

KERALA ATHLETICS ASSOCIATION

58 th Kerala State Senior Athletics Championship

From : 24-May-2014 To : 25-May-2014

Meet Result : - FINAL - 24-May-2014 - 25-May-2014

POS	BIB	Athlete	DOB	Father'S Name	Team	Performance
		MEN	Event:123	100m		FINAL
		24-May-2014	03:10 PM			
MR		ARUNJITH K S			KOLLAM	10.50 Sec 2007
I	134	ANUROOP JOHN	15-Feb-1991	JOHN C P	Ernakulam	10.71 Sec
II	182	RAHUL G PILLAI	04-Apr-1990	GOPALAPILLA	Kasargod	10.77 Sec
III	176	JIJIN VIJAYAN	15-Oct-1994		Kannur	10.85 Sec
IV	354	JITHESH KUMAR V.V	13-May-1991	JANARDHANAN P	Thiruvananthapuram	10.98 Sec
V	402	NITHIN U	28-Feb-1997		Thiruvananthapuram	11.04 Sec
VI	174	MOHAMMED YASIN C	01-Apr-1994	C KUNHALAVI	Kannur	11.23 Sec
FS	391	VIDYASAGAR S	07-Oct-1992	S NAYAK	Wayanad	
DNS	144	YESURAJ	03-Feb-1991	YUDHATHADEUS	Ernakulam	
		MEN	Event:225	200m		FINAL
		25-May-2014	03:45 PM			
MR		NAJEEB MOHAMMED			KOLLAM	21.40 Sec 1988
I	182	RAHUL G PILLAI	04-Apr-1990	GOPALAPILLA	Kasargod	21.66 Sec
II	101	ARUNJITH.S	28-Feb-1987	SIVADASAN NAIR.V	Alapuzha	21.90 Sec
III	355	MANU KURIAKOSE ZACHARIA	08-Nov-1993	KURIAKOSE ZACHARIA	Thiruvananthapuram	22.19 Sec
IV	176	JIJIN VIJAYAN	15-Oct-1994		Kannur	22.29 Sec
V	402	NITHIN U	28-Feb-1997		Thiruvananthapuram	22.47 Sec
VI	354	JITHESH KUMAR V.V	13-May-1991	JANARDHANAN P	Thiruvananthapuram	27.46 Sec
		MEN	Event:125	400m		FINAL
		24-May-2014	03:30 PM			
MR		BIBIN MATHEW			THRISSUR	47.40 Sec 2007
I	355	MANU KURIAKOSE ZACHARIA	08-Nov-1993	KURIAKOSE ZACHARIA	Thiruvananthapuram	48.71 Sec
II	224	ANOOP D	14-Mar-1994	A.C.DEVASIA	Kottayam	49.26 Sec
III	234	ANISH G	09-Jun-1991	GOPINATHAN	Kottayam	49.73 Sec
IV	104	AKHIL P.H.	21-Apr-1993	R. PURUSHOTHAMAN	Alapuzha	50.00 Sec
V	341	MUHAMMED SHERSHAD	09-Apr-1994	ABDUL LETHEEF	Palakkad	50.25 Sec
VI	175	SHANAVAS V	13-Dec-1994	ABDUL VAHEED H	Kannur	50.32 Sec
VII	340	JITHESH. C	03-Nov-1996	CHANDRAN	Palakkad	50.76 Sec
VIII	105	EABY A.R	09-Nov-1993	REYNOLD A.R	Alapuzha	51.16 Sec
		MEN	Event:213	800m		FINAL
		25-May-2014	09:10 AM			
MR		JOSSEY MATHEW			ERNAMKULAM	1 Min : 50.50 Sec 1990
I	332	MOHAMMED AFSAL . P	03-Feb-1996	MUHAMMED BASHEER . P	Palakkad	1 Min : 53.37 Sec
II	255	VIPIN FRANCIS	05-Apr-1989	FRANCIS A K	Kottayam	1 Min : 54.03 Sec
III	148	RAMAN YADAV	10-Oct-1992	RAMMANOHAR YADAV	Ernakulam	1 Min : 54.86 Sec
IV	262	AMAL THOMAS	26-May-1994	THOMAS	Kozhikode	1 Min : 56.88 Sec
V	187	DILEEP VENUGOPAL	27-Apr-1990	VENUGOPAL M S	Kasargod	1 Min : 57.70 Sec
VI	184	DEEPUMON JOSEPH	21-Mar-1992	JOSEPH	Kasargod	1 Min : 58.09 Sec
VII	115	SUJITH KUMAR P S	21-Mar-1983	C SANKARANKUTTY	Alapuzha	1 Min : 58.57 Sec
VIII	205	NIBIN M BABU	28-Mar-1991	M BABU	Kollam	2 Min : 0.61 Sec
IX	108	DINO JOSEPH	02-May-1996	JOSEPH	Alapuzha	2 Min : 7.23 Sec
X	168	MOHAMMEDALI.M.K	20-Dec-1991	YUSUF.M.K	Kannur	2 Min : 10.34 Sec
	207	SANJU SREEDHAR	03-Jun-1994	SREEDHARN PILLAI.K	Kollam	2 Min : 13.43 Sec
	163	NOBIN MATHEW	13-Feb-1996	MATHEW	Idukki	2 Min : 13.56 Sec
	329	MANOJ.A	12-Jan-1991	APPUNNI.C	Palakkad	2 Min : 14.80 Sec
	289	MUHAMEDALI .A.K	25-Aug-1995	SAIDALAVI	Malappuram	2 Min : 37.22 Sec
		MEN	Event:127	1500m		FINAL

