

2nd Kerala State Amateur Athletic Championship for Junior Men and Women (under 22)
Held at St Joseph's College, Devagiri, Calicut on 27th and 28th January 1996

Men

100m

I	Sajith Joshy	KKD	11.2 NMR
II	Sajan Thomas	KKD	11.2
III	Sajan K V	EKM	11.2
IV	Francis V P	TCR	11.3
V	Jiji Joseph	TVM	11.4
VI	Baiju K P	TCR	11.6

200m

I	Lijo David Thottan	TCR	22.6 NMR
II	Manoj K S	TCR	23.3
III	Francis V P	TCR	23.5
IV	Sudhakaran N	PKD	23.5
V	Anilkumar N	TVM	23.6
VI	Raju A	KLM	24.1

400m

I	Lijo David Thottan	TCR	49.3 NMR
II	Jijo M chemparathy	TCR	50.5
III	Rithesh Sebastian	KTM	50.9
IV	Jayakumar R	PTA	52.1
V	John K Mathew	KTM	52.8
VI	Nahas S	TVM	53.0

800m

I	Jijo M Chemparathy	TCR	1:58.6 NMR
II	Jayakumar R	PTA	1:59.1
III	Manoj P	KKD	1:59.6
IV	Biju P P	EKM	2:01.0
V	Aji P L	TVM	2:01.8
VI	Saji Jose	IDK	2:10.6

1500m

I	Manoj C R	PTA	4:08.5
II	Alfred R	KLM	4:12.1
III	Rajesh P	KKD	4:14.6
IV	Binu Varghese	EKM	4:20.1
V	Abdul Muneer	MLP	4:23.9

5000m

I	Manoj C R	PTA	15:37.3 NMR
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II	Shaju K V	IDK	16:04.5
III	Sunand K P	KSD	16:12.0
IV	Prakashan	PKD	16:23.1
V	Sharafudeen A K	WND	16:24.5
VI	Sajeevkumar R	TVM	16:24.5

10000m

I	Anilal C R	PTA	34:22.3
II	Asokan K M	PKD	35:06.2
III	Saneeshkumar R	KTM	38:46.1
IV	Sunilkumar R	PKD	38:46.1
V	Jayaraj A	MLP	41:16.5

110mH

I	Augustine P E	TCR	15.8 NMR
II	Shibu	TCR	15.9
III	Ajith M N	KLM	19.7

400mH

I	Thomas Antony	TCR	55.9
II	Shabu S J	TVM	58.9
III	Vinso M C	KNR	59.8
IV	Sojan Philip	KSD	1:00.7
V	Ajith M N	KLM	1:01.8
VI	Kunju M P	PKD	1:22.5

Long Jump

I	Jose Prakash	TCR	6.68
II	Shiby Thomas	TCR	6.61
III	Pramod Jacob John	TCR	6.57
IV	Aloysius Jacob	KTM	6.39
V	Abhilsh C	MLP	6.33
VI	Saju Xavier	KTM	6.22

High Jump

I	Shiju Ayyappan	EKM	1.83
II	Vinod Kumar	TCR	1.75
III	Prince Mathew	TCR	1.75
IV	Binoy Joseph	KNR	1.70
IV	Jaseer R H	TCR	1.70
V	Biswajith	PKD	1.70

Triple Jump

I	Shibu M	TVM	14.54
II	Shinil Kuriakose	KKD	14.50
III	Baiju Joseph	EKM	14.10

IV	Thomas K M	KKD	13.53
V	Jairaj T	TVM	13.29
VI	Julius J Manayani	KTM	13.04

Pole Vault

I	Anwar M	TCR	3.60
II	Abdul Manaf	MLP	3.50
III	Shajahan K A	ALP	3.20
IV	Biswajith	PKD	3.10
V	Baiju V M	EKM	3.10
VI	Sudheer Kumar	KKD	2.60

Shot Put

I	Sujithkumar Madavan	MLP	12.39NMR
II	Sony E J	TCR	11.48
III	Biju Bhavanandan	KLM	11.48
IV	Jayan Jacob	TVM	11.03
V	Nevin George	IDK	10.82
VI	Aneesh R	EKM	10.78

Discus Throw

I	Maheshkumar	TVM	33.80NMR
II	Sajumon N	KNR	31.86
III	Mohammed Asharaf	PKD	30.98
IV	Roy Scaria	KKD	28.20
V	Julius J Manayani	KTM	28.0

Javelin Throw

I	Manoj T B	IDK	54.18 NMR
II	Manoj P George	KKD	46.16
III	Sunil John	KKD	45.00
IV	Harilal S	EKM	44.04
V	Jacob J Punnammottil	WND	41.64
VI	Sharafudeen V P	MLP	41.26

Hammer Throw

I	Safraz C A	KSD	43.32NMR
II	Jayan Jacob	TVM	40.00
III	Sajimon V P	IDK	29.26
IV	Muhammed Sadique	KNR	24.92
V	Saimon C	TCR	23.52
VI	Muhammed Asharaf	PKD	18.18

