i>

I	1035	ALEX SHAJI	3/8/1993	ST. THOMAS HSS, PALA	50.05 Sec	
II	122	SOUNDER RAJ	4/1/1993	ST. GEORGE'S HSS, KOTHAMANGALAM	50.69 Sec	

III	370	UNNIKUTTAN M	5/21/1993	SAI TRAINING CENTRE, KOLLAM	51.55 Sec	
IV	1077	JOEMON JOSEPH	3/30/1993	S N COLLEGE, PUNALUR	52.05 Sec	
V	848	AKSHAY SIVAN	8/1/1994	SAI TRAINING CENTRE, THRISSUR	52.77 Sec	
VI	1306	VIBIN E	1/28/1994	SAI TRAINING CENTRE, CALICUT	53.69 Sec	
Section YOUTH BOYS 18			Event :	800m	14	Final
<i>ARUNKUMAR U N</i>				<i>CENTRALISED SPORTS HOSTEL, KOTTAYAM</i>	<i>1 Min:55 Sec</i>	<i>2008</i>
I	602	LIJO MANI	5/3/1993	KALLADI HSS, KUMARMAPUTHUR	1 Min:57.19 Sec	
II	124	JIJOMON F	10/8/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	1 Min:58.72 Sec	
III	303	RAHUL C R	5/11/1994	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:1.46 Sec	
IV	659	NITHIN CHANDRAN	12/4/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	2 Min:1.83 Sec	
V	132	AMAL JOSEPH	9/3/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:3.4 Sec	
VI	1306	VIBIN E	1/28/1994	SAI TRAINING CENTRE, CALICUT	2 Min:5.64 Sec	
Section YOUTH BOYS 18			Event :	1000 Meters	160	Final
I	303	RAHUL C R	5/11/1994	CENTRALISED SPORTS HOSTEL, WAYANAD	2 Min:32.99 Sec	NMR
II	602	LIJO MANI	5/3/1993	KALLADI HSS, KUMARMAPUTHUR	2 Min:34.04 Sec	
III	124	JIJOMON F	10/8/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:35.46 Sec	
IV	906	MADHU. M	2/4/1994	MUNDUR HIGH SCHOOL, MUNDUR	2 Min:37.69 Sec	
V	659	NITHIN CHANDRAN	12/4/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	2 Min:37.73 Sec	
VI	815	MANOJ BABU	10/22/1993	MAR BASIL HSS, KOTHAMANGALAM	2 Min:40.27 Sec	
Section YOUTH BOYS 18			Event :	3000m	35	Final
I	126	TINU JOSEPH	1/12/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	9 Min:15.86 Sec	NMR
II	506	KURIAKOSE MATHEW	5/31/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	9 Min:17.04 Sec	
III	1137	AJMAL RIDWAN V	8/14/1994	IDEAL EHSS , KADAKASSERY	9 Min:22.54 Sec	
IV	773	MANU THOMAS	2/19/1994	MAR BASIL HSS, KOTHAMANGALAM	9 Min:33.24 Sec	
V	771	VISHAK KRISHNANKUTTY	5/10/1993	MAR BASIL HSS, KOTHAMANGALAM	9 Min:43.29 Sec	
VI	1212	AMAL THOMAS	5/26/1994	MALABAR SPORTS ACADEMY , PULLURAMPARA	9 Min:45.05 Sec	
Section YOUTH BOYS 18			Event :	110mH	73	Final
<i>PINTO MATHEW</i>				<i>SPORTS AUTHORITY CALICUT</i>	<i>14.2 Sec</i>	<i>2009</i>
I	1133	ANEES RAHMAN E	8/1/1993	IDEAL EHSS , KADAKASSERY	14.75 Sec	
II	504	BASTIN JOSEPH	1/15/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	14.88 Sec	
III	1142	SONY GREECHAN	5/7/1993	CITY TRACK, ALAPPUZHA	15.63 Sec	
IV	1113	AKHIL JOHNSON	11/30/1993	PALIYAM GOVT HSS, CHENDAMANGALAM	15.83 Sec	
V	952	ABHILASH K.	11/19/1993	SAI TRAINING CENTRE, CALICUT	16.08 Sec	
VI	1232	JYOTHIS MATHEW	5/5/1994	SNMVHSS, VANNAPPURAM	16.71 Sec	
Section YOUTH BOYS 18			Event :	400mH	125	Final
<i>JITHIN PAUL K P</i>				<i>SAI CENTRE, THRISSUR</i>	<i>54.3 Sec</i>	<i>2009</i>
I	504	BASTIN JOSEPH	1/15/1993	CENTRALISED SPORTS HOSTEL, KOTTAYAM	54.74 Sec	
II	1133	ANEES RAHMAN E	8/1/1993	IDEAL EHSS , KADAKASSERY	54.85 Sec	
III	1035	ALEX SHAJI	3/8/1993	ST.THOMAS HSS, PALA	55.92 Sec	
IV	122	SOUNDER RAJ	4/1/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	55.97 Sec	
V	604	JOJI VARGHESE	11/26/1992	KALLADI HSS, KUMARMAPUTHUR	57.84 Sec	
VI	1334	JIBIN VARGHESE	6/4/1993	MAR BASIL HSS, KOTHAMANGALAM	58.48 Sec	
Section YOUTH BOYS 18			Event :	10000m Race Walk	45	Final
<i>SREEJITH S</i>				<i>ST.THOMAS COLLEGE, PALA</i>	<i>50 Min:11.4 Sec</i>	<i>0</i>
I	1227	VARGHESE JOSEPH	2/1/1993	SNMVHSS, VANNAPPURAM	53 Min:5.9 Sec	
II	770	JESBIN JOSE	5/17/1993	MAR BASIL HSS, KOTHAMANGALAM	55 Min:5.9 Sec	