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MR	24-May-2014		04:00 PM			
		SAJEEV T M			TRIVANDRUM	3 Min : 53.40 Sec 2001
I	332	MOHAMMED AFSAL . P	03-Feb-1996	MUHAMMED BASHEER . P	Palakkad	3 Min : 52.44 Sec NMR
II	148	RAMAN YADAV	10-Oct-1992	RAMMANOHAR YADAV	Ernakulam	3 Min : 54.50 Sec
III	227	VISHNU A B	12-Sep-1992	BALAN NAIR	Kottayam	4 Min : 6.78 Sec
IV	409	SHALBIN BABY	24-May-1992		Thrissur	4 Min : 14.28 Sec
V	254	SOORAJ SASI	10-Oct-1993	SASI	Kottayam	4 Min : 18.32 Sec
VI	209	AKASH S	16-Jun-1994	SIVASANKARAN PILLAI R	Kollam	4 Min : 18.32 Sec
VII	162	JINS JOSE	06-Oct-1996	P.V JOSE	Idukki	4 Min : 55.49 Sec
VIII	161	SRIJITH A S	30-May-1989	SHAJI	Idukki	5 Min : 5.33 Sec

		MEN	Event:207	5000m		FINAL
		25-May-2014	08:20 AM			
MR		SASIDHARAN			TRIVANDRUM	14 Min : 46.40 Sec 1973
I	331	SATHEESH.J	04-Jan-1996	JAYAKRISHNAN.V	Palakkad	15 Min : 19.71 Sec
II	397	SHIJU CP	15-May-1991		Thiruvananthapuram	15 Min : 32.04 Sec
III	361	ALBIN SUNNY	02-Jan-1994	SUNNY P.A	Thiruvananthapuram	15 Min : 46.15 Sec
IV	152	SUJUMON .K.S.	10-May-1990	SUKUMARAN .K.V.	Ernakulam	15 Min : 48.12 Sec
V	309	ANEESHKUMAR.V	31-Mar-1985	VELLA.K	Palakkad	16 Min : 12.28 Sec
VI	209	AKASH S	16-Jun-1994	SIVASANKARAN PILLAI R	Kollam	16 Min : 41.71 Sec
VII	335	SHARAFALI.S	17-Apr-1995	SIDDIKH	Palakkad	16 Min : 49.35 Sec
VIII	192	ANOOP A	19-Mar-1995	ANIL KUMAR S	Kollam	20 Min : 29.28 Sec
IX	282	AJEESH M P	23-Dec-1995	AYYAPPAN	Malappuram	21 Min : 20.72 Sec
X	161	SRIJITH A S	30-May-1989	SHAJI	Idukki	21 Min : 24.94 Sec

		MEN	Event:101	10000m		FINAL
		24-May-2014	06:30 AM			
MR		LAKSHMANAN			PATHNAMTHITTA	31 Min : 15.49 Sec 2010
I	331	SATHEESH.J	04-Jan-1996	JAYAKRISHNAN.V	Palakkad	32 Min : 21.66 Sec
II	397	SHIJU CP	15-May-1991		Thiruvananthapuram	33 Min : 3.94 Sec
III	236	SUMESH KS	10-Feb-1990	SURESH	Kottayam	34 Min : 47.35 Sec
IV	237	BINU PETER	19-Jun-1995	N M PETER	Kottayam	35 Min : 5.21 Sec
V	239	ARUNKUMAR P R	28-Aug-1994	RAVINDRAN P R	Kottayam	35 Min : 22.20 Sec
VI	179	PRAMOD K	14-Mar-1989	KARINTHALAN K	Kasargod	41 Min : 17.51 Sec
VII	373	SHAHEER ALI.T.M	04-Feb-1994	MOHAMMED ALI	Thrissur	43 Min : 32.83 Sec
VIII	290	SUHAIL C	12-Oct-1995	SHAREEF C	Malappuram	46 Min : 2.06 Sec