Decathlon

I	George Joseph	IDDK	4846
II	Baiju K G	KKD	4838

III	Roy K G	WND	4557
IV	James T P	ALP	3768
V	Biju B	KLM	2614

4x100

I		TCR	44.0
II		KKD	44.3
III		KTM	45.6
IV		IDK	46.8
V		KLM	47.5
VI		KSD	-

4x400

I		TCR	3:29.00
II		KLM	3:45.4
III		PKD	3:51.3
IV		IDK	3:58.3

20km Walk

I	Saiju D	TVM	1::49:51
II	Suresh N P	PKD	1::51:35.0
III	Binu Varghese	EKM	1::55:22.0
IV	Purushothaman	KSD	--

Team Championship Thrissur 106 points

Women

100m

I	Sindhu V T	TCR	12.7
II	Mary Alexander	PKD	12.9
III	Sabitha Thomas	ALP	13.2
IV	Ancy Jose	KTM	13.4
V	Sheena J	MLP	13.5
VI	Juby Jose	MLP	13.7

200m

I	Mary Alexander	PKD	27.1
II	Bindu K R	PKD	28.3
III	Sheena T	MLP	29.0

400m

I	Bindu Thomas	KTM	59.0
II	Malini V	KTM	59.6
III	Bindumol Mathew	TVM	1:00.1
IV	Jacintha Chacko	TVM	1:02.3

V	Rashmi N	TCR	1:02.3
VI	Smithamol	KSD	1:11.4

800m

I	Deepa Pulickal	PKD	2:21.6
II	Rashmi N	TCR	2:22.8
III	Jacintha Chacko	TVM	2:24.9
IV	Swapna Abraham	KKD	2:30.6
V	Smitha A	MLP	2:46.7

1500m

I	Jisha Thomas	PTA	4:57.3
II	Jooly A J	PKD	4:59.3
III	Swapna Abraham	KKD	5:02.2
IV	Mani K K	TCR	5:07.0
V	Solyamma Varghese	KTM	5:07.0
VI	Mini C J	KSD	5:12.5

5000m

I	Jisha Thomas	PTA
II	Bindu Mathew	PTA
III	Mani K K	PTA

10000m

I	Bindu Mathew	PTA	44:06.2
II	Jhncy Thomas	IDK	44:13.2
III	Mani K K	TCR	46:34.4

100mH

I	Sini Mathew	PTA	15.8
II	Kochurani	TCR	18.9
III	Asha K	IDK	22.2

400mH

I	Bindumol Mathew	TVM	1:06.4
II	Sini Mathew	PTA	1:06.5
III	Smitha Mathew	KNR	1:09.5
IV	Kochurani Micheal	TCR	1:11.9

Broad Jump

I	Kavitha John	PKD	5.10
II	Joby Joseph	IDK	4.60
III	Sheena T U	ALP	4.55
IV	Sheena T	MLP	4.41

High Jump

I	Kochurani Varghese	PTA	1.48
II	Subhavathi T C	KNR	1.45
III	Lincy Thomas	IDK	1.45

Triple Jump

I	Sabitha Thomas	ALP	10.93
II	Shamlakumari P R	KTM	10.80
III	Asha K	IDK	10.13
IV	Joby Joseph	IDK	10.07
V	Ancy Jose	KTM	9.87
VI	Rintamol Mathew	PTA	9.80

Shot Put

I	Anju Jose	KTM	10.20
II	Bissy T P	PKD	9.94
III	Nirmala Skariah	TCR	9.61
IV	Diayana Grace Thomas	PTA	8.73
V	Geethakumari K W	KNR	8.51
VI	Sophy Joseph	IDK	8.17

Discus Throw

I	Anju Jose	KTM	29.84
II	Bissy T P	PKD	29.64
III	Anes Mathew	TVM	28.00
IV	Sobhana V	PTA	25.96
V	Rency George	PKD	25.58
VI	Vineetha E K	KNR	25.56

Javelin Throw

I	Shobhana U	PTA	36.16 NMR
II	Sheeja Mathew	EKM	35.32
III	Bindu K K	KTM	33.32
IV	Sindhu K S	PKD	29.68
V	Rency George	PKD	26.12

Hammer Throw

I	Anju Jose	KTM	22.82
II	Smitha K James	IDK	21.50
III	Anes Mathew	TVM	21.10
IV	Anitha Augustine	KTM	20.00
V	Diayana Grace Thomas	PTA	16.38
VI	Nirmala Scaria	TCR	15.12

Heptathlon

I	Bindu P	PKD	3675
II	Bincy Joseph	PTA	3598

III	Bindu T G	PTA	3445
IV	Sofia Joseph	IDDK	2477

4x100

I		KTN	51.7 NMR
II		PKD	54.5
III		KSD	58.1

4x400

I		PKD	4:15.7
II		TCR	4:24.1
III		IDK	4:38.6
IV		KSD	4:40.2
V		MLP	4:55.8

10km Walk

I	Simy Mathew	IDK	57:12.5 NMR
II	Sony Mathew	KTM	1::02:23.5
III	Bincy Mathew	TCR	1::03:36.8