III	907	DILEEP M K	1/22/1994	MUNDUR HIGH SCHOOL, MUNDUR	57 Min:27.2 Sec
IV	988	RENJITH V R	7/27/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	57 Min:55.3 Sec
V	1228	JAMES JOSEPH	5/23/1994	SNMVHSS, VANNAPPURAM	59 Min:40.6 Sec
VI	1286	ARISTO ANTONY	7/6/1993	ST.THOMAS CHSS, THRISSUR	1 Hr:3 Min:10 Sec
Section YOUTH BOYS 18		Event :	Long Jump	2	Final
<i>ANGELO S S</i>			<i>SAI,KOLLAM</i>	<i>6.95 Mts</i>	<i>2009</i>
I	1165	BRIGHT DEVASSIA	12/9/1993	MAHS, THURAVOOR	6.64 Mts
II	769	TINS K THOMAS	1/22/1993	MAR BASIL HSS, KOTHAMANGALAM	6.55 Mts
III	953	TONY BABU	8/27/1993	SAI TRAINING CENTRE, CALICUT	6.47 Mts
IV	121	AMAL GEORGE	5/5/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	6.35 Mts
V	1022	SEN RITH S KAPPEN	8/1/1993	J N V MALAMPUZHA, PALAKKAD	6.33 Mts
VI	1179	RAJKUMAR E	4/3/1993	MAHARAJA'S COLLEGE, ERNAKULAM	6.11 Mts
Section YOUTH BOYS 18		Event :	High Jump	29	Final
<i>ARUN S KUMAR</i>			<i>SAI, STC LNCPE,TRIVANDRUM</i>	<i>2 Mts</i>	<i>2008</i>
I	311	MUHAMMED ANEESH T A	11/1/1992	PARLI HIGH SCHOOL, PARLI	1.88 Mts
II	605	ABIN JOY	3/14/1993	KALLADI HSS, KUMARMAPUTHUR	1.80 Mts
III	1019	NIZAM ALI	8/3/1994	JESSE OWENS ATHLETIC CLUB, MARARIKULAM	1.75 Mts
IV	129	RAHUL RAJ	5/11/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	1.70 Mts
V	664	NIJIL JACKSON	4/29/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	1.70 Mts
VI	662	ABIN K NOBLE	4/10/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	1.70 Mts
Section YOUTH BOYS 18		Event :	Triple Jump	75	Final
<i>RENJITH M</i>			<i>SN COLLEGE KOLLAM</i>	<i>15.21 Mts</i>	<i>2003</i>
I	778	JITHIN THOMAS	7/29/1993	MAR BASIL HSS, KOTHAMANGALAM	14 Mts
II	953	TONY BABU	8/27/1993	SAI TRAINING CENTRE, CALICUT	13.90 Mts
III	607	SAFEER T	7/12/1994	KALLADI HSS, KUMARMAPUTHUR	13.60 Mts
IV	603	BICHU JOSEPH	5/13/1994	KALLADI HSS, KUMARMAPUTHUR	13.54 Mts
V	371	MUHAMMED JAMALUDEEN	5/30/1993	SAI TRAINING CENTRE, KOLLAM	13.34 Mts
VI	312	KARTHIK U	6/3/1993	PARLI HIGH SCHOOL, PARLI	13.27 Mts
Section YOUTH BOYS 18		Event :	Pole Vault	139	Final
<i>JINTO KAPPAN</i>			<i>JUMPS ACADEMY, PALA</i>	<i>4 Mts</i>	<i>2003</i>
I	778	JITHIN THOMAS	7/29/1993	MAR BASIL HSS, KOTHAMANGALAM	3.50 Mts
I	1338	EBIN SUNNY	10/20/1994	KALLADI HSS, KUMARMAPUTHUR	3.50 Mts
III	123	EDWIN DAVID	1/10/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	3.40 Mts
IV	609	NITHEESH A O	5/6/1995	KALLADI HSS, KUMARMAPUTHUR	3.10 Mts
V	128	VISHNU UNNI	9/9/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	3.10 Mts
Section YOUTH BOYS 18		Event :	Shot Put	87	Final
<i>ALFIN V P</i>			<i>SRI AYYANKALI SPORTS HOSTEL, TRIVANDRUM</i>	<i>15.42 Mts</i>	<i>2009</i>
I	216	ALFIN.V.P	5/9/1993	M A COLLEGE, KOTHAMANGALAM	14.65 Mts
II	395	RAHUL RATHEESH E	3/11/1994	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	13.69 Mts
III	1346	AKASH SOMAN	5/31/1993	K E HSS, MANNANAM	12.94 Mts
IV	1027	MOHAMED ABRAR A P	3/26/1993	MVMR HSS, VALAYAMKULAM	12.17 Mts
V	881	MOHAMMAD SABEEB	4/18/1994	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAI	11.77 Mts
VI	940	PRIYESH.C	6/4/1993	JAIHIND SPORTS AND K V SMARAKA ARTS CLUB, K	11.67 Mts
Section YOUTH BOYS 18		Event :	Discus Throw	25	Final
<i>MUHAMMED IJAS I</i>			<i>MAR BASIL HSS,KOTHAMANGALAM</i>	<i>44.58 Mts</i>	<i>2009</i>
I	395	RAHUL RATHEESH E	3/11/1994	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	38.89 Mts
II	940	PRIYESH.C	6/4/1993	JAIHIND SPORTS AND K V SMARAKA ARTS CLUB, K	38.35 Mts
III	216	ALFIN.V.P	5/9/1993	M A COLLEGE, KOTHAMANGALAM	37.85 Mts

IV	1339	AKSHAY SREEMON	1/16/1993	CVM HS, MOOLAVATTOM	37.37 Mts
V	772	JIBIN REJI	5/22/1993	MAR BASIL HSS, KOTHAMANGALAM	35.27 Mts
VI	134	VIVEK V K	5/20/1994	ST.GEORGE'S HSS, KOTHAMANGALAM	30.65 Mts

Section YOUTH BOYS 18 **Event :** **Javelin Throw** **65** **Final**
RIYAS P V *KALLADI HSS, KALADI,PALAKKAD* *55.18 Mts* *2009*

I	772	JIBIN REJI	5/22/1993	MAR BASIL HSS, KOTHAMANGALAM	55.34 Mts	NMR
II	665	ABHIJITH C	4/29/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	55.04 Mts	
III	1067	VISHNUVALSAN M V	8/8/1993	COACHING ACADEMY, THIRUVALLA	51.10 Mts	
IV	1346	AKASH SOMAN	5/31/1993	K E HSS, MANNANAM	50.68 Mts	
V	396	THOMAS	2/8/1993	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	49.81 Mts	
VI	770	JESBIN JOSE	5/17/1993	MAR BASIL HSS, KOTHAMANGALAM	47.13 Mts	

Section YOUTH BOYS 18 **Event :** **Hammer Throw** **133** **Final**
SACHIN JAMES *GRAMMIN SPORTS ACADEMY,CHAKKITTAPARA, KOZHI* *52.60 Mts* *2009*

I	885	MOHAMMAD ASHIF O	7/16/1993	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAI	39.23 Mts
II	125	DENIL DEVASSY	4/7/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	37.73 Mts
III	384	CHINDTU SAM VINCENT	4/3/1993	S D COLLEGE, KANJIRAPALLY	36.91 Mts
IV	505	ABHILASH S	1/17/1994	CENTRALISED SPORTS HOSTEL, KOTTAYAM	34.92 Mts
V	1027	MOHAMED ABRAR A P	3/26/1993	MVMR HSS, VALAYAMKULAM	32.58 Mts
VI	1134	SHAMNAD V V	4/6/1993	IDEAL EHSS , KADAKASSERY	32.04 Mts