		MEN	Event:214	110m Hurdles		FINAL
		25-May-2014	09:20 AM			
MR		PINTO MATHEW			KOZHIKODE	14.30 Sec 2013
I	140	NASIMUDHEEN M N	15-Jan-1995	NOORUDHEEN MANAMKANDATH	Ernakulam	14.74 Sec
II	106	PAUL JOSEPH	24-Jun-1992	JOSEPH	Alapuzha	14.80 Sec
III	339	ARJUN.H	19-Feb-1993	HARIDAS.C	Palakkad	15.04 Sec
IV	112	VIVEK V	29-Apr-1982	VENKITESHWARA PAI	Alapuzha	15.78 Sec
V	177	BIBIN.K.B	23-Jan-1993	BABU.K.M	Kasargod	16.14 Sec
DNF	151	AKHIL JOHNSON	30-Nov-1993	JOHNSON.K.T.	Ernakulam	

		MEN	Event:229	400m Hurdles		FINAL
		25-May-2014	04:45 PM			
MR		SHIBIN JOSEPH			KOTTAYAM	52.20 Sec 2001
I	132	BINU JOSE	14-May-1991	JOSE MV	Ernakulam	53.57 Sec
II	104	AKHIL P.H.	21-Apr-1993	R. PURUSHOTHAMAN	Alapuzha	54.76 Sec
III	105	EABY A.R	09-Nov-1993	REYNOLD A.R	Alapuzha	55.26 Sec

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IV	291	JABIR MP	08-Jun-1996	HAMZA MP	Malappuram	56.28 Sec
V	371	SAJAN M.J	13-Feb-1991	JOSE M.G	Thrissur	56.60 Sec
VI	396	AMAL MANOHAR	12-Oct-1994		Thiruvananthapuram	56.61 Sec
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		MEN	Event:228	3000m Steeple Chase		FINAL
		25-May-2014	04:25 PM			
MR		P T JOSEPH			PALAKKAD	8 Min : 59.30 Sec 1986
I	309	ANEESHKUMAR.V	31-Mar-1985	VELLA.K	Palakkad	9 Min : 40.53 Sec
II	350	CHRISTIN WILSON	19-May-1994	WILSON M M	Pathanamthitta	9 Min : 47.64 Sec
III	152	SUJUMON .K.S.	10-May-1990	SUKUMARAN .K.V.	Ernakulam	9 Min : 52.72 Sec
IV	244	AJITH G	08-Aug-1994	JEEMON	Kottayam	10 Min : 21.45 Sec
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		MEN	Event:201	20000m Race Walking		FINAL
		25-May-2014	06:30 AM			
MR		IRFAN K T			KOZHIKODE	1 Hr : 33 Min : 44.06 2011 Sec
I	264	ARUNDEV. T.K	27-Feb-1997	SAHADHEVAN . T.K	Kozhikode	1 Hr : 49 Min : 58.90 Sec
II	343	KISHORE P	24-May-1995	PRAKASHAN	Palakkad	1 Hr : 55 Min : 38.80 Sec
III	328	SURAJ.S	21-Mar-1992	SELVARAJ	Palakkad	1 Hr : 57 Min : 58.00 Sec
IV	226	JAMES JOSEPH	23-May-1994	M V JOSEPH	Kottayam	2 Hr : 8 Min : 49.30 Sec
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		MEN	Event:130	Long Jump		FINAL
		24-May-2014	04:00 PM			
MR		M B SADASIVAN			TRIVANDRUM	7.72 Mts 1994
I	189	RAJA OOMMEN	24-Mar-1988	OOMMEN MATHEW	Kasargod	7.23 Mts
II	188	SREEJITH MON.K	16-Oct-1989	T R UDAYABHANU	Kasargod	7.13 Mts
III	201	UNAI.S	11-Jul-1992	SHAHU	Kollam	7.06 Mts
IV	370	SOBIN GEORGE	20-May-1989	K.J.GEORGE	Thrissur	6.97 Mts
V	113	VINEETH.P.G	23-Mar-1993	GOPALAKRISHNAN	Alapuzha	6.82 Mts
VI	172	SARATH SABU	16-Mar-1993	T K SABU	Kannur	6.76 Mts
VII	157	VINEETH V S	05-Jun-1990	SUDHAKARAN V S	Ernakulam	6.57 Mts
VIII	376	AKASH P P	22-Sep-1994	P.R.PRABHAKARAN	Thrissur	6.51 Mts
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		MEN	Event:220	Triple Jump		FINAL
		25-May-2014	03:00 PM			
MR		ROBIN M VARGHESE			TRIVANDRUM	15.85 Mts 2001
I	158	RAKESH BABU A V	20-Mar-1990	PRAKASH BABU	Ernakulam	15.73 Mts
II	188	SREEJITH MON.K	16-Oct-1989	T R UDAYABHANU	Kasargod	15.61 Mts
III	201	UNAI.S	11-Jul-1992	SHAHU	Kollam	15.09 Mts
IV	155	MANOJ T THOMAS	08-May-1984	THOMAS	Ernakulam	14.53 Mts
V	307	BAIJU.K	07-Mar-1994	KRISHNANKUTTY	Palakkad	13.16 Mts
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		MEN	Event:217	High Jump		FINAL
		25-May-2014	09:30 AM			
MR		SREENITH MOHAN			ERNAMKULAM	2.16 Mts 2013
I	149	SHANKAR.P	25-Mar-1988	M.PURUSHOTHAMAN	Ernakulam	2.03 Mts
II	141	RAHUL RAJ	11-May-1994	RAJAN M R	Ernakulam	2.00 Mts
III	150	MUHAMMED ANEESH T A	01-Nov-1992	ABUBACKER	Ernakulam	1.95 Mts
IV	256	GEO JOS	24-Sep-1998	GEORGE SHINDE	Kottayam	1.85 Mts
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		MEN	Event:104	Pole Vault		FINAL
		24-May-2014	07:30 AM			
MR		GEESH KUMAR V V			ERNAMKULAM	4.45 Mts 2004
I	263	BINEESH JACOB	17-Mar-1986	V.K.CHACKO	Kozhikode	4.40 Mts
II	186	ANOOP C B	02-Mar-1990	BHASKARAN	Kasargod	4.20 Mts
III	414	NIJIL JACKSON	29-Apr-1993	JACKSON T	Thiruvananthapuram	4.00 Mts