Section YOUTH BOYS 18 **Event :** **Octathlon** **100** **Final**
ARUN S KUMAR *SAI , STC LNCPE,TRIVANDRUM* *5177 Pts* *2008*

I	663	VIVEK.P.S	1/11/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	4667 Pts
II	607	SAFEER T	7/12/1994	KALLADI HSS, KUMARMAPUTHUR	4575 Pts
III	130	DIPU S	10/16/1993	ST.GEORGE'S HSS, KOTHAMANGALAM	4462 Pts
IV	662	ABIN K NOBLE	4/10/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	4336 Pts
V	982	RAJU GANESAN	4/30/1993	S N V AMATEUR ATHLETIC CLUB, N R CITY	4055 Pts
VI	997	NITHIN M S	1/2/1900	S N V AMATEUR ATHLETIC CLUB, N R CITY	3413 Pts

Section YOUTH BOYS 18 **Event :** **Medley Relay** **171** **Final**
NEERAJ C M, SOORYA GOVIND, SHAHANSHA I *SAI CENTRE, THRISSUR* *2 Min:1.34 Sec* *2008*

I	T	ST.GEORGE'S HSS, KOTHAMANGALAM	2 Min:1.73 Sec
120	BINISH K SHAJI	2/27/1993	
122	SOUNDER RAJ	4/1/1993	
124	JIJOMON F	10/8/1993	
127	PAULWIN SANY	6/3/1993	

II	J	SAI TRAINING CENTRE, THRISSUR	2 Min:2.48 Sec
845	AMAL ANTONY FRANCIS	12/19/1993	
846	SARATH SABU	3/16/1993	
847	CHESIN T K	7/9/1993	
848	AKSHAY SIVAN	8/1/1994	

III	R	CENTRALISED SPORTS HOSTEL, KOTTAYAM	2 Min:3.84 Sec
504	BASTIN JOSEPH	1/15/1993	
507	RIJO P SEBASTIAN	2/16/1993	
508	LIDIN UDAY L	10/22/1993	
510	ARUNRAJ R S	5/3/1993	

Section YOUTH BOYS 18 **Event :** **2000M STEEPLE CHASE** **155** **Final**

I	1137	AJMAL RIDWAN V	8/14/1994	IDEAL EHSS , KADAKASSERY	6 Min:25.84 Sec	NMR
II	509	VISHNU A B	9/12/1992	CENTRALISED SPORTS HOSTEL, KOTTAYAM	6 Min:39.42 Sec	
III	354	SHIJU C	5/30/1994	MNKM ATHLETIC CLUB, CHITTLANCHERY	6 Min:49.64 Sec	
IV	1278	DEEPU M E	5/20/1993	GHSS, MEENANGADI	6 Min:54.51 Sec	

V	304	SIBIN VARGHESE	4/26/1993	CENTRALISED SPORTS HOSTEL, WAYANAD	7 Min:12.75 Sec
VI	660	GEENO ANTONY	1/13/1993	SAI STC, LNCPE, THIRUVANANTHAPURAM	7 Min:18.58 Sec
Section	JUNIOR MEN 20	Event :	100m	83	Final
	<i>JIBY PETER</i>		<i>M A COLLEGE ,KOTHAMANGALAM</i>	<i>10.8 Sec</i>	<i>2004</i>
VI	420	ABHIJITH R	8/10/1991	ST.THOMAS COLLEGE, PALA	11.4 Sec
V	835	DARIS JOSE	5/22/1991	SAI TRAINING CENTRE, THRISSUR	11.3 Sec
IV	206	ANUROOP JOHN	2/15/1991	M A COLLEGE, KOTHAMANGALAM	11.23 Sec
III	834	SHAHANSHA K.S	5/9/1991	SAI TRAINING CENTRE, THRISSUR	11.12 Sec
II	589	SUJITH KUTTAN	4/29/1992	MERCY KUTTAN ATHLETIC ACADEMY, KOCHI	11.08 Sec
I	210	SREERAJ.M.M	4/20/1992	M A COLLEGE, KOTHAMANGALAM	10.99 Sec
Section	JUNIOR MEN 20	Event :	200m	143	Final
	<i>ANAS C G</i>		<i>SAI CENTER, CALICUT</i>	<i>22.3 Sec</i>	<i>2009</i>
I	359	SAJIN.V..	1/28/1991	MNKM ATHLETIC CLUB, CHITILANCHERY	22.39 Sec
II	834	SHAHANSHA K.S	5/9/1991	SAI TRAINING CENTRE, THRISSUR	22.54 Sec
III	955	SIDHU TOM	8/15/1992	SAI TRAINING CENTRE, CALICUT	22.91 Sec
IV	420	ABHIJITH R	8/10/1991	ST.THOMAS COLLEGE, PALA	23.13 Sec
V	611	NIKHIL.P.S	3/15/1992	KALLADI HSS, KUMARMAPUTHUR	23.21 Sec
Section	JUNIOR MEN 20	Event :	400m	88	Final
	<i>MOHAMMED NASEEM K M</i>		<i>M A COLLEGE, KOTHAMANGALAM</i>	<i>48.99 Sec</i>	<i>2006</i>
I	359	SAJIN.V..	1/28/1991	MNKM ATHLETIC CLUB, CHITILANCHERY	48.45 Sec
II	511	ARUNKUMAR U N	5/20/1992	CENTRALISED SPORTS HOSTEL, KOTTAYAM	48.94 Sec
III	136	LUKMAL HAKKIM	4/18/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	50.52 Sec
IV	837	NEERAJ C M	5/21/1992	SAI TRAINING CENTRE, THRISSUR	51.58 Sec
V	211	EBIN MATHEWS	5/17/1991	M A COLLEGE, KOTHAMANGALAM	52.39 Sec
Section	JUNIOR MEN 20	Event :	800m	12	Final
	<i>RAJEEV R</i>		<i>SAI, KOLLAM</i>	<i>1 Min:55.8 Sec</i>	<i>0</i>
I	209	SUNIL T S	5/22/1992	M A COLLEGE, KOTHAMANGALAM	1 Min:55.19 Sec
II	215	RAMZ.M.	5/18/1991	M A COLLEGE, KOTHAMANGALAM	1 Min:56.68 Sec
III	838	DEEPU MON JOSEPH	3/21/1992	SAI TRAINING CENTRE, THRISSUR	1 Min:57.94 Sec
IV	837	NEERAJ C M	5/21/1992	SAI TRAINING CENTRE, THRISSUR	2 Min:1.27 Sec
V	667	BIJINDEV.D	5/9/1991	SAI STC, LNCPE, THIRUVANANTHAPURAM	2 Min:1.33 Sec
VI	1082	SANILKUMAR.P.C.	4/1/1991	ATHLETIC ACADEMY , THIRUNELLY	2 Min:5.17 Sec
Section	JUNIOR MEN 20	Event :	1500m	164	Final
	<i>RAJEEV T S</i>		<i>MUNDUR HIGH SCHOOL</i>	<i>4 Min:1.1 Sec</i>	<i>2009</i>
I	1075	NIBIN.M .BABU	3/28/1991	S N COLLEGE, PUNALUR	4 Min:4.31 Sec
II	667	BIJINDEV.D	5/9/1991	SAI STC, LNCPE, THIRUVANANTHAPURAM	4 Min:6.61 Sec
III	909	VIPIN C B	5/8/1991	MUNDUR HIGH SCHOOL, MUNDUR	4 Min:8.82 Sec
IV	838	DEEPU MON JOSEPH	3/21/1992	SAI TRAINING CENTRE, THRISSUR	4 Min:9.39 Sec
V	215	RAMZ.M.	5/18/1991	M A COLLEGE, KOTHAMANGALAM	4 Min:14.64 Sec
VI	514	DHIPIN JOSEPH	5/31/1991	CENTRALISED SPORTS HOSTEL, KOTTAYAM	4 Min:28.89 Sec
Section	JUNIOR MEN 20	Event :	5000m	31	Final
	<i>SHARLIN JOSEPH</i>		<i>MAR BASIL HSS, KOTHAMANGALAM</i>	<i>15 Min:50.6 Sec</i>	<i>2009</i>
I	1075	NIBIN.M .BABU	3/28/1991	S N COLLEGE, PUNALUR	16 Min:10.82 Sec
II	1145	RANJITH K	12/16/1991	YOUNGSTERS CLUB, CHITTUR	16 Min:42.76 Sec
III	140	SHALBIN BABY	5/24/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	16 Min:47.26 Sec
IV	613	MOHAMMEDALI M K	12/20/1991	KALLADI HSS, KUMARMAPUTHUR	16 Min:56.09 Sec
V	909	VIPIN C B	5/8/1991	MUNDUR HIGH SCHOOL, MUNDUR	17 Min:23.29 Sec
VI	684	JIBIN THOMAS	2/10/1991	ST.JOHN'S COLLEGE, ANCHAL	17 Min:35.51 Sec