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	MEN	Event:129	Shot Put		FINAL
	24-May-2014	04:00 PM			
MR	BABU MATHEW			TRIVANDRUM	16.34 Mts 1995
I	138 JESTIN JOSE	22-Apr-1988	P.T.JOSE	Ernakulam	11.64 Mts
II	238 NIXON JOSEPH	19-Feb-1991	JOSEPH K V	Kottayam	11.57 Mts
III	275 SAID SHIHABUDHEEN O	02-Oct-1995	HUSSAIN KOYA THANGAL	Malappuram	11.08 Mts
IV	347 SABIN C MATHEW	08-Feb-1976	C M SAMUEL	Pathanamthitta	9.72 Mts
V	348 JACOB THOMAS	31-Jan-1983	THOMAS	Pathanamthitta	9.35 Mts
VI	284 JAMSHEER M M	14-Jan-1995	NAZAR. M M	Malappuram	8.91 Mts
VII	261 JEEVAN M	23-Aug-1989	MANOJ M	Kozhikode	8.44 Mts
VIII	286 PRAJITH. A	18-Jul-1995	SANKARAN	Malappuram	8.39 Mts
	MEN	Event:108	Discus Throw		FINAL
	24-May-2014	08:00 AM			
MR	RAHUL RATHEESH E			KOZHIKODE	45.20 Mts 2013
I	138 JESTIN JOSE	22-Apr-1988	P.T.JOSE	Ernakulam	40.54 Mts
II	178 PRIYESH C	30-May-1993	K V KRISHNAN	Kasargod	35.00 Mts
III	348 JACOB THOMAS	31-Jan-1983	THOMAS	Pathanamthitta	27.98 Mts
IV	286 PRAJITH. A	18-Jul-1995	SANKARAN	Malappuram	27.29 Mts
V	261 JEEVAN M	23-Aug-1989	MANOJ M	Kozhikode	25.72 Mts
VI	268 VAISHAG V	27-Aug-1994	VINAYAKAN	Kozhikode	24.73 Mts
	MEN	Event:119	Javelin Throw		FINAL
	24-May-2014	03:00 PM			
MR	SHAHUL HAMEED			ERNAMKULAM	69.28 Mts 1982
I	392 ARUN BABY	30-Apr-1993	BABY K U	Wayanad	60.94 Mts
II	424 BIBIN ANTONY	04-May-1994	ANTONY P E	Kottayam	60.90 Mts
III	139 SIBI ANTONY	30-Sep-1995	ANTONY	Ernakulam	58.40 Mts
IV	311 RASHEED S	31-Jan-1994	SHAMSUDEEN	Palakkad	52.95 Mts
V	410 SREERAG V	25-Sep-1994		Thrissur	51.06 Mts
VI	164 JOBIN K G	09-Aug-1990	GEORGEKUTTY	Idukki	50.59 Mts
VII	417 REMITH P	15-Feb-1991	REMESAN	Kannur	43.83 Mts
VIII	271 HARIKRISHNAN.P.K	23-Jul-1992	P.K.GOVINDAN KUTTY NAIR	Kozhikode	41.41 Mts
	MEN	Event:216	Hammer Throw		FINAL
	25-May-2014	09:30 AM			
MR	SATHISH			TRIVANDRUM	55.97 Mts 2004
I	338 SANTHOSH. P	08-Jul-1994	PAZHANIMALAI	Palakkad	28.55 Mts
II	271 HARIKRISHNAN.P.K	23-Jul-1992	P.K.GOVINDAN KUTTY NAIR	Kozhikode	16.57 Mts
	MEN	Event:231	Decathlon		FINAL
	25-May-2014	05:05 PM			
MR	RANEESH V V			KOTAYAM	6334 Pts 2008
I	398 MOHAMMED HAFSEER P P	30-Jul-1996		Thiruvananthapuram	6244 Pts
II	107 AUGUSTINE JOSEPH	29-Apr-1994	JOSEPH	Alapuzha	5366 Pts
III	228 AMAL SHAJI	02-Feb-1993	SHAJI	Kottayam	5249 Pts
	MEN	Event:135	4X100m Relay		FINAL
	24-May-2014	05:00 PM			
MR	A			TRIVANDRUM	41.80 Sec 1994
I	101 ARUNJITH.S	28-Feb-1987	SIVADASAN NAIR.V	Alapuzha	42.08 Sec
	102 ROBIN R	26-Nov-1994	RAJU.V		
	103 STEBIN SEBASTIAN	13-Dec-1993	SEBASTIAN		
	106 PAUL JOSEPH	24-Jun-1992	JOSEPH		

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II	J			Kannur	42.96 Sec
	171	KIRAN LAL S L	08-Jul-1991	SADANAN.B	
	174	MOHAMMED YASIN C	01-Apr-1994	C KUNHALAVI	
	175	SHANAVAS V	13-Dec-1994	ABDUL VAHEED H	
	176	JIJIN VIJAYAN	15-Oct-1994		
III	D			Kozhikode	44.07 Sec
	266	ARJUN GANGADHAR	09-May-1995	K.S. GANGADHARAN	
	259	ANAS C G	23-Jan-1988	KABEER C.G.	
	270	NOAH NIRMAL TOM	13-Nov-1994	TOMICHAN T J	
	269	SALMANUL FARIS. O	02-Jun-1995	HAMSA	
IV	F			Kollam	44.69 Sec
	196	EDWIN A. SABU	25-Aug-1995	SABU. C	
	197	ASHKAR.A	17-Jul-1994	ASHRAF.J	
	198	VYSHAK.S.S	05-Dec-1993	SUNOJ.R	
	210	MOHAMMED JAMALUDEN	14-Mar-1995	SALAHUDEEN	
V	H			Palakkad	46.27 Sec
	339	ARJUN.H	19-Feb-1993	HARIDAS.C	
	324	K A MANU	10-Feb-1995	K K ANANTHAKRISHNAN	
	325	RAJMON .A	29-Nov-1995	T.K. ANANTHAKRISHNAN	
	333	DHANESH K	09-Jun-1996	KUNJU	
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	MEN	Event:233	4X400m Relay		FINAL
	25-May-2014	05:30 PM			
MR				ERNAMKULAM	3 Min : 18.00 Sec 1982
I	A			Alapuzha	3 Min : 31.95 Sec
	106	PAUL JOSEPH	24-Jun-1992	JOSEPH	
	108	DINO JOSEPH	02-May-1996	JOSEPH	
	104	AKHIL P.H.	21-Apr-1993	R. PURUSHOTHAMAN	
	105	EABY A.R	09-Nov-1993	REYNOLD A.R	
II	I			Thrissur	3 Min : 38.65 Sec
	371	SAJAN M.J	13-Feb-1991	JOSE M.G	
	368	SANTHOSH CHEENIKKAL	22-May-1989	JOSE C A	
	411	KARTHIK K	15-May-1995		
	375	MELVIN AR	15-May-1995	RAIBY AV	
III	H			Palakkad	3 Min : 46.09 Sec
	310	SHINOJ N	25-May-1993	NARAYANAN C K	
	324	K A MANU	10-Feb-1995	K K ANANTHAKRISHNAN	
	325	RAJMON .A	29-Nov-1995	T.K. ANANTHAKRISHNAN	
	305	SARATH M	22-May-1994	MOHAN M	
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	WOMEN	Event:118	100m		FINAL
	24-May-2014	03:00 PM			
MR	P T USHA			KANNUR	11.40 Sec 1984
I	408	NEETHU MATHEW	24-Apr-1990	Thrissur	12.04 Sec
II	229	SINI ALEX	20-May-1992	ALEX P	Kottayam
III	249	MANJU.K	05-May-1994	RAMAKRISHNAN.K	Kottayam
IV	248	RINTU MATHEW	27-May-1992	MATHAI	Kottayam
V	116	ASWATHI MOHANAN	02-Aug-1992	MOHANAN.P.P	Ernakulam
VI	215	AGNES SEBASTIAN	02-Jun-1994	SEBASTIAN M C	Kottayam
VII	114	SHIELDA.A.P	04-Aug-1994	PURUSHOTHAMAN	Alapuzha
VIII	356	NATASHA CHACKO	16-Oct-1991	S.A CHACKO	Thiruvananthapuram