Section JUNIOR MEN 20			Event :	10000m	113	Final
<i>MUHAMMED ALI T</i>			<i>M A COLLEGE ,KOTHAMANGALAM</i>		<i>33 Min:59.54 Sec</i>	<i>2008</i>
I	1145	RANJITH K	12/16/1991	YOUNGSTERS CLUB, CHITTUR	35 Min:2.7 Sec	
II	140	SHALBIN BABY	5/24/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	35 Min:13.2 Sec	
III	613	MOHAMMEDALI M K	12/20/1991	KALLADI HSS, KUMARMAPUTHUR	35 Min:32.8 Sec	
IV	684	JIBIN THOMAS	2/10/1991	ST.JOHN'S COLLEGE, ANCHAL	35 Min:57.7 Sec	
V	791	ABIN AUGUSTINE	4/15/1992	MAR BASIL HSS, KOTHAMANGALAM	37 Min:45.2 Sec	
VI	689	JAYA KRISHNAN	5/30/1992	ST.JOHN'S COLLEGE, ANCHAL	37 Min:57.2 Sec	
Section JUNIOR MEN 20			Event :	110mH	50	Final
<i>AKHIL KRISHNAN</i>			<i>SPORTS AUTHORITY OF INDIA, CALICUT</i>		<i>14.3 Sec</i>	<i>2009</i>
I	794	AKHIL P H	4/21/1992	MAR BASIL HSS, KOTHAMANGALAM	15.34 Sec	
II	840	ANTO JOY	5/22/1991	SAI TRAINING CENTRE, THRISSUR	15.73 Sec	
III	205	BINU R	5/12/1991	M A COLLEGE, KOTHAMANGALAM	15.83 Sec	
IV	1311	PAUL JOSEPH	6/24/1992	CKMHSS, KORUTHODU	15.85 Sec	
V	1124	JAISAL A	6/20/1992	IDEAL EHSS , KADAKASSERY	16.53 Sec	
VI	1226	SHERIN K SHAJU	3/5/1992	SNMVHSS, VANNAPPURAM	18.72 Sec	
Section JUNIOR MEN 20			Event :	400mH	124	Final
<i>SHEJIL VARGHESE</i>			<i>SAI CENTRE, THRISSUR</i>		<i>52.9 Sec</i>	<i>2009</i>
I	136	LUKMAL HAKKIM	4/18/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	54.76 Sec	
II	956	NELRIN JOY	5/19/1991	SAI TRAINING CENTRE, CALICUT	54.8 Sec	
III	208	BINU JOSE	5/14/1991	M A COLLEGE, KOTHAMANGALAM	56.69 Sec	
IV	843	ANTONY M J	10/19/1990	SAI TRAINING CENTRE, THRISSUR	58.95 Sec	
V	1225	RAJESH R	12/19/1991	SNMVHSS, VANNAPPURAM	1 Min:1.56 Sec	
VI	1124	JAISAL A	6/20/1992	IDEAL EHSS , KADAKASSERY	1 Min:2.83 Sec	
Section JUNIOR MEN 20			Event :	10000m Race Walk	46	Final
<i>ABDUL JALEEL M</i>			<i>SREE KRISHNA COLLEGE</i>		<i>50 Min:6 Sec</i>	<i>2006</i>
I	1041	BRISCHO C BENNY	1/27/1991	MASHANJA ATHLETIC CLUB, THIRUVANANTHAPURAM	52 Min:7 Sec	
II	141	ABIN SAJEEV	6/1/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	52 Min:19.9 Sec	
III	213	NIHIN P ASHOK	5/30/1991	M A COLLEGE, KOTHAMANGALAM	53 Min:3.3 Sec	
IV	790	BHAGATH P BHASKAR	4/14/1992	MAR BASIL HSS, KOTHAMANGALAM	53 Min:17.1 Sec	
V	789	JAGATH P BHASKAR	2/14/1992	MAR BASIL HSS, KOTHAMANGALAM	55 Min:30.2 Sec	
VI	431	RHYTHU BINDUJI	3/7/1992	H S S , MAYYANAD, KOLLAM	1 Hr:5 Min:24.7 Sec	
Section JUNIOR MEN 20			Event :	Long Jump	19	Final
<i>DILEEP K N</i>			<i>LNCPE,TRIVANDRUM</i>		<i>7.40 Mts</i>	<i>2006</i>
I	365	ANEESH A	12/27/1990	SAI TRAINING CENTRE, KOLLAM	6.94 Mts	
II	512	VINOD ANTONY	6/1/1992	CENTRALISED SPORTS HOSTEL, KOTTAYAM	6.67 Mts	
III	207	PRANAV P	2/27/1992	M A COLLEGE, KOTHAMANGALAM	6.64 Mts	
IV	205	BINU R	5/12/1991	M A COLLEGE, KOTHAMANGALAM	6.49 Mts	
V	1123	SHIBEESH T P	4/5/1991	IDEAL EHSS , KADAKASSERY	6.47 Mts	
VI	666	KARTHIKAN P K	5/20/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	6.36 Mts	
Section JUNIOR MEN 20			Event :	High Jump	121	Final
<i>ARUN S KUMAR</i>			<i>SAI ,STC ,LNCPE,TRIVANDRUM.</i>		<i>2.10 Mts</i>	<i>2009</i>
I	138	AKHIL TM	5/30/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	1.90 Mts	
II	610	JITHU JOHNY	4/11/1991	KALLADI HSS, KUMARMAPUTHUR	1.85 Mts	
III	793	AKHIL E S	3/17/1992	MAR BASIL HSS, KOTHAMANGALAM	1.80 Mts	
Section JUNIOR MEN 20			Event :	Triple Jump	107	Final
<i>RAKESH BABU A V</i>			<i>SAI, CALICUT</i>		<i>15.46 Mts</i>	<i>2009</i>