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WOMEN							Event:124	400m	FINAL
24-May-2014							03:20 PM		
MR		P T USHA			KANNUR			52.70 Sec 1984	
I	142	ANU MARIAM JOSE	05-May-1990	JOISE C	Ernakulam			54.89 Sec	
II	143	ANILDA THOMAS	06-May-1993	C.P.THOMAS	Ernakulam			55.05 Sec	
III	170	CHINCHU JOSE	13-Mar-1991	JOSE CJ	Kannur			56.91 Sec	
IV	121	SINDHYAMOL C.S	31-May-1992	SREEDHARAN.C	Ernakulam			57.41 Sec	
V	403	NEETHUMOL P MATHEW	25-May-1990	P J MATHEW	Thiruvananthapuram			58.31 Sec	
VI	404	AMBIKA SREEDHARAN	30-Mar-1986	SREEDHARAN	Thiruvananthapuram			1 Min : 0.95 Sec	
VII	126	ARUNIMA P M	05-Feb-1994	MATHEW	Ernakulam			1 Min : 3.40 Sec	
WOMEN							Event:212	800m	FINAL
25-May-2014							09:00 AM		
MR		SHINY ABRAHAM			KOTTAYAM			2 Min : 3.80 Sec 1985	
I	170	CHINCHU JOSE	13-Mar-1991	JOSE CJ	Kannur			2 Min : 14.30 Sec	
WOMEN							Event:126	1500m	FINAL
24-May-2014							03:45 PM		
MR		SUMA K P			PALAKKAD			4 Min : 36.20 Sec 1999	
I	315	CHITRA .P.U.	09-Jun-1995	UNNIKRISHNAN .P.T.	Palakkad			4 Min : 35.92 Sec NMR	
II	316	VIDHYA.K.K	22-Nov-1995	KRISHNAN	Palakkad			4 Min : 43.59 Sec	
III	250	DESTY SUNNY	05-Jan-1991	SUNNY	Kottayam			4 Min : 56.32 Sec	
IV	363	SAFEEDA M P	05-Oct-1994		Thiruvananthapuram			5 Min : 4.43 Sec	
V	216	PRIYA T.V	23-Mar-1992	A DAMODHARAN	Kottayam			5 Min : 24.70 Sec	
VI	378	SEENA BABU	10-Feb-1994	BABU JACOB	Thrissur			5 Min : 32.05 Sec	
WOMEN							Event:206	5000m	FINAL
25-May-2014							08:00 AM		
MR		PREEJA SREDHARAN			KOTTAYAM			17 Min : 53.10 Sec 2001	
I	315	CHITRA .P.U.	09-Jun-1995	UNNIKRISHNAN .P.T.	Palakkad			17 Min : 31.64 Sec NMR	
II	316	VIDHYA.K.K	22-Nov-1995	KRISHNAN	Palakkad			17 Min : 45.31 Sec BMR	
III	301	REMESWARI.M.V	25-May-1989	VELAYUDHAN.M	Palakkad			19 Min : 11.85 Sec	
WOMEN							Event:102	10000m	FINAL
24-May-2014							06:30 AM		
MR		THARA M D			PALAKKAD			37 Min : 28.40 Sec 2013	
I	303	THARA.M.D	04-Mar-1994	DEVADAS.M.K	Palakkad			37 Min : 58.82 Sec	
II	319	HARITHA K	30-Oct-1997	KUMARAN	Palakkad			46 Min : 2.55 Sec	
III	217	SILPA MOL JOSEPH	27-Aug-1993	JOSEPH VARKEY	Kottayam			48 Min : 2.70 Sec	
IV	230	SIMI JOSEPH	20-Oct-1994	JOSEPH K.G	Kottayam			49 Min : 7.44 Sec	
WOMEN							Event:105	100m Hurdles	FINAL
24-May-2014							07:40 AM		
MR		M D VALSAMMA			PALAKKAD			14.10 Sec 1984	
I	169	SAJITHA K V	09-Jul-1990	VELAYUDHAN K P	Kannur			14.68 Sec	
II	400	JOJIMOL JOSEPH	21-Apr-1987		Thiruvananthapuram			15.36 Sec	
III	123	JYOTHI KRISHNA	09-Jul-1992	KRISHNANKUTTY NAIR	Ernakulam			15.48 Sec	
WOMEN							Event:219	400m Hurdles	FINAL
25-May-2014							03:00 PM		
MR		P T USHA			KOZHICODE			57.40 Sec 1986	
I	377	ANU R	20-Apr-1993	RAGHAVAN S	Thrissur			1 Min : 1.37 Sec	
II	403	NEETHUMOL P MATHEW	25-May-1990	P J MATHEW	Thiruvananthapuram			1 Min : 3.17 Sec	
III	300	JEESHMA.K.P	11-Mar-1993	KUTTAPPAN	Palakkad			1 Min : 5.64 Sec	
IV	425	PRABITHA T V	15-Dec-1993	A DAMODHARAN	Kottayam			1 Min : 9.88 Sec	
V	321	RAGI R	01-Jul-1996	RAJAN	Palakkad			1 Min : 12.70 Sec	
WOMEN							Event:227	3000m Steeple Chase	FINAL
25-May-2014							04:00 PM		