I	207	PRANAV P	2/27/1992	M A COLLEGE, KOTHAMANGALAM	14.95 Mts
II	471	MOHAMMED SHEFIL E K	10/3/1990	SREE KRISHNA COLLEGE, GURUVAYUR	14.88 Mts
III	512	VINOD ANTONY	6/1/1992	CENTRALISED SPORTS HOSTEL, KOTTAYAM	14.33 Mts
IV	670	PRAHUL P	7/13/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	14.20 Mts
V	1143	JIJO JOHNY	1/14/1992	CITY TRACK, ALAPPUZHA	13.77 Mts

Section JUNIOR MEN 20 **Event :** **Pole Vault** **140** **Final**
BIMIN K P *ST. STEPHEN'S COLLEGE, UZHAVOOR* *4.50 Mts* *2004*

I	380	JIBIN VARGHESE	2/15/1991	S D COLLEGE, KANJIRAPALLY	3.90 Mts
II	137	LINESH KRISHNAN	1/7/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	3.80 Mts
III	797	ARUN P S	3/26/1992	MAR BASIL HSS, KOTHAMANGALAM	3.80 Mts
IV	185	ANOOOP JOHNY	1/3/1991	ST.GEORGE'S HSS, KOTHAMANGALAM	3.80 Mts
V	1345	JAMES J KAPPEN	7/23/1992	ST.THOMAS COLLEGE, PALA	3.50 Mts
VI	614	GOKUL E BABU	7/22/1992	KALLADI HSS, KUMARMAPUTHUR	3.40 Mts

Section JUNIOR MEN 20 **Event :** **Shot Put** **118** **Final**
AMBU SUGATHAN *LNCPE, TRIVANDRUM* *14.45 Mts* *2006*

I	1275	ROBIN FRANCIS	5/23/1991	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	12.91 Mts
II	795	ANANDU P B	3/29/1992	MAR BASIL HSS, KOTHAMANGALAM	12.85 Mts
III	376	JOSEPH K A	10/6/1991	S D COLLEGE, KANJIRAPALLY	12.75 Mts
IV	423	ARJUN KURIAKOSE	10/25/1990	ST.THOMAS COLLEGE, PALA	12.16 Mts
V	796	MUHAMMED IJAS I	3/17/1992	MAR BASIL HSS, KOTHAMANGALAM	12.04 Mts
VI	1340	VIJIN DAS D	10/25/1991	MASHANJA ATHLETIC CLUB, THIRUVANANTHAPUR	11.47 Mts

Section JUNIOR MEN 20 **Event :** **Discus Throw** **67** **Final**
VINAYAK M DAS *SAI CENTRE, THRISSUR* *42.28 Mts* *2006*

I	796	MUHAMMED IJAS I	3/17/1992	MAR BASIL HSS, KOTHAMANGALAM	43.36 Mts	NMR
II	422	BIBIN MOHANAN	4/2/1992	ST.THOMAS COLLEGE, PALA	36.87 Mts	
III	1275	ROBIN FRANCIS	5/23/1991	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	33.07 Mts	
IV	423	ARJUN KURIAKOSE	10/25/1990	ST.THOMAS COLLEGE, PALA	31.64 Mts	
V	795	ANANDU P B	3/29/1992	MAR BASIL HSS, KOTHAMANGALAM	30.82 Mts	
VI	1108	SHARATH K NORBERT	8/20/1991	BHARATA MATA COLLEGE, THRIKKAKARA	28.22 Mts	

Section JUNIOR MEN 20 **Event :** **Javelin Throw** **122** **Final**
ANISH P KRISHNAN *M A COLLEGE, KOTHAMANGALAM* *56.17 Mts* *2003*

I	612	RIYAS.P.V	5/12/1992	KALLADI HSS, KUMARMAPUTHUR	55.71 Mts
II	799	VISHNU RAJ	8/19/1992	MAR BASIL HSS, KOTHAMANGALAM	49.31 Mts
III	139	RANJITH SIMON	5/17/1992	ST.GEORGE'S HSS, KOTHAMANGALAM	47.15 Mts
IV	671	MOIDEEN C P	3/25/1991	SAI STC, LNCPE, THIRUVANANTHAPURAM	43.37 Mts
V	400	HARIKRISHNAN	7/23/1992	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	36.90 Mts
VI	1008	SATHIN M K	6/1/1992	G H S S KOLATHUR, KOZHICODE	35.24 Mts

Section JUNIOR MEN 20 **Event :** **Hammer Throw** **131** **Final**
KRISHNAKUMAR G *M A COLLEGE, KOTHAMANGALAM* *52.50 Mts* *2006*

I	398	SACHIN JAMES	3/31/1992	GRAMIN SPORTS ACADEMY, CHAKKITTAPARA	53.86 Mts	NMR
II	422	BIBIN MOHANAN	4/2/1992	ST.THOMAS COLLEGE, PALA	34.70 Mts	
III	1026	ADHIL ABDULLA	8/18/1991	MVMR HSS, VALAYAMKULAM	34.57 Mts	

Section JUNIOR MEN 20 **Event :** **Decathlon** **99** **Final**
JIJO P V *SMV HSS, POONJAR* *5894 Pts* *2009*

I	668	AKHIL.S	2/24/1991	SAI STC, LNCPE, THIRUVANANTHAPURAM	5727 Pts
II	669	AKHIL S K	5/14/1992	SAI STC, LNCPE, THIRUVANANTHAPURAM	5463 Pts
III	1083	KISHOR BABU	6/16/1992	ATHLETIC ACADEMY, THIRUNELLY	3345 Pts

IV 895 RIYAS P 11/10/1991 NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAIY 2487 Pts

Section JUNIOR MEN 20 **Event :** 4x100m Relay 106 **Final**
SHERIN JOSE, BLESSON T, DARIS JOSE, SHAHA SAI CENTRE, THRISSUR 43 Sec 2009

I **J** SAI TRAINING CENTRE, THRISSUR 43.6 Sec
834 SHAHANSHA K.S 5/9/1991
835 DARIS JOSE 5/22/1991
836 BLESSON.T 4/17/1991
842 SUVIN RAJAN 5/11/1992

II **Q** M A COLLEGE, KOTHAMANGALAM 44.2 Sec
205 BINU R 5/12/1991
206 ANUROOP JOHN 2/15/1991
210 SREERAJ.M.M 4/20/1992
1288 TONY JOHN 1/1/1991

III **T** ST.GEORGE'S HSS, KOTHAMANGALAM 46.76 Sec
136 LUKMAL HAKKIM 4/18/1992
140 SHALBIN BABY 5/24/1992
141 ABIN SAJEEV 6/1/1992
142 JOHN BABY JOSEPH 8/1/1991

Section JUNIOR MEN 20 **Event :** 4x400m Relay 170 **Final**
JITTO MATHEW, SANTHOSH THEVAN, AJESH M A COLLEGE, KOTHAMANGALAM 3 Min:23.9 Sec 2009

I **J** SAI TRAINING CENTRE, THRISSUR 3 Min:26.62 Sec
837 NEERAJ C M 5/21/1992
838 DEEPU MON JOSEPH 3/21/1992
839 RAHUL.K.C 3/10/1991
843 ANTONY M J 10/19/1990

II **Q** M A COLLEGE, KOTHAMANGALAM 3 Min:27.3 Sec
208 BINU JOSE 5/14/1991
211 EBIN MATHEWS 5/17/1991
212 MUHAMMED ROSHAN K M 11/13/1990
215 RAMZ.M. 5/18/1991

III **F** S D COLLEGE, KANJIRAPALLY 3 Min:32.95 Sec
378 NIMS AJ NAZEER 6/21/1991
381 JOHN WILLINGTON K N 1/6/1991
382 LIJO MATHEW 11/21/1991
383 JAYESH P S 5/15/1992

Section JUNIOR MEN 20 **Event :** 3000m Steeple Chase 119 **Final**

I 513 DIPU JOSEPH 5/31/1991 CENTRALISED SPORTS HOSTEL, KOTTAYAM 10 Min:34.46 Sec NMR
II 1280 XAVIER GEORGE 12/17/1990 ST .THOMAS COLLEGE, THRISSUR 10 Min:45.89 Sec
III 307 EMIL T K 6/13/1991 CENTRALISED SPORTS HOSTEL, WAYANAD 11 Min:2.54 Sec
IV 1082 SANILKUMAR.P.C. 4/1/1991 ATHLETIC ACADEMY, THIRUNELLY 11 Min:3.81 Sec
V 1215 BIJILESH N K 5/24/1991 MALABAR SPORTS ACADEMY, PULLURAMPARA 11 Min:32.35 Sec
VI 789 JAGATH P BHASKAR 2/14/1992 MAR BASIL HSS, KOTHAMANGALAM 11 Min:55.09 Sec

Section MEN **Event :** 100m 84 **Final**
ANOOP P K *SAI, THRISSUR* 10.6 Sec 2009

I 1039 RENJITH K.G 7/7/1988 MASHANJA ATHLETIC CLUB, THIRUVANANTHAPURAM 10.75 Sec
II 363 RATHEESH M 3/3/1990 SAI TRAINING CENTRE, KOLLAM 11.01 Sec
III 1080 FREJI JOSE J F 5/20/1987 ST JOHN'S HSS, ERAVIPEROOR 11.18 Sec
IV 682 ALEX CLEETUS 5/21/1989 SAI STC, LNCPE, THIRUVANANTHAPURAM 11.28 Sec
V 516 SHAREEF K 1/11/1989 CENTRALISED SPORTS HOSTEL, KOTTAYAM 11.36 Sec
V 957 ANAS C G 1/23/1988 SAI TRAINING CENTRE, CALICUT 11.36 Sec

Section MEN			Event :	200m	119	Final
<i>MOHAMMED ANEES</i>			<i>M A COLLEGE, KOTHAMANGALAM</i>		<i>21.6 Sec</i>	<i>2009</i>
I	1078	RAHUL G PILLAI	4/4/1990	S N COLLEGE, PUNALUR	22.26 Sec	
II	363	RATHEESH M	3/3/1990	SAI TRAINING CENTRE, KOLLAM	22.54 Sec	
III	145	MANUKUMAR N N	5/28/1989	ST.GEORGE'S HSS, KOTHAMANGALAM	22.75 Sec	
IV	682	ALEX CLEETUS	5/21/1989	SAI STC, LNCPE, THIRUVANANTHAPURAM	22.84 Sec	
V	192	MOHAMMED ANEES	4/28/1986	M A COLLEGE, KOTHAMANGALAM	22.98 Sec	
VI	408	SHAJEER K A	4/27/1990	ST.THOMAS COLLEGE, PALA	23.17 Sec	
Section MEN			Event :	400m	42	Final
<i>BINEESH V B</i>			<i>ST.GEORGE HSS, KOTHAMANGALAM</i>		<i>48.39 Sec</i>	<i>2008</i>
I	833	BIBIN MATHEW	1/16/1987	SAI TRAINING CENTRE, THRISSUR	48.32 Sec	NMR
II	1078	RAHUL G PILLAI	4/4/1990	S N COLLEGE, PUNALUR	49.29 Sec	
III	406	VIJITH VIJAYAN	3/5/1989	ST.THOMAS COLLEGE, PALA	49.94 Sec	
IV	407	DILEEP VENUGOPAL	4/27/1990	ST.THOMAS COLLEGE, PALA	50.69 Sec	
V	1330	RAJEEV T S	5/17/1988	SREE KRISHNA COLLEGE, GURUVAYUR	51.08 Sec	
VI	1102	ABHISHEK V MENON	3/15/1989	BHARATA MATA COLLEGE, THRIKKAKARA	54.79 Sec	
Section MEN			Event :	800m	7	Final
<i>BIBIN MATHEW</i>			<i>SAI, THRISSUR</i>		<i>1 Min:54.4 Sec</i>	<i>2008</i>
I	404	VIPIN FRANCIS	4/5/1989	ST.THOMAS COLLEGE, PALA	1 Min:53.7 Sec	NMR
II	1176	NARESH YADAV	1/2/1900	INDIAN NAVY, VENDURUTHY	1 Min:54.67 Sec	
III	1330	RAJEEV T S	5/17/1988	SREE KRISHNA COLLEGE, GURUVAYUR	1 Min:55.97 Sec	
IV	418	VIMAL V. KUMAR	3/4/1989	ST.THOMAS COLLEGE, PALA	1 Min:59 Sec	
V	1163	PRASAD	1/2/1900	KERALA POLICE	2 Min:4 Sec	
VI	1162	SUJITH	1/2/1900	KERALA POLICE	2 Min:43 Sec	
Section MEN			Event :	1500m	166	Final
<i>SHEYMON JOSEPH</i>			<i>ST. BERCHMANS COLLEGE, CHANGANACHERRY</i>		<i>3 Min:57.57 Sec</i>	<i>2008</i>
I	1176	NARESH YADAV	1/2/1900	INDIAN NAVY, VENDURUTHY	3 Min:56.04 Sec	NMR
II	404	VIPIN FRANCIS	4/5/1989	ST.THOMAS COLLEGE, PALA	3 Min:58.49 Sec	
III	388	DHANOOP GOPI	4/15/1989	S D COLLEGE, KANJIRAPALLY	4 Min:11.49 Sec	
IV	411	MANU JOHNY	5/31/1990	ST.THOMAS COLLEGE, PALA	4 Min:11.81 Sec	
Section MEN			Event :	5000m	33	Final
<i>BIJU DIVAKARAN</i>			<i>M A COLLEGE, KOTHAMANGALAM</i>		<i>15 Min:49.2 Sec</i>	<i>2009</i>
I	1178	MUHAMMED ALI	1/2/1900	INDIAN NAVY, VENDURUTHY	15 Min:24.15 Sec	NMR
II	405	SUJUMON K S	5/10/1990	ST.THOMAS COLLEGE, PALA	15 Min:50.85 Sec	
III	911	ANILKUMAR V K	11/30/1985	MUNDUR HIGH SCHOOL, MUNDUR	16 Min:14.83 Sec	
IV	189	MANU KUMAR .K.S	6/9/1990	M A COLLEGE, KOTHAMANGALAM	16 Min:54.59 Sec	
V	413	SUMESH KS	2/10/1990	ST.THOMAS COLLEGE, PALA	17 Min:9.59 Sec	
Section MEN			Event :	10000m	110	Final
<i>ANILKUMAR V K</i>			<i>MUNDUR HIGH SCHOOL, MUNDUR</i>		<i>33 Min:39.06 Sec</i>	<i>2008</i>
I	1178	MUHAMMED ALI	1/2/1900	INDIAN NAVY, VENDURUTHY	31 Min:57.54 Sec	NMR
II	405	SUJUMON K S	5/10/1990	ST.THOMAS COLLEGE, PALA	32 Min:47.19 Sec	BMR
III	515	ALWIN THOMAS	4/30/1989	CENTRALISED SPORTS HOSTEL, KOTTAYAM	34 Min:30.55 Sec	
IV	413	SUMESH KS	2/10/1990	ST.THOMAS COLLEGE, PALA	35 Min:38.29 Sec	
Section MEN			Event :	110mH	49	Final
<i>NIBU GEORGE</i>			<i>M A COLLEGE, KOTHAMANGALAM</i>		<i>15.1 Sec</i>	<i>2009</i>
I	828	NIBU GEORGE	2/27/1987	SAI TRAINING CENTRE, THRISSUR	15.16 Sec	

II	958	AKHIL KRISHNAN	2/21/1990	SAI TRAINING CENTRE, CALICUT	15.44 Sec	
III	1161	AJMAL P	1/2/1900	KERALA POLICE	16.19 Sec	
Section MEN			Event :	400mH	127	Final
		<i>SHINO P C</i>		<i>SNMVHSS,VANNAPPURAM</i>	<i>54.5 Sec</i>	<i>2009</i>
I	406	VIJITH VIJAYAN	3/5/1989	ST.THOMAS COLLEGE, PALA	54.4 Sec	NMR
II	827	JOMON P P	3/19/1986	SAI TRAINING CENTRE, THRISSUR	54.62 Sec	
III	1276	DHINESH S	6/10/1988	NAVA MUKUNDA SPORTS ACADEMY, THIRUNAVAY	54.8 Sec	
IV	1175	SHEJIL VARGHESE	5/22/1989	INDIAN NAVY,VENDURUTHY	54.85 Sec	
V	407	DILEEP VENUGOPAL	4/27/1990	ST.THOMAS COLLEGE, PALA	56.56 Sec	
VI	1079	BINU BABY	7/7/1990	S N COLLEGE, PUNALUR	57.11 Sec	
Section MEN			Event :	Long Jump	71	Final
		<i>ANOOP THOMAS</i>		<i>SAI,STC,LNCPE,TRIVANDRUM</i>	<i>7.34 Mts</i>	<i>2009</i>
I	195	BASIL GEORGE	6/1/1989	M A COLLEGE, KOTHAMANGALAM	6.96 Mts	
II	829	SOBIN GEORGE	5/20/1989	SAI TRAINING CENTRE, THRISSUR	6.89 Mts	
III	1305	BIJU V	5/22/1986	SAI TRAINING CENTRE, THRISSUR	6.70 Mts	
IV	959	RAKESH BABU A. V.	3/20/1990	SAI TRAINING CENTRE, CALICUT	6.63 Mts	
V	475	ARUN K N	1/2/1900	SREE KRISHNA COLLEGE, GURUVAYUR	6.57 Mts	
VI	389	RAJESH JOSEPH	3/7/1986	S D COLLEGE, KANJIRAPALLY	6.54 Mts	
Section MEN			Event :	High Jump	120	Final
		<i>MANOJ THOMAS</i>		<i>M A COLLEGE, KOTHAMANGALAM</i>	<i>2.10 Mts</i>	<i>2009</i>
I	1174	SHANKAR	1/2/1900	INDIAN NAVY,VENDURUTHY	1.95 Mts	
II	200	MANOJ THOMAS	1/2/1900	M A COLLEGE, KOTHAMANGALAM	1.95 Mts	
III	191	JESSIN J VARGHESE	2/13/1990	M A COLLEGE, KOTHAMANGALAM	1.90 Mts	
IV	188	SAIJU SAIMON	3/6/1988	M A COLLEGE, KOTHAMANGALAM	1.85 Mts	
V	193	AJITH THOMAS	8/25/1990	KOTHAMANGALAM ATHLETIC ACADEMY	1.75 Mts	
Section MEN			Event :	Triple Jump	145	Final
		<i>ANOOP K G</i>		<i>SREE KRISHNA COLLEGE, GURUVAYOOR</i>	<i>15.31 Mts</i>	<i>2009</i>
I	959	RAKESH BABU A. V.	3/20/1990	SAI TRAINING CENTRE, CALICUT	15.40 Mts	NMR
II	830	SUDEEP M P	12/11/1985	SAI TRAINING CENTRE, THRISSUR	14.53 Mts	
III	1305	BIJU V	5/22/1986	SAI TRAINING CENTRE, THRISSUR	14.26 Mts	
IV	415	NIKHUL V.S	4/30/1989	ST.THOMAS COLLEGE, PALA	14.06 Mts	
Section MEN			Event :	Pole Vault	138	Final
		<i>BIMIN K P</i>		<i>JUMPS ACADEMY,PALA</i>	<i>5 Mts</i>	<i>2008</i>
I	427	RANEESH V.V	3/25/1987	JUMPS ACADEMY, PALA	4 Mts	
II	144	AKHIL K.P.	5/30/1989	ST.GEORGE'S HSS, KOTHAMANGALAM	3.90 Mts	
II	204	ANOOP C B	1/2/1900	M A COLLEGE, KOTHAMANGALAM	3.90 Mts	
Section MEN			Event :	Shot Put	144	Final
		<i>RANJITH K</i>		<i>SAI, CALICUT</i>	<i>13.44 Mts</i>	<i>2008</i>
I	416	NIBU T NINAN	2/5/1986	ST.THOMAS COLLEGE, PALA	13.66 Mts	NMR
II	960	RANJITH K.	5/16/1988	SAI TRAINING CENTRE, CALICUT	12.49 Mts	
III	414	BIBIN THOMAS	2/25/1988	ST.THOMAS COLLEGE, PALA	11.78 Mts	
Section MEN			Event :	Discus Throw	24	Final
		<i>ESWARAN T</i>		<i>ST. DOMINIC'S COLLEGE, KANJIRAPILLY</i>	<i>39.70 Mts</i>	<i>2009</i>
I	416	NIBU T NINAN	2/5/1986	ST.THOMAS COLLEGE, PALA	40.96 Mts	NMR
II	199	JESTIN JOSE	1/2/1900	M A COLLEGE, KOTHAMANGALAM	39.40 Mts	
III	186	MANU STEPHAN	8/5/1989	M A COLLEGE, KOTHAMANGALAM	35.20 Mts	

IV	393	SREEJITH K S	3/28/1990	S D COLLEGE, KANJIRAPALLY	30.96 Mts	
Section MEN		Event :	Javelin Throw		123	Final
		<i>ULLAS U</i>		<i>KMEHS ,ALANGAD</i>	<i>57.97 Mts</i>	<i>2009</i>
I	386	SUMESH S	8/7/1988	S D COLLEGE, KANJIRAPALLY	56.52 Mts	
II	187	NAVEEN NARAYANAN	5/16/1988	M A COLLEGE, KOTHAMANGALAM	53.80 Mts	
III	412	SHINE KURIAKOSE	5/15/1990	ST.THOMAS COLLEGE, PALA	51.47 Mts	
Section MEN		Event :	Hammer Throw		130	Final
		<i>CHARLES E EDAPPATU</i>		<i>M A COLLEGE, KOTHAMANGALAM</i>	<i>50.43 Mts</i>	<i>2008</i>
I	417	NIDHIN MOHANAN	2/3/1989	ST.THOMAS COLLEGE, PALA	43.85 Mts	
II	419	JITHIN JAMES	4/1/1990	ST.THOMAS COLLEGE, PALA	41.73 Mts	
III	308	ANEESH BABU C H	1/9/1990	PARLI HIGH SCHOOL, PARLI	36.24 Mts	
IV	1070	MUHAMED MALIK P	5/10/1989	CPE, CALICUT UNIVERSITY	31.64 Mts	
Section MEN		Event :	Decathlon		98	Final
		<i>RENEESH V V</i>		<i>JUMPS ACADEMY, PALA</i>	<i>6246 Pts</i>	<i>2009</i>
I	427	RANEESH V.V	3/25/1987	JUMPS ACADEMY, PALA	6009 Pts	
II	403	ASWIN B MENON	4/11/1987	ST.THOMAS COLLEGE, PALA	5698 Pts	
III	390	LIBIN MANI	8/23/1988	S D COLLEGE, KANJIRAPALLY	3796 Pts	
Section MEN		Event :	4x100m Relay		103	Final
		<i>JIBY PETER,JOSEPH M G, SANIL ANDREWS,JI,ST.THOMAS COLLEGE,PALA</i>			<i>42.51 Sec</i>	<i>2008</i>
I				ST.THOMAS COLLEGE, PALA	47.35 Sec	
	409	SATHYAN S	5/2/1988			
	410	SANIL ANDREWS	7/17/1987			
	414	BIBIN THOMAS	2/25/1988			
	415	NIKHUL V.S	4/30/1989			
II				BHARATA MATA COLLEGE, THRIKKAKARA	51.63 Sec	
	1102	ABHISHEK V MENON	3/15/1989			
	1103	LARKIN PAUL	11/17/1989			
	1104	SREERAJ.M.R.	7/9/1989			
	1105	FRANCIS SYMETHY	3/7/1981			
Section MEN		Event :	2000m RW		112	Final
I	219	BINU VARGHESE	5/28/1975	PROMISE SPORTS ACADEMY, KOTHAMANGALAM	1 Hr:35 Min:42.2 Sec	NMR
II	962	IRFAN K T	2/8/1990	SAI TRAINING CENTRE, CALICUT	1 Hr:38 Min:8.4 Sec	
III	936	ILAYAKUMAR S	8/5/1988	MUNDUR HIGH SCHOOL, MUNDUR	1 Hr:43 Min:34.9 Sec	
IV	935	MUTHU KUMAR S	3/31/1989	MUNDUR HIGH SCHOOL, MUNDUR	1 Hr:45 Min:34.9 Sec	
V	196	JOSEPH JOHN	8/28/1988	M A COLLEGE, KOTHAMANGALAM	1 Hr:46 Min:50 Sec	
VI	961	RAHUL V	4/11/1986	SAI TRAINING CENTRE, CALICUT	1 Hr:47 Min:22.2 Sec	
VI	578	GANAPATHY K	8/5/1988	ATHLETIC CLUB, MUNDUR	1 Hr:47 Min:22.2 Sec	
Section MEN		Event :	3000m Steeple Chase		150	Final
		<i>RANJITH K S</i>		<i>ST. BERCHMAN'S COLLEGE, CHANGANACHERRY</i>	<i>11 Min:8.6 Sec</i>	<i>2008</i>
I	1177	VIJAY KRISHNA	6/29/1981	INDIAN NAVY,VENDURUTHY	10 Min:4.41 Sec	NMR
II	912	RAMESH N	5/1/1990	MUNDUR HIGH SCHOOL, MUNDUR	10 Min:27.06 Sec	BMR
III	476	ZAINUL ABID P S	1/2/1900	SREE KRISHNA COLLEGE, GURUVAYUR	11 Min:56.36 Sec	