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I	302	SOBHA.V.V	28-Mar-1992	VASUDEVAN.V.K	Palakkad	11 Min : 29.79 Sec
II	363	SAFEEDA M P	05-Oct-1994		Thiruvananthapuram	12 Min : 7.61 Sec
III	111	CHIPPY S	09-May-1996	SHAJI	Alapuzha	15 Min : 15.28 Sec
		WOMEN	Event:202	20000m Race Walking		FINAL
		25-May-2014	06:30 AM			
MR		MEESHMA K M			PALAKKAD	2 Hr : 3 Min : 25.70 Sec 2013
I	423	BINSY A M	06-Mar-1996	GOPALAN K K	Kottayam	2 Hr : 3 Min : 50.80 Sec
II	218	FEMI GEORGE	20-Aug-1993	GEORGE	Kottayam	2 Hr : 18 Min : 26.30 Sec
		WOMEN	Event:121	Long Jump		FINAL
		24-May-2014	03:00 PM			
MR		RESMI BOSE			TRIVANDRUM	6.22 Mts 2007
I	190	PRAJUSHA M A	20-May-1987	M D ANTONY	Kasargod	6.18 Mts
II	122	ALGA WINNY JAMES	17-May-1993	M.A.JAMES	Ernakulam	5.71 Mts
III	248	RINTU MATHEW	27-May-1992	MATHAI	Kottayam	5.64 Mts
		WOMEN	Event:215	Triple Jump		FINAL
		25-May-2014	09:30 AM			
MR		TESSYMOL JOSEPH			TRIVANDRUM	13.02 Mts 2007
I	159	AMITHA BABY	20-Mar-1991	P K BABY	Ernakulam	12.98 Mts
II	190	PRAJUSHA M A	20-May-1987	M D ANTONY	Kasargod	12.91 Mts
III	119	SHEENA.N.V	22-Nov-1992	VARKEY.N.M	Ernakulam	12.78 Mts
IV	394	MAREENA JOSEPH	27-Nov-1989		Thiruvananthapuram	12.19 Mts
V	125	SHILPA CHACKO	18-Dec-1992	E.T.CHACKO	Ernakulam	12.04 Mts
VI	221	ANJANA SASI	02-Jan-1995	K.K. SASI	Kottayam	11.60 Mts
		WOMEN	Event:131	High Jump		FINAL
		24-May-2014	04:00 PM			
MR		TESSYMOL JOSEPH			TRIVANDRUM	1.79 Mts 2008
I	231	ANGEL P. DEVASYA	06-Dec-1994	DEVASYA	Kottayam	1.66 Mts
II	251	ANJALI V MOHANAN	07-May-1993	MOHANAN	Kottayam	1.64 Mts
III	167	ANITTA MATHEW	05-Apr-1993	MATHUKUTTY K U	Kannur	1.62 Mts
IV	213	JINU MARIA MANUEL	15-Feb-1993	MANI P.T	Kottayam	1.59 Mts
V	407	ATHIRA M PREMAN	20-Oct-1995		Thrissur	1.50 Mts
		WOMEN	Event:203	Pole Vault		FINAL
		25-May-2014	07:30 AM			
MR		DIJA K C			KANNUR	3.50 Mts 2013
I	220	KRISHNA RACHAN	24-May-1994	CHANDRAN K V	Kottayam	3.30 Mts
II	232	SINJU PRAKASH. M. K	27-Dec-1993	PRAKASAN M. K	Kottayam	3.20 Mts
		WOMEN	Event:107	Shot Put		FINAL
		24-May-2014	08:00 AM			
MR		SARANYA J			ALAPUZHA	12.12 Mts 2010
I	124	NEENA ELIZABETH BABY	23-Aug-1992	BABY JOSEPH	Ernakulam	11.87 Mts
II	118	SUJI.S.RANI	27-Apr-1997	A.SANTHOSH	Ernakulam	10.05 Mts
III	127	ATHIRA MURALIDHARAN	16-Jan-1995	MURALIDHARAN	Ernakulam	9.65 Mts
IV	110	SANITHI.V.O	20-May-1996	OUSEPH SUNNY	Alapuzha	9.51 Mts
V	382	ANUSREE T.T	26-Jan-1996	BALAKRISHNAN NAIR P.	Thrissur	7.77 Mts
		WOMEN	Event:117	Discus Throw		FINAL
		24-May-2014	09:15 AM			
MR		PHILOMINA THOMAS			PALAKKAD	39.60 Mts 1982
I	124	NEENA ELIZABETH BABY	23-Aug-1992	BABY JOSEPH	Ernakulam	39.14 Mts
II	117	TONIYA CHACKO	02-Jan-1991	CHACKO JOSEPH	Ernakulam	33.48 Mts
III	406	REEMA NATH	07-May-1993		Thrissur	33.16 Mts

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IV	384	ANUPAMA JOHNSON	29-Oct-1993	K.A. JOHNSON	Thrissur	24.83 Mts
V	382	ANUSREE T.T	26-Jan-1996	BALAKRISHNAN NAIR P.	Thrissur	22.20 Mts
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		WOMEN	Event:128	Javelin Throw		FINAL
		24-May-2014	04:00 PM			
MR		PRAJISHA M K			KOTTAYAM	47.56 Mts 2004
I	318	RAJNA J	23-Sep-1997	JABBAR K V	Palakkad	37.93 Mts
II	160	GOPIKA NARAYANAN	06-Mar-1996	K.P. NARAYANAN	Ernakulam	35.38 Mts
III	384	ANUPAMA JOHNSON	29-Oct-1993	K.A. JOHNSON	Thrissur	31.16 Mts
IV	214	SHAIBY V S	28-Nov-1992	SHAJI V K	Kottayam	26.58 Mts
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		WOMEN	Event:221	Hammer Throw		FINAL
		25-May-2014	03:00 PM			
MR		ANITHA ABRAHAM			ERNAMKULAM	53.12 Mts 2010
I	127	ATHIRA MURALIDHARAN	16-Jan-1995	MURALIDHARAN	Ernakulam	39.36 Mts
II	120	BHAGYALAKSHMI K B	26-May-1993	BHALAKRISHNAN	Ernakulam	39.10 Mts
III	110	SANITHI.V.O	20-May-1996	OUSEPH SUNNY	Alapuzha	37.04 Mts
IV	219	TWINKLE SEBASTIAN	29-Nov-1993	SEBASTIAN JOSEPH	Kottayam	32.07 Mts
V	295	JUBI MOL K	11-Feb-1996	SOOPY K	Malappuram	31.74 Mts
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		WOMEN	Event:222	Heptathlon		FINAL
		25-May-2014	03:00 PM			
MR		SINIMOL M P			TRIVANDRUM	4914 Pts 2007
I	374	SINDHU K D	20-Jan-1984	DHAMODARAN K	Thrissur	4822 Pts
II	393	LINDAMOL RAJAN	24-Apr-1987		Thiruvananthapuram	4618 Pts
III	252	ANILA JOSE	10-Aug-1993	JOSE V K	Kottayam	3589 Pts